



Biennial Review 2022-2024

Drug Free Schools and Communities Act [EDGAR Part 86]

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Introduction/Overview

The Higher Education Act of 1965, as amended by the Drug-Free Schools and Communities Act of 1989, requires that any institution of higher education that receives federal financial assistance must adopt and implement a program to prevent the use of illicit drugs and alcohol abuse by students and employees (20 U.S.C. 1145g—Drug and Alcohol Abuse Prevention).

Pursuit to this requirement, the Department of Education General Administrative Regulations (EDGAR), 34 C.F.R. Part 86 (Part 86), mandate that colleges and universities: 1) annually distribute specified drug and alcohol prevention information to students and employees (“annual notification”), and 2) conduct a biennial review of their drug and alcohol prevention program.

Title 34 of the Code of Federal Regulations was most recently amended on April 20, 2022. The most recent version of Part 86, Subpart B, Section 6.100 reads as follows:

The Institution of Higher Education's drug prevention program must, at a minimum, include the following:

(a) The annual distribution in writing to each employee, and to each student who is taking one or more classes for any type of academic credit except for continuing education units, regardless of the length of the student's program of study, of -

(1) Standards of conduct that clearly prohibit, at a minimum, the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees on its property or as part of any of its activities;

(2) A description of the applicable legal sanctions under local, State, or Federal law for the unlawful possession or distribution of illicit drugs and alcohol;

(3) A description of the health risks associated with the use of illicit drugs and the abuse of alcohol;

(4) A description of any drug or alcohol counseling, treatment, or rehabilitation or re-entry programs that are available to employees or students; and

(5) A clear statement that the IHE will impose disciplinary sanctions on students and employees (consistent with local, State, and Federal law), and a description of those sanctions, up to and including the expulsion or termination of employment and referral for prosecution, for violations of standards of conduct required by paragraph (a)(1) of this section. For the purpose of this section, a disciplinary sanction may include the completion of an appropriate rehabilitation program.

(b) A biennial review by the IHE of its program to -

(1) Determine its effectiveness and implement changes to the program if they are needed; and

(2) Ensure that the disciplinary sanctions described in paragraph (a)(5) of this section are consistently enforced.²

Biennial Review Process

The UTC Biennial Review is conducted by the Director for the Center for Wellbeing. The UTC Biennial Review will utilize information provided by the UTC Office of the Dean of Students, UTC Counseling Center, UTC Department of Public Safety, and UTC Human Resources. University Representatives involved in providing information for the 2022-2024 UTC Biennial Review were:

Megan McKnight, Center for Wellbeing
Randall Williams, Office of the Dean of Students
Becky Epperson, Office of Public Safety

The 2022-2024 UTC Biennial Review is available online at utc.edu/aod and can be found on the website for the Center for Wellbeing (utc.edu/wellbeing).

A hard copy is also maintained on file at the UTC Center for Wellbeing. It can be provided to the United States Department of Education, as requested. A copy of the review is maintained by UTC for a minimum of three years.

University Alcohol and Other Drug Policies

List of Relevant Policies with Hyperlinks

The University of Tennessee at Chattanooga's alcohol and drug policies are publicly available to all students, employees, and community members.

Policies addressing alcohol and other drugs include:

- [Student Code of Conduct](#)
- HR0720 [Drug-Free Campus and Workplace](#)
- [Event Alcohol Service and Use Policy](#)
- [UTC 2023-2024 Athletics Policy & Procedure Manual](#)

Sanctions for Alcohol and Other Drug Violations

Sanctions for Alcohol and Other Drugs are imposed by the University under the authority of the Student Code of Conduct (Tenn. Comp. R. & Regs. 1720-02-05). In addition, as permitted by the Family Educational Rights and Privacy Act (FERPA) (20 U.S.C. § 1232g; 34 CFR Part 99) and

required by Tennessee state law (T.C.A. 49-7-146), the University is required to notify the parents or guardians of a student, who is under the age of 21 at the time of the incident, when that student is found responsible for alcohol and drug-related violations of the Student Code of Conduct.

The University responds to violations of the Student Code of Conduct on a case-by-case basis. However, most students who are found responsible for an alcohol or drug violation are referred to the Motivational Interviewing Program (BASICS) through the Center for Wellbeing. Additional sanctions may also be applied based on the case.

Fee Schedule for Motivational Interviewing Program Sanctions:

- Alcohol Education Screening (Level 1): \$50.00 (one session)
- Alcohol Education Screening (Level 2): \$100.00 (two sessions)
- Cannabis Education Screening: \$100.00 (two sessions)
- Substance Use Screening: \$100.00 (two sessions)

Alcohol and Other Drug Policies and Disciplinary Sanctions in the Student Code of Conduct

SECTION 4: STANDARD OF CONDUCT

(19) **Alcohol-Related Misconduct:** Consuming, manufacturing, possessing, distributing, dispensing, or selling alcohol or alcohol paraphernalia, or being under the influence of alcohol, on University-controlled property or in connection with a University-affiliated activity, unless expressly permitted by University rules or policy.

(20) **Violation of Federal, State, or Local Alcohol Laws:** Consuming, manufacturing, possessing, distributing, dispensing, or selling alcohol or alcohol paraphernalia, or being under the influence of alcohol, if prohibited by federal, state, or local law.

(21) **Providing Alcohol to Minors:** Providing alcohol to a person younger than twenty-one (21) years of age, unless permitted by law.

(22) **Drug-Related Misconduct:** Using, manufacturing, possessing, distributing, selling, or dispensing drugs or drug paraphernalia, or being under the influence of drugs, if prohibited by federal, state, or local law; using or possessing a prescription drug if the prescription is not issued to the student using or in possession of the prescription drug; or distributing or selling a prescription drug to a person to whom the prescription was not originally issued.

SECTION 11. DISCIPLINARY SANCTIONS

(1) Disciplinary sanctions are primarily intended to: (i) educate Respondents about appropriate behavior; (ii) encourage Respondents to take responsibility for Code violation(s); (iii) encourage and promote the personal and professional development of Respondents; (iv) discourage other students from violating the Code; and/or (v) protect members of the University community.

(2) The disciplinary sanctions imposed on a Respondent should be appropriate for the particular case based on the gravity of the Code violation, including, without limitation, how the violation affected or reasonably could have affected other members of the University community. Consideration also may be given to other aggravating or mitigating factors, including, without limitation: (i) the Respondent's student conduct record; (ii) whether the Respondent committed the violation while acting in self-defense; (iii) the Respondent's responsiveness to the student conduct process; and (iv) the Respondent's academic classification.

(3) The following disciplinary sanctions may be imposed on a student (excluding student organizations) found to have violated the Code:

(a) Disciplinary Reprimand. A disciplinary reprimand is a written warning that informs a Respondent that the Respondent is violating or has violated the Code and must cease and desist from engaging in the misconduct and/or prevent the misconduct from occurring again. A disciplinary reprimand will also inform the Respondent that any further violations of the Code may result in the imposition of more severe sanctions.

(b) Loss or Restriction of Privileges. The University may impose a loss and/or restriction of privileges on a Respondent. Privileges that may be lost and/or restricted include, without limitation, the following: (i) scholarships; (ii) stipends; (iii) participation in co-curricular and/or extracurricular activities; and (iv) use and/or access to certain University-controlled property. A loss and/or restriction of privileges may be imposed for a definite or indefinite period of time.

(c) Community Service. A Respondent may be required to perform unpaid service for a designated University department, program, or service and/or a University-affiliated or unaffiliated not-for-profit or volunteer organization.

