

[Please see the Courses section of this catalog for complete course descriptions.](#)

<b>First Year – 31-32 Hours</b>			
Meet with Academic Advisor two times each semester.			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
HHP 1015	1	HHP 1000	3
BIOL 1110/1110L (Natural Science)	4	CHEM 1110/1110L (Natural Science)	4
MATH 1130 or 1830 (Mathematics)	3	Non-Western Culture	3
FAH: Historical Understanding	3	FAH: Literature	3
ENGL 1010 or 1011	3-4	ENGL 1020 or HIST 2100	3
Elective (HHP 1010)	1		
	15-16		16
<b>Second Year – 31 Hours</b>			
Using MyMocsDegree, create course plan for your remaining degree requirements.			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
HHP 2300	4	HHP 3500	3
ENGL 2820	3	NUTR 1350	3
Behavioral and Social Sciences	3	Behavioral and Social Sciences	3
FAH: Thought, Values and Beliefs	3	FAH: Visual and Performing Arts	3
Elective	3	Elective	3
	16		15
<b>Third Year – 30 Hours</b>			
Participate in study abroad, leadership opportunities, service learning, civic engagement, internships, research projects, and other learning opportunities.			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
HHP 3170	3	HHP 3030	3
NUTR 3340	3	HHP 3100	3
Elective (HHP 3620 or HHP 3640)	3	HHP 4120	3
Elective (3000-4000 Level)	3	NUTR 3380	3
Statistics	3	Elective	3
	15		15
<b>Fourth Year – 27-28 Hours</b>			
Complete your Graduation application with the Records Office.			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
HHP 4280	3	HHP 4490	3
HHP 4290	1	HHP 4220	3
HHP 4350	3	Elective (3000-4000 Level)	3
Elective (3000-4000 Level)	3	Elective	3
Elective	3	Elective	2-3
	13		14-15

<b>Completed:</b>			
<b>Graduation Requirements:</b>	<b>Hrs</b>	<b>Degree Requirements:</b>	<b>Hrs</b>
120 Total Hours		30-31 General Education Hours	
39 Upper Division (3000-4000) Hours		59 Program (Major) Hours	
30 Hours at UTC		Minor ( <i>Not Required</i> )	
60 Hours at 4-year Institution		30-31 Elective Hours	
		Foreign Language ( <i>Not Required</i> )	