

**Health and Human Performance: Exercise Science**

This pathway leads from an Exercise Science, A.S. (TTP) degree from Chattanooga State Community College to a Bachelor of Science degree with a major in Exercise Science from the University of Tennessee at Chattanooga. Per UTC catalog requirements, transfer students must have an overall GPA of 2.50 to select HHP: Exercise Science concentration as their major.

**Chattanooga State Community College**

<b>First Year – 31 Hours</b>			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
ENGL 1010: English Composition I	3	ENGL 1020: English Composition II*	3
BIOL 2010: Human Anatomy & Physiology I	4	BIOL 2020: Human Anatomy & Physiology II	4
MATH 1130: College Algebra or MATH 1830: Applied Calculus or MATH 1910: Calculus I	3	PE 230: The Science of Fitness and Wellness*	3
PE 203: Introduction to Exercise Science*	3	Humanities/Fine Arts to satisfy Gen Ed	3
PSYC 1030: Introduction to Psychology	3	Physical Education Activity Elective	2
	16		15
<b>Second Year – 29 Hours</b>			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
BIOL 1430: Nutrition*	3	PE 154: First Aid and Safety Education	3
PE 220: Care and Prevention of Athletic Injuries	3	History to satisfy Gen Ed	3
COMM 2025: Fundamentals of Communication	3	Literature to satisfy Gen Ed	3
History to satisfy Gen Ed	3	Elective	3
Humanities/Fine Arts to satisfy Gen Ed	3	Elective	2
	15		14

\* Must earn a C or better grade

Students should verify Chattanooga State Community College graduation requirements.

**University of Tennessee at Chattanooga**

<b>Third Year – 30 Hours</b>			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
HHP 2300: Applied Anatomy & Physiology**	4	HHP 3500: Biomechanics of Human Movement, Exercise, and Sport**	3
HHP 3170: Exercise Physiology**	3	HHP 3030: Community & Environmental Health**	3
ENGL 2820: Scientific Writing	3	HHP 3100: Applied Research Methods	3
BIOL 1110/1110L: Principles of Biology I	4	CHEM 1110/1110L: General Chemistry I	4
		Elective (3000-4000 level)	3
	14		16
<b>Fourth Year – 30 Hours</b>			
<i>Fall Semester:</i>	<b>Hrs</b>	<i>Spring Semester:</i>	<b>Hrs</b>
HHP 4280: Exercise Prescription in Health & Disease**	3	HHP 4490: Physical Activity Epidemiology**	3
HHP 4290: Exercise Prescription Lab**	1	HHP 4220: Principles of Health Behavior Change **	3
HHP 4350: Worksite Health Promotion**	3	HHP 4120: Principles of Resistance Training**	3
NUTR 3380: Sports Nutrition	3	NUTR 3340: Life Cycle Nutrition	3
Elective (3000-4000 level)	3	Elective	3
Elective	2		
	15		15

\*\*Prerequisite of a minimum 2.5 overall GPA

<b>Completed:</b>			
<b>Graduation Requirements:</b>		<b>Degree Requirements:</b>	
120 Total Hours		27 General Education Hours	
39 Upper Division (3000-4000) Hours		61 Program (Major) Hours	
30 Hours at UTC		Minor Hours ( <i>Not Required</i> )	
60 Hours at 4-year institution		32 Elective Hours	
		Foreign Language Hours ( <i>Not Required</i> )	

This Transfer Path is a supplemental resource only. Students should consult their catalog year for official lists of general education courses, program requirements, pre-requisites, and co-requisites.