(d) Educational Sanction. A Respondent may be required to complete an educational assignment or program. Educational assignments and programs are designed to educate the Respondent about why certain conduct is inappropriate. Examples of educational assignments include, without limitation: (i) writing a reflection and/or research paper on a designated topic; (ii) completing a research project on a designated topic; (iii) giving a presentation on a designated topic; and (iv) issuing a formal apology in writing and/or in person. An educational program may include, without limitation, attending and satisfactorily completing an in-person or distance learning course, training, or workshop on alcohol or drug use, civility, ethics, or other topics deemed appropriate by the Office of Student Conduct. The Respondent will be responsible for all costs associated with the educational assignment or program.

(e) Fee or Fine. The University may impose a monetary fee or fine for any cost incurred by the University as a result of the Respondent's conduct and may require that the Respondent pay the fee or fine by a designated due date.

(f) Restitution. The University may require a Respondent to make restitution to another person or organization or the University for destruction, damage, or loss of property caused by the Respondent, or for unreimbursed medical expenses resulting from physical injury of another person caused by the Respondent. Restitution may take the form of a monetary payment or appropriate service to repair or otherwise compensate for the destruction, damage, or loss caused by the Respondent.

(g) Reassignment or Removal from University Housing. The University may reassign a Respondent to a different University housing facility or remove and prohibit a Respondent from residing in any University housing facility for a definite or indefinite period of time.

(h) Disciplinary Probation. A Respondent may be placed on disciplinary probation for serious or moderate Code violations or in the case of multiple or repeated minor Code violations. A Respondent may be placed on disciplinary probation for a definite or indefinite period of time, during which time the Respondent may continue to be enrolled at the University. While the Respondent is on disciplinary probation, conditions may be placed on the Respondent's continued enrollment at the University, and University departments, programs, and/or services may limit or prohibit participation in certain activities. If a Respondent commits any further Code violations while on disciplinary probation, the Respondent may be subject to more severe sanctions up to and including permanent dismissal.

(i) Suspension. Suspension is an official separation from the University for a specific period of time and/or until certain conditions are met. A Respondent may be suspended from the University for serious Code violations, in the case of multiple or repeated moderate or minor Code violations, and/or for any Code violations while on disciplinary probation. While on suspension, a Respondent (i) loses all rights and privileges at the University; (ii) may not represent the University in any manner; and (iii) is ineligible to apply for readmission to the University during the suspension period and/or until certain conditions are met. If a Respondent is suspended, the Respondent is prohibited, without the prior approval of the Vice Chancellor for Student Affairs (or his or her designee), from entering upon all University-controlled property, including University residence halls, from the date that the suspension period begins until such date that the Respondent is readmitted to the University (even if the suspension period ends prior to the date of the Respondent's readmission). Entering upon University-controlled property without prior approval from the Vice Chancellor for Student Affairs (or his or her designee) may result in criminal trespass charges against the Respondent under the criminal laws of the State of Tennessee. Respondents permitted to return to the University following a period of suspension will be automatically placed on disciplinary probation for a designated period of time following their return. A Respondent who commits any Code violations while on suspension may be subject to suspension for an additional period of time or barred from readmission and/or re-enrollment at the University.

(j) Permanent Dismissal. Permanent dismissal is an official and permanent separation from the University. A Respondent may be permanently dismissed from the University when the Respondent's commission of one (1) or more Code violations is deemed so serious as

to warrant total and permanent disassociation from the University or when, through repeated violations of the Code and/or violations of the Code while on disciplinary probation or suspension, the Respondent exhibits blatant disregard for (i) the health, safety, and welfare of himself or herself or other members of the University community or (ii) the University's right to establish rules of conduct. A Respondent who is permanently dismissed from the University: (i) loses all rights and privileges at the University; (ii) may not represent the University in any manner; (iii) is indefinitely prohibited, without prior approval of the Vice Chancellor for Student Affairs (or his or her designee) from entering upon all University controlled property, including University residence halls; and (iv) is permanently barred from re-enrolling at the University. Entering upon University-controlled property without prior approval from the Vice Chancellor for Student Affairs (or his or her designee) may result in criminal trespass charges against the Respondent under the criminal laws of the State of Tennessee.

(k) Revocation of Admission. The University may revoke a Respondent's admission to the University after the Respondent's admission to the University but prior to Respondent's enrollment at the University, if the Respondent (i) provides false or incomplete information on Respondent's application for admission; or (ii) violates federal, state, or local law or the Code prior to enrollment. A Respondent whose admission has been revoked: (i) loses all rights and privileges at the University; (ii) may not represent the University in any manner; and (iii) is indefinitely prohibited from entering upon all University-controlled property, including residence halls, without prior approval of the Vice Chancellor for Student Affairs (or his or her designee). Entering upon University-controlled property without prior approval from the Vice Chancellor for Student Affairs may result in criminal trespass charges against the Respondent under the criminal laws of the State of Tennessee.

(l) Withholding of Degree. The University may withhold awarding a degree to a Respondent who has violated any University rule or policy. The University may withhold a degree for a definite period of time and/or until the Respondent has completed or served all sanctions or other requirements imposed by the University for releasing its award of the degree.

(m) Revocation of Degree. The University may revoke a degree awarded to a Respondent if the Respondent obtained the degree, in part, through cheating, plagiarism, academic dishonesty, research misconduct, or other serious violation of the Code. The University may also revoke a Respondent's degree if, after the degree was awarded, the University determines that the Respondent committed a serious violation of the Code while a student, but prior to being awarded the degree, that would have warranted permanent dismissal of the Respondent. Before a Respondent's degree may be revoked, the Chancellor must approve the revocation of the degree.

(4) The following disciplinary sanctions may be imposed on a student organization found to have violated the Code:

(a) Disciplinary Reprimand. A disciplinary reprimand is a written warning that informs a Respondent that the Respondent is violating or has violated the Code and must cease and

desist from engaging in the misconduct and/or prevent the misconduct from occurring again. A disciplinary reprimand will also inform the Respondent that any further violations of the Code may result in the imposition of more severe sanctions.

(b) Loss or Restriction of Privileges. The University may impose a loss or restriction of privileges on a Respondent. Privileges that may be lost or restricted include, without limitation, the following: (i) participation in extracurricular activities (e.g., intramurals); (ii) housing privileges; (iii) participation in or sponsorship of social activities; and (iv) use and/or access to certain University-controlled property. A loss or restriction of privileges may be imposed for a definite or indefinite period of time.

(c) Fee or Fine. The University may impose a monetary fee or fine for any cost incurred by the University as a result of the Respondent's conduct and may require that the Respondent pay the fee or fine by a designated due date.

(d) Restitution. The University may require a Respondent to make restitution to another person or organization or the University for destruction, damage, or loss of property caused by the Respondent, or for unreimbursed medical expenses resulting from physical injury of another person caused by the Respondent. Restitution may take the form of a monetary payment or appropriate service to repair or otherwise compensate for the destruction, damage, or loss caused by the Respondent.

(e) Community Service. Members of the Respondent may be required to perform unpaid service for a designated University department, program, or service and/or a University-affiliated or unaffiliated not-for-profit or volunteer organization.

(f) Educational Sanction. Members of the Respondent may be required to complete an educational program. Educational programs are designed to educate the Respondent's members about why certain conduct is inappropriate. An educational program may include, without limitation, attending and satisfactorily completing an in-person or distance learning course, training, or workshop on alcohol or drug use, civility, ethics, or other topics as deemed appropriate by the Office of Student Conduct. The Respondent will be responsible for all costs associated with the educational program.

(g) Disciplinary Probation. A Respondent may be placed on disciplinary probation for serious or moderate Code violations or in the case of multiple or repeated minor Code violations. A Respondent may be placed on disciplinary probation for a definite or indefinite period of time, during which time the Respondent may continue to operate at the University. While the Respondent is on disciplinary probation, conditions may be placed on the Respondent's continued operation, and University departments, programs, and/or services may limit or prohibit Respondent's participation in certain activities. If a Respondent commits any further Code violations while on disciplinary probation, the Respondent may be subject to more severe sanctions up to and including suspension or revocation of University registration.

(h) Suspension. Suspension is an official separation from the University for a definite period of time and/or until certain conditions are met. A Respondent may be suspended from the University for serious Code violations, in the case of multiple or repeated moderate or minor Code violations, and/or for any Code violations while on disciplinary probation. While on suspension, a Respondent (i) may not operate at the University; (ii) may not represent the University in any manner; (iii) and is ineligible to resume operations at the University during the suspension period and/or until certain conditions are met. The Vice Chancellor for Student Affairs will determine whether the Respondent has fulfilled the required conditions for resuming operations at the University. Respondents permitted to resume operating at the University following a period of suspension will be automatically placed on disciplinary probation for a designated period of time following the suspension term. A Respondent who commits any Code violations while on suspension may be subject to suspension for an additional period of time or revocation of its registration with the University.

(i) Revocation of University Registration. In cases of a serious Code violation by a Respondent or a Respondent's violation of the Code while on disciplinary probation or suspension, the University may revoke the Respondent's registration with the University and cease to recognize the Respondent as a University-sanctioned student organization for a definite or indefinite period of time. If a Respondent's registration is revoked, the Respondent is barred from operating at the University.

(5) More than one (1) of the disciplinary sanctions provided in this Section 11 may be imposed on a Respondent for any single violation of the Code.

(6) Disciplinary sanctions may be applied retroactively to the date of the Code violation(s) committed by the Respondent.

SECTION 17. AMNESTY FOR GOOD SAMARITANS AND IMPAIRED STUDENTS

(1) The University holds paramount the health, safety, and welfare of students. Accordingly, all students are expected to alert appropriate officials in the event of a health, safety, or welfare emergency, including, without limitation, a situation involving the abuse of alcohol or drugs.

(2) Expectations. When a student knows or reasonably should know that another student is in need of emergency medical attention, the student is expected to: (i) contact appropriate persons (including, but not limited to, University faculty or staff members, law enforcement officials, etc.) to report the incident and request assistance, including providing his or her name and contact information and the name and contact information of the impaired student; and (ii) demonstrate cooperation and care by remaining with the impaired student and providing reasonable assistance during and after the incident. A student who complies with the expectations described in this Section 17 is referred to as a "Good Samaritan." A student in need of emergency medical attention is referred to as an "impaired student" under this Section 17.

(3) Amnesty for Good Samaritans. Unless a Good Samaritan has engaged in repeated or serious violations of the Code (including, but not limited to, physical or sexual assault, property

destruction, disorderly behavior, theft, multiple alcohol or drug violations), a Good Samaritan will not be subject to formal University disciplinary action for any Code violation(s) discovered by the University as a result of the Good Samaritan's report. While no formal University disciplinary action may be taken, a Good Samaritan may be required to meet with the Office of Student Conduct to discuss the Good Samaritan's Code violation(s) and adhere to appropriate remedial and/or educational recommendations.

(4) Amnesty for Impaired Student. Unless an impaired student has engaged in repeated or serious violations of the Code (including, but not limited to, physical or sexual assault, property destruction, disorderly behavior, theft, multiple alcohol or drug violations), an impaired student will not be subject to formal University disciplinary action for any Code violation(s) discovered by the University as a result of the Good Samaritan's report. While no formal University disciplinary action may be taken, the impaired student may be required to meet with the Office of Student Conduct to discuss the impaired student's Code violation(s), participate in educational activities, and/or establish that he or she has addressed the issues that contributed to the Code violation(s).

(5) Application to Student Organizations. Student organizations, through their officers and members, are also expected to take responsible action in emergency situations in accordance with the expectations under Section 17(2) of this Chapter. A student organization may receive amnesty for any Code violation(s) discovered by the University as a result of the Good Samaritan reports of its officers and/or members, but if not granted amnesty, the responsible actions of its officers and/or members will be considered a mitigating factor when determining disciplinary sanctions, if any, for any Code violation(s) for which the student organization is found responsible. Conversely, the failure of a student organization's officers and/or members to take responsible action in emergency situations in accordance with the expectations under Section 17(2) of this Chapter may be considered an aggravating factor when determining disciplinary sanctions, if any, for any Code violation(s) for which the student organization is found responsible.

UTC University Housing Policy

Alcohol

- a. Consuming, manufacturing, possessing, distributing, dispensing, or selling alcohol or alcohol paraphernalia, or being under the influence of alcohol, on university-controlled property or in connection with a university-affiliated activity, unless expressly permitted by university rules or policy.
- b. This includes empty alcohol containers, regardless of whether they are decorative. An alcohol container is defined as any container that is manufactured with alcohol inside.

Drug Policy

- a. Using, manufacturing, possessing, distributing, selling, or dispensing drugs or drug paraphernalia, or being under the influence of drugs, if prohibited by federal, state, or local law; using or possessing a prescription drug if the prescription is not issued to the student using or in possession of the prescription drug; or distributing or selling a prescription drug to a person to whom the prescription was not originally issued.

UTC Athletics Drug Testing Policy

The University of Tennessee at Chattanooga Department of Athletics is committed to promoting the safety, health and well-being of every UTC student-athlete. The use of illegal or banned drugs by student-athletes will not be tolerated. In order to meet this commitment, the Department of Athletics has developed and implemented this Drug Testing Policy to supplement the Department of Athletics' efforts to educate student-athletes about the effects of substance abuse on one's safety, health and well-being.

UTC Drug Testing Procedures

Consent

All student-athletes must sign two personal consent forms for drug testing as a part of their pre participation physical. Student-athletes may refuse to sign the consent forms but signing the consent forms is a condition of participating in athletics at UTC.

One consent form indicates the understanding of this policy and is an agreement to be screened for banned and illegal drugs. The second consent form indicates the understanding of the NCAA drug testing policy and is also an agreement to be screened for banned and illegal drugs designated by the NCAA.

Student-athletes who test positive for banned substances and undergo assessment, evaluation, education and/or counseling sessions must sign a consent form whereby the Team Physician and Assistant AD for Sports Medicine are given progress reports related to attendance and participation in treatment protocols.

Notification

A student-athlete will be notified of his/her drug test via email, cell phone, text message, or person-to-person. A student-athlete must confirm the notification of drug testing either verbally or in writing (such as a text message response). The athletic trainer in charge of notifying the student-athlete will give the student-athlete specific instructions for reporting to the drug testing site, which includes:

- Date, time, and location of drug testing
- To bring a photo ID to the collection site.
- To not go to the bathroom prior to the test.
- That they will be held at the collection site until they need to use the restroom, or they have class. They will be expected to report back to the collection site after their class.
- If they are more than 30 minutes late to the collection site, they will be expected to produce a sample immediately upon arrival. Failure to do so will be treated as a positive finding under this policy

Approval for Alternative Testing

The Assistant AD for Sports Medicine may excuse a student-athlete from a drug test conducted under this policy and arrange alternative testing of the student-athlete in each of the following circumstances: (a) the student-athlete has notified his/her athletic trainer of an academic obligation or athletic competition that conflicts with the scheduled test and the athletic trainer has verified the conflict; and (b) the Assistant AD for Sports Medicine, in his or her discretion,

determines that the student-athlete has presented a compelling justification for rescheduling the test. In addition, the Assistant AD for Sports Medicine may excuse a sick or injured student-athlete from the designated test site even if the student-athlete has not completed the test. In such a case, the Assistant AD for Sports Medicine, or his/her designee, before releasing the student-athlete from the site, must document appropriate arrangements for alternative testing of the student-athlete.

Specimen Collection Protocol

UTC has contracted with a certified commercial laboratory to perform the screening of student-athletes. The laboratory's protocol will be followed for collection purposes. No sample of (<1.020) will be accepted.

The student-athlete will always be accompanied by the collector and a verifying witness will be present for the completion of paperwork.

Results

UTC mirrors the NCAA standards whereby a positive test for marijuana is designated as \geq 150 ng/ml on the original test. The results of all drug tests will be delivered to the Assistant AD for Sports Medicine for both NCAA and Institutional Testing. In the event of a positive test, the Assistant AD for Sports Medicine will notify the Athletic Director and the head coach of the appropriate sport. A meeting will be scheduled with the head coach, student-athlete, Assistant AD for Sports Medicine, Sport Administrator, and Athletics Director. At this meeting the Director of Sports Medicine will explain the disciplinary action that is being taken and the procedures to follow.

Student-athletes with previous positive findings may be subject to more frequent drug testing throughout the year as deemed appropriate by the Substance Abuse Committee.

EXCEPTION: Student-athletes who are enrolled in outpatient or inpatient counseling and rehabilitation program will not be subject to more frequent drug testing while successfully participating in counseling. However, once the program is complete, he/she may be subject to more frequent testing at UTC. The duration of the program will be determined by the substance abuse counselor but exclusion from testing shall not exceed sixty (60) days.

Disciplinary Action

First Positive Finding

1. Parental notification of a positive finding by your head coach at his/her earliest opportunity
2. Meeting with Director of Sports Medicine, Athletics Director, Sport Administrator, and Head Coach.
3. Full Assessment, evaluation and education with UTC Center for Student Wellbeing. Athletes will use the following link to schedule an appointment for substance abuse education that will be over two session 7-14 days apart
4. Treatment as deemed necessary by UTC Center for Student Wellbeing.
5. Additional disciplinary action as specified by Head Coach.
6. Loss of Student Assistance Fund (SAF) and Student-Athlete Opportunity Fund (SAOF)

7. Possible loss of athletic summer school aid
8. Possible termination from the team

Second Positive Finding

1. Parental notification of a positive finding by your head coach at his/her earliest opportunity
2. Meeting with Director of Sports Medicine, Athletics Director, Sport Administrator, and Head Coach.
3. Full assessment, evaluation and education with UTC Center for Student Wellbeing.
4. Athletes will schedule an appointment for substance abuse screening with UTC Center for Student Wellbeing (Motivational Interviewing) substance abuse counselor.
5. Treatment as deemed necessary by UTC Center for Student Wellbeing.
6. Additional disciplinary action as specified by head coach.
7. Loss of Student Assistance Fund (SAF) and Student-Athlete Opportunity Fund (SAOF)
8. Possible loss of athletic summer school aid
9. Possible termination from the team
10. Follow up treatment plan developed (possible in-patient or out-patient program).

Third Positive Finding

1. Cancellation of eligibility to participate in the athletic program.
2. Any athletic grant-in-aid will not be renewed and will automatically be revoked, in accordance with NCAA and conference guidelines.
3. Parent(s), guardian, and/or spouse notified in writing by the Athletics Director.

All offenses are cumulative throughout the student-athlete's eligibility. However, student-athletes will have an opportunity one time during their intercollegiate athletic career to remove the one level of consequences from a positive finding for marijuana only if he or she maintains a consecutive twelve-month time period of having no further positive findings.

Appeals

A student-athlete may appeal a positive finding, or a disciplinary action initiated as a result of a positive finding, to the Director of Athletics. A written appeal must be submitted to the Director of Athletics within one (1) week of notification of the finding or action being appealed. The appeal must contain an explanation of why the positive finding or disciplinary action should not be enacted with supporting information or documentation. The appeal will be considered by the Substance Abuse Committee and the Faculty Athletic Representative who will submit a majority recommendation to the Director of Athletics. The final decision regarding the appeal will be made by the Director of Athletics.

If an intercollegiate athletic competition is scheduled prior to the Substance Abuse Committee's ability to consider the appeal, the student-athlete may be suspended (determined by Director of Athletics from that competition in accordance with the designated level of disciplinary action outlined in this Policy and Procedure. The student-athlete may request an expedited meeting of the Substance Abuse Committee to consider the appeal and the Substance Abuse Committee will reasonably attempt to meet this request. However, the Substance Abuse Committee and/or the

Director of Athletics are not obligated to render a decision prior to the next scheduled meeting of the Substance Abuse Committee.

Safe Harbor Program

The Safe Harbor Program allows a student-athlete to refer him/herself once for voluntary evaluation and counseling one time during the student-athlete's career without having the Department of Athletics consider it a positive finding. A student-athlete is not eligible for the Safe Harbor Program after he/she has been informed of an impending drug test or after having received notification of a positive finding. A student-athlete also is not eligible for the Safe Harbor Program if he/she has previously received a positive finding.

The Assistant AD for Sports Medicine will arrange for the student-athlete to receive a drug test as soon as practicable following the student's request to enter the Safe Harbor Program ("Initial Safe Harbor Drug Test") and work with the student-athlete to prepare a treatment plan which may include confidential banned/illegal drug testing. If the Initial Safe Harbor Drug Test is positive banned/illegal drugs, that positive test will not result in any administrative sanction unless, as described below, the student-athlete tests positive in a subsequent retest or the student-athlete fails to comply with the prescribed treatment plan. (The Assistant AD for Sports Medicine may suspend the student-athlete from play or practice if medically justified.) A student-athlete will be permitted to remain in the Safe Harbor Program for a reasonable period of time, not to exceed sixty (60) days, as determined by the Assistant AD for Sports Medicine. A student-athlete will not be permitted to enter the Safe Harbor Program thirty (30) days prior to NCAA or Conference post-season competition.

If a student-athlete tests positive for any banned or illegal drug after the Initial Safe Harbor Drug Test or fails to comply with the Safe Harbor treatment plan, the Assistant AD for Sports Medicine will remove the student-athlete from the Safe Harbor program, and the Initial Safe Harbor Drug Test, if positive, will be treated as a positive finding and a subsequent positive will be treated as an additional positive finding – all subject to the disciplinary actions set forth herein.

Student-athletes in the Safe Harbor Program may be selected for drug testing by the NCAA. If a screening results in a positive test, the student-athlete will be subject to the disciplinary policies and procedures set forth by the NCAA, and the positive test will be treated by UTC as described above. Note: There is no Safe Harbor Program established by the NCAA.

Exemption for ADD/ADHD Stimulation Medication

The NCAA bans performance-enhancing drugs to protect the health and safety of student-athletes, and to ensure a level playing field. The NCAA also recognizes that some of these substances may be legitimately used as medication to treat student-athletes with learning disabilities and other medical conditions. As a result, the NCAA has a procedure to review and approve the use of medications that contain a NCAA banned substances called a Medical Exceptions Procedure. More information can be found at www.ncaa.org/

To be considered for medical exception for a medication that contains a banned substance, the student-athlete MUST provide the required documentation from the prescribing physician:

- Written report of the evaluation process which identifies the assessment tools and procedures.
- Statement of the diagnosis, including when it was confirmed.
- History of ADHD treatment (previous/ongoing).
- Statement that an alternative non-banned medication for the treatment of the condition has been tried and/or considered.
- Statement regarding follow-up and monitoring visits.
- Copy of the most recent prescription.

All student-athletes are required to have this documentation on file with the UTC Sports Medicine Department prior to the start of the athletic year. If the student-athlete does not have the proper documentation on file, they will not be considered exempt from this policy if they test positive for a stimulant.

Selection of Student-Athletes for Testing

The Department of Athletics' drug testing program consists of random and unannounced drug tests yearround conducted in accordance with this policy. The substances that may be tested for during drug testing are subject to updates at any time. Unless otherwise notified, testing will be done in the Visitor's Locker Room located in the first floor of McKenzie Arena. Individuals will be subject to undergo drug testing:

- At random;
- For reasonable suspicion (i.e. "for cause");
- Along with the entire athletic team; and/or
- For periodic monitoring or aftercare.

Testing based on random selection

- A select number of student-athletes determined by the Athletic Training Drug Testing Coordinator may be selected at random for drug testing. Every student-athlete has an equal chance of being chosen, regardless of whether they have been previously tested. In addition, entire teams or randomly selected student-athletes on specific teams may be selected for screening.
- The selection list will be delivered to the Assistant AD for Sports Medicine at least two days prior to testing. The Assistant AD for Sports Medicine will notify the respective athletic trainers who will be responsible for notifying their student-athletes of selection.
- Notification to the selected student-athletes will be the responsibility of the respective athletic trainer the day before testing, not to exceed twenty-four hours. The information will include the location, date, time, and above-mentioned instructions.

Testing in response to individualized reasonable suspicion

A student-athlete may be subject to drug testing at any time when the Assistant AD for Sports Medicine determines that there is reasonable suspicion to believe that the student-athlete is using banned or illegal drugs. Reasonable suspicion may be based on information presented to the Assistant AD for Sports Medicine, including, but not limited to, the following:

- Observed possession or use of substances that reasonably appear to be banned or illegal drugs.

- An arrest or a criminal offense or charge of a violation of UTC's Standards of Conduct related to the possession, use, manufacture, or distribution of a banned or illegal drug.
- Observed abnormal appearance, conduct, performance, or behavior reasonably interpretable as being caused by the use of banned or illegal drugs. Among the indicators that may be used in evaluating a student-athlete's appearance, conduct, performance, or behavior are: class attendance; significant GPA changes; athletic practice attendance; increased injury rate or illness; physical appearance changes; academic/athletic motivational level changes; changes in emotional condition; and changes in mood.

Testing for an entire athletic team

There may be times that an entire team is tested for banned or illegal drugs. This may include but is not limited to the following reasons:

- Prior to pre-season or post-season competition.
- Suspected widespread use of/or association with illegal or banned drugs by team members.

Testing individuals who previously received a positive finding

Student-athletes who previously received positive findings may be subject to test during each random, reasonable suspicion and entire athletic team test.

Counseling/Treatment

As indicated in the disciplinary actions, student-athletes who have a positive drug test or who are involved in a reportable offense involving alcohol, banned or illegal substances will be required to attend an assessment, evaluation and education session at the UTC Counseling Center in accordance with the policies concerning their first offense. In the case of a second offense, student-athletes will be required to attend mandatory assessment, evaluation, education and/or counseling with the UTC Counseling Center or an outpatient treatment program in which expenses incurred will be billed to their respective team. Noncompliance with treatment protocols may result in an additional positive test result and/or further disciplinary action.

Student-athletes are required by UTC Athletics to request that the counseling center send notification that they attended an evaluation session to the Director of Sports Medicine. Student-athletes will be required to comply with all recommendations made by the counselor during the evaluation. Failure to do so may result in termination from the team and loss of financial aid.

Financial Responsibility

Once a student-athlete has tested positive for a banned or illegal drug, he or she will be required to be evaluated by a counselor to determine the extent of their substance abuse problem. The student-athlete will be referred for the appropriate follow-up counseling or treatment, which could include evaluation, short and long-term counseling, and in-patient comprehensive care to help manage their addiction. Financial responsibilities must be determined prior to any form of therapeutic services. The student athlete and/or their parent(s) or guardian may be financially responsible for the services indicated by the evaluation team.

Education

Each UTC athletics department student-athlete, coach and staff member will be made aware of this policy at the beginning of the academic year in conjunction with required compliance meetings, as well as throughout the remainder of the academic year. In addition, special mandatory meetings may be held at the discretion of the Director of Athletics, the Assistant AD for Sports Medicine, or a Head Coach.

Prescribed Medications

The UTC Sports Medicine Staff must have a record of a student-athlete being prescribed medication by a team physician. If another physician prescribed the student-athlete medication, the individual must ensure that the prescribing physician supplies medical documentation for the use of that prescription. Medications being taken must be on file with the Sports Medicine Department. Additionally, the individual should list any medications being taken on the medication notification form given to them at the time of testing.

Confidentiality

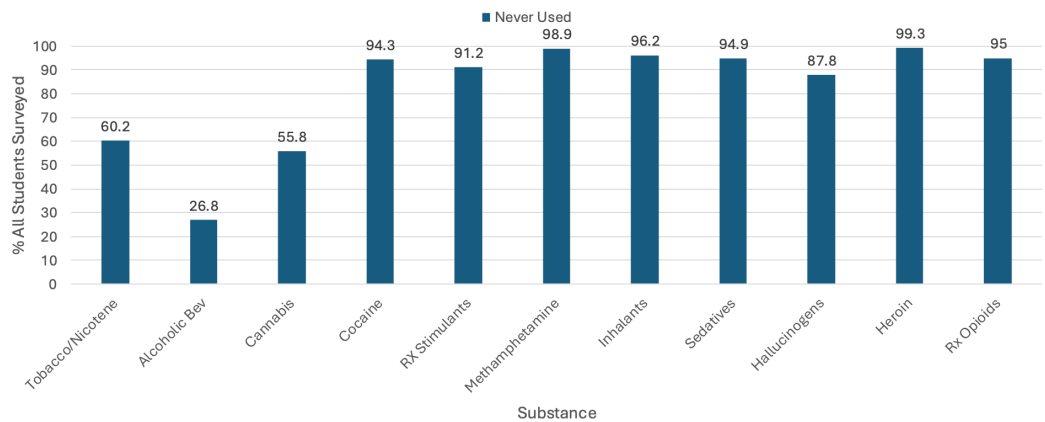
The athletics department must make reasonable efforts to maintain the confidentiality of information and records associated with this policy, including drug test results, disciplinary actions, and/or any counseling and treatment services that a student-athlete may receive. Unless otherwise required by law, drug test results and related records may be disclosed to the Assistant AD for Sports Medicine, the Assistant Athletic Director for Compliance, the Sport Administrator, and the Head Coach.

Alcohol and Other Drug Data

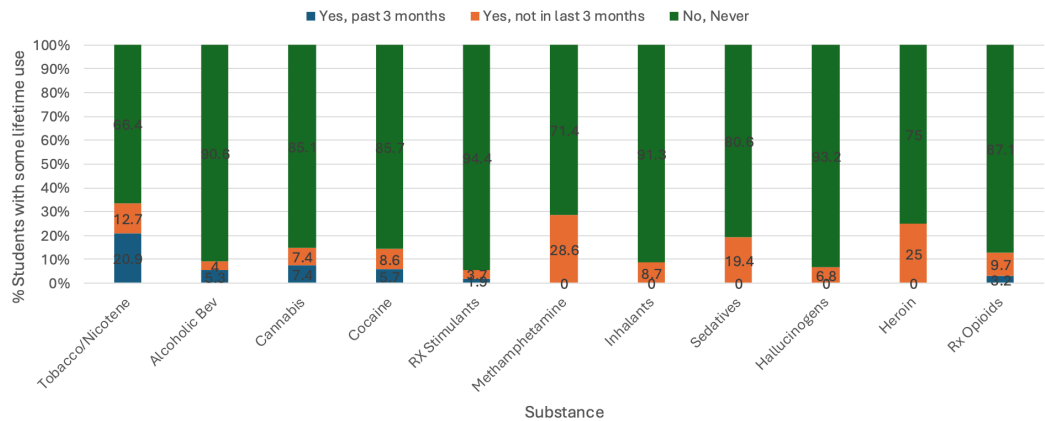
UTC 2024 ACHA-National College Health Assessment Substance Use Data

The ACHA-National College Health Assessment (NCHA) is a nationally utilized survey evaluating the health and wellbeing of college students. Schools typically use their data for some combination of the following purposes: to identify needs and priorities; benchmark against peer institutions; evaluate programs and policies; plan for services and programs; and advocate for resources. All students were included in the 2024 sample and received individual links to anonymously respond to the survey items. Included in this section are info-graphs of the substance use data acquired.

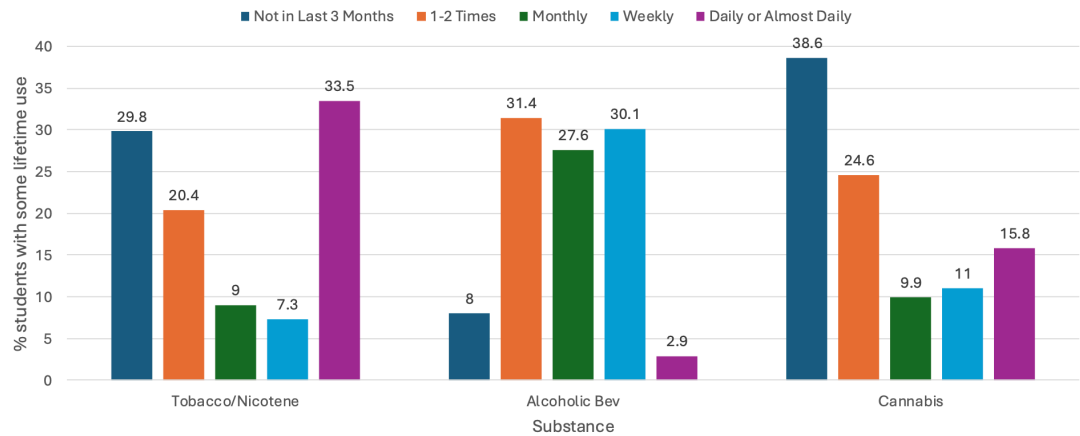
Lifetime Substance Use



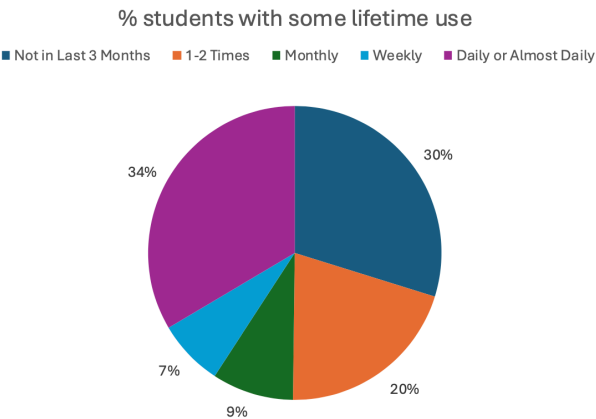
Lifetime Failure to control, cut down, stop using



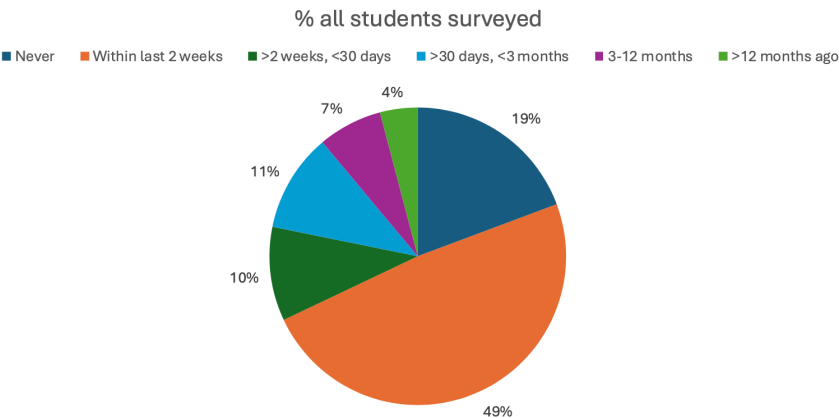
Last 3 Months Substance Use



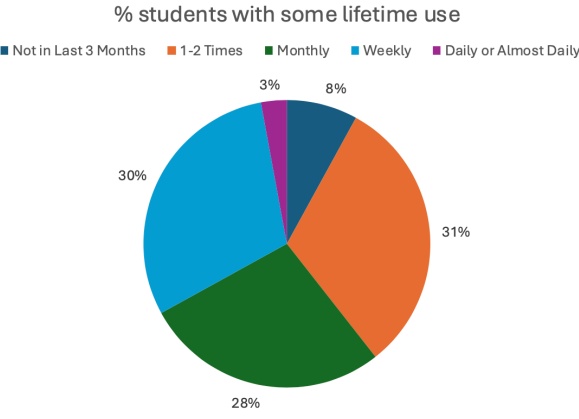
Last 3 Months – Tobacco/Nicotine Use



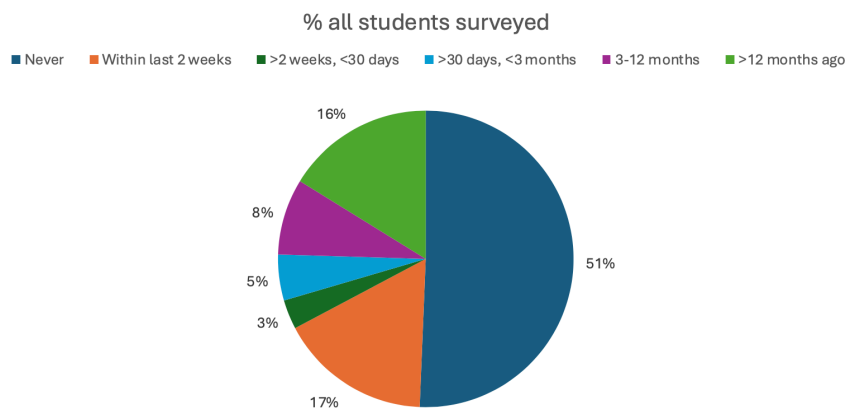
Last Occurrence of Alcohol Use



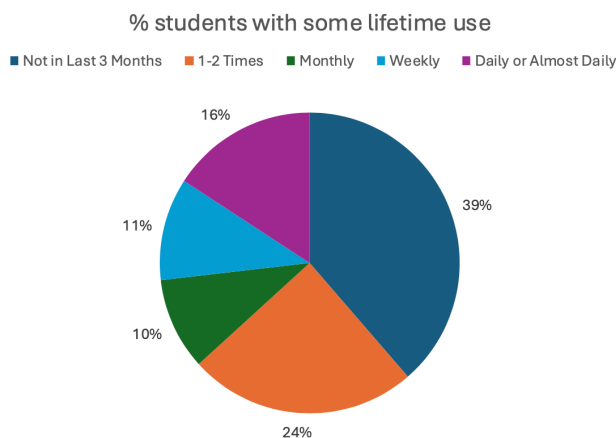
Last 3 Months – Alcohol Use



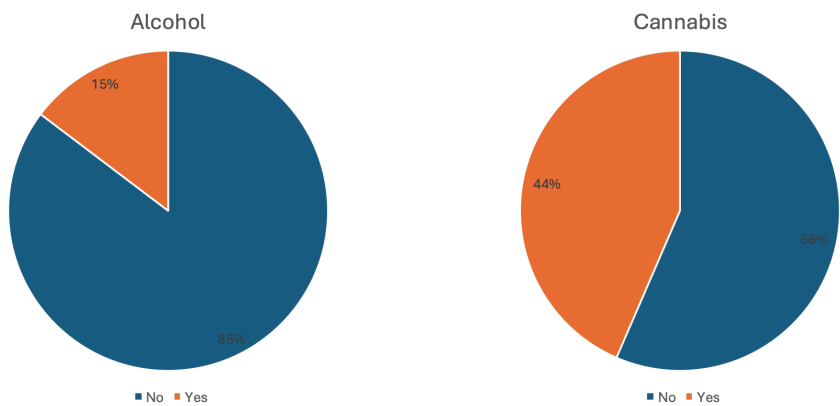
Last Occurrence of Cannabis Use



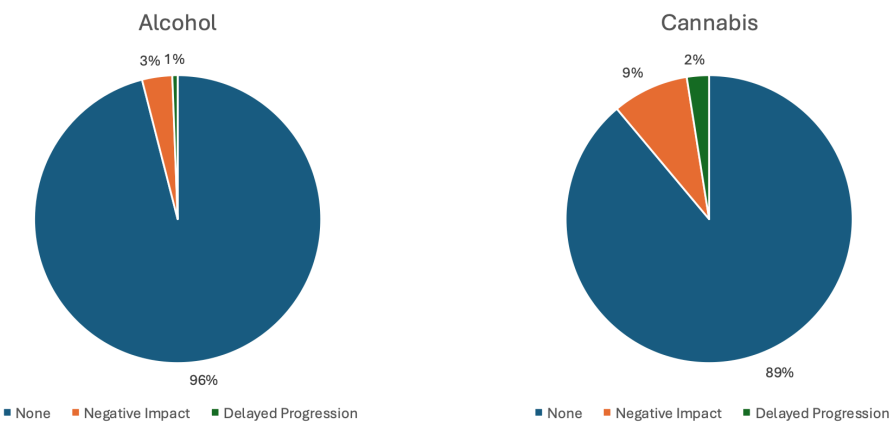
Last 3 Months – Cannabis Use



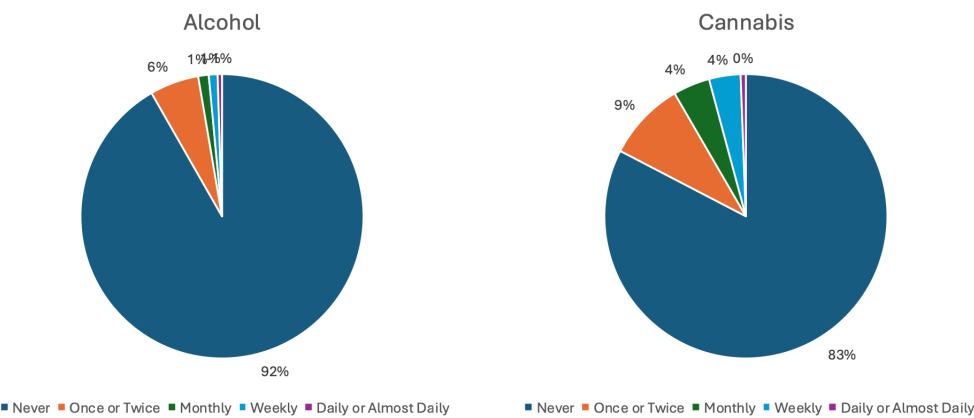
Impaired Driving – Last 30 Days



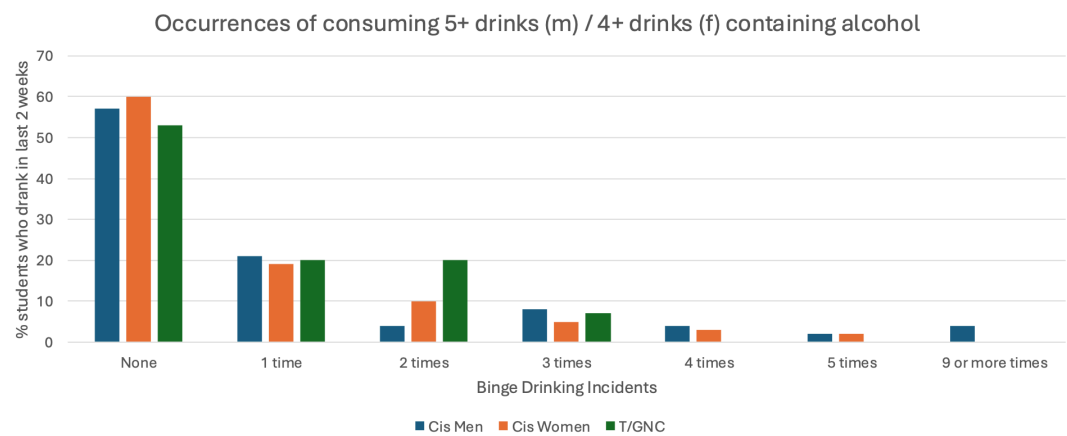
Affecting Academic Performance – Last Year



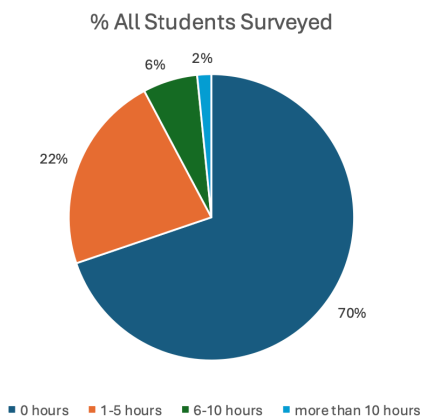
Frequency of Health, Social, Legal, Financial Problems – Last 3 Months



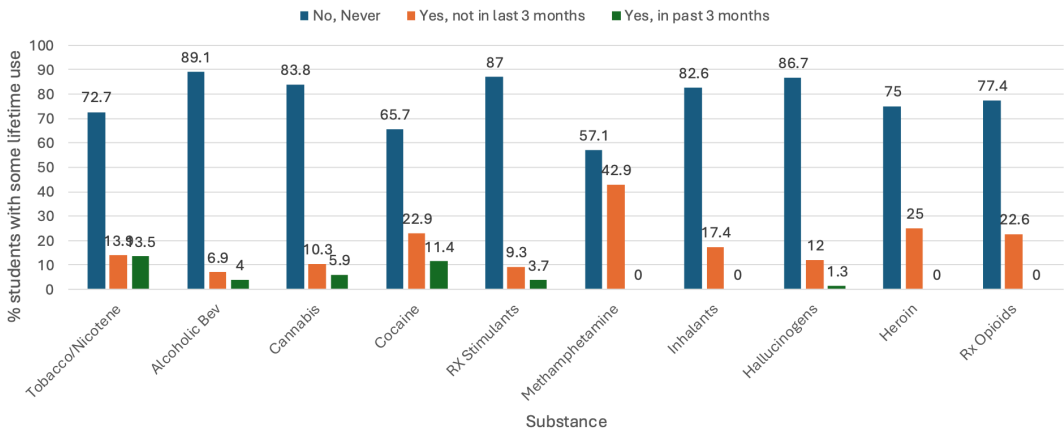
Binge Drinking – Last Two Weeks



How many hours do you spend in a typical week partying?



Others Expressed Concern About Use



UTC 2025 Annual Security & Annual Fire Safety Report

The following tables represent the alcohol and drug related arrests and disciplinary referrals during 2022, 2023, & 2024:

Charge	Year	On Campus	Non-Campus	Public Property	Total	Residential Facility
Arrest: Liquor Law Violation	2022	2	0	0	2	2
Arrest: Liquor Law Violation	2023	2	0	0	2	2

Arrest: Liquor Law Violation	2024	0	0	1	1	0
Arrest: Drug Law Violation	2022	3	0	3	6	1
Arrest Drug-related Violation	2023	9	0	8	17	0
Arrest Drug-related Violation	2024	8	0	6	14	0
Disciplinary Referrals: Liquor Law	2022	328	10	0	338	305
Disciplinary Referrals: Liquor Law	2023	239	11	2	252	227
Disciplinary Referrals: Liquor Law	2024	185	12	4	201	181
Disciplinary Referral: Drug-Related Violations	2022	49	0	0	49	48
Disciplinary Referral: Drug-Related Violations	2023	52	0	0	52	46
Disciplinary Referral: Drug-Related Violations	2024	49	0	8	57	41

DUI	2022	0
DUI	2023	0
DUI	2024	2
Drug/ Narcotics Violations Total	2022	23
Drug/ Narcotics Violations Total	2023	36
Drug/ Narcotics Violations Total	2024	42

UTC Student Conduct Referral & Disciplinary Sanction Data

The Office of the Dean of Students provided the data on the number of violations and outcomes of responsibility found for alcohol and drug related offenses from 2022-2024 provided in the table below related to sanctions for violations.

	(19) Alcohol-Related Misconduct		(20) Violation of Federal, State, or Local Alcohol Laws		(21) Providing Alcohol to Minors		(22) Drug-Related Misconduct	
	2022-2023	2023-2024	2022-2023	2023-2024	2022-2023	2023-2024	2022-2023	2023-2024
Responsible	83	80	57	80	1	0	15	36
Not Responsible	22	18	27	18	0	3	21	9
No Action	10	15	1	15	5	0	12	10
Medical Amnesty	2	5	0	5	0	0	1	0

	(19) Alcohol-Related Misconduct		(20) Violation of Federal, State, or Local Alcohol Laws		(21) Providing Alcohol to Minors		(22) Drug-Related Misconduct	
	2022-2023	2023-2024	2022-2023	2023-2024	2022-2023	2023-2024	2022-2023	2023-2024
Disciplinary Reprimand	57	50	57	50	0	0	11	4
Disciplinary Probation	27	34	24	37	1	0	15	36
Suspension	1	1	1	2	0	0	3	2
Permanent Dismissal	0	0	0	0	0	0	0	0
Alcohol Education Screening (Level 1)	37	56	38	56	0	0	4	8
Alcohol Education Screening (Level 2)	14	4	14	4	0	0	0	1
Cannabis Education Screening	N/A	5	N/A	5	N/A	N/A	8	21
Substance Abuse Screening	1	3	1	3	1	0	4	1
Accomplishments Plan	2	0	2	0	0	0	0	1
Community Service	2	0	2	0	0	0	0	1
Letter of Apology	1	1	1	1	0	0	0	0
Follow Up Meetings	2	1	2	1	0	0	0	0
Loss of Privilege - General	1	1	1	1	0	0	0	0

Loss of Privilege - Housing	2	0	2	4	1	0	3	3
Loss of Privilege - Housing Guests	6	1	6	1	0	0	3	0
Reflection Paper	36	24	36	24	1	0	15	15
Research Paper	0	0	0	0	0	0	0	0
Fee/Fine	0	1	0	1	0	0	0	0
Restitution	0	1	0	1	0	0	0	0

Annual Policy and Policy Notification Process: Employees

As provided below, the University of Tennessee (UT) provides faculty and staff with an email notification of the UT Policy on a Drug- and Alcohol-free Campus and Workplace. This notification is sent to all active employee email addresses within the UT system. This email was sent on 2/22/2022, 2/13/2023, & 2/13/2024.



Policy on a Drug-Free Campus and Workplace

The University of Tennessee is committed to maintaining a safe and healthy environment for all faculty, staff and students. This message should serve as an annual reminder of this commitment.

In compliance with applicable state and federal laws, [Human Resources Policy 720](#) prohibits the unlawful use, manufacture, possession, distribution or dispensing of drugs ("controlled substances" as defined in the Controlled Substances Act, 21 U.S.C. 812) and alcohol on University property or during University activities. This policy includes terms for disciplinary action and is available for review at the link above.

Questions about the policy should be directed to Human Resources at systemhr@tennessee.edu. The University's [Employee Assistance Program](#) is another resource and is available toll-free at (855) 437-3486.

[The University of Tennessee](#) | [Human Resources](#)
826B Andy Holt Tower | Knoxville, TN 37996
Phone: 865.974.8170 | Fax: 865.974.9780

Annual Policy and Policy Notification Process: Students

Every fall semester, the Office of Public Safety distributes the Annual Security and Fire Safety Report electronically to all students, faculty, and staff. Included in this report is UTC's Drug and Alcohol Abuse Prevention Program. This document details UTC policies governing alcohol and illegal drugs impacting students and employees, federal and state alcohol and drug laws, alcohol and drug education programs, available resources for addressing substance use behaviors, and health risks associated with substance use. Members of the UTC community are encouraged to review this report, which remains continuously available online.

In addition to the distribution of the Annual Security and Fire Safety Report, students are made aware of alcohol and drug policies each semester with distribution of the Student Handbook, during fall and spring orientation, residence life meetings, the online AlcoholEdu course for all new students, and other educational activities throughout the year.

Alcohol and Other Drug Prevention and Education Programs

An inventory of UTC prevention and education interventions includes a wide variety of interventions and services for individual students at the universal, selective, and indicated levels. Programming strategies include online assessments (eCheckup), educational programming, social norms campaigns, motivational interviewing sessions, and recovery programs. Campus alcohol and other drug policies are designed to limit availability of alcohol and drugs through environmental management. Campus public safety officers, as well as other UTC representatives, also coordinate with local law enforcement and the Hamilton County Alcohol and Drug Prevention Coalition to advocate and enforce alcohol and drug policies in the surrounding community.

2022-2023 Prevention Activities

AlcoholEdu

AlcoholEdu is an evidence-based, online alcohol education program delivered through Everfi and carries an implied mandate for all newly enrolled students. The course is designed to enhance students' understanding of the effects of alcohol use while promoting healthy decision-making and responsible drinking behaviors. All UTC alcohol and other drug policies are embedded throughout the course. New students receive a link to complete the course in July, December, and April.

Social Norms Campaign

Social norms campaigns are prevention strategies that address substance use by correcting misperceptions about peer behaviors and attitudes. By sharing accurate data about actual substance use rates, these campaigns help reduce perceived pressure to engage in unhealthy or high-risk activities and encourage healthier choices within the campus community. During the 2022/2023 academic year, UTC developed a social norms campaign that used data from the

Spring 2022 Healthy Minds survey. Posters and yard signs were placed throughout campus to provide accurate representations of student substance use behaviors.

eCHECKUP TO GO

eCHECKUP TO GO is a suite of brief, confidential online assessments focused on alcohol, cannabis, and nicotine use. These evidence-based tools provide students with personalized feedback about their substance use, increase awareness of potential risks, and support informed, healthier choices. The assessments are available for free on the UTC Center for Wellbeing's [website](#).

Bystander Intervention Training

Bystander intervention training at UTC includes a focus on substance use that equips students with the knowledge and skills to recognize concerning situations involving alcohol or other substances and to take safe, proactive action. The training promotes shared responsibility, encourages peer support, and empowers individuals to intervene in ways that reduce harm and support the well-being of the campus community.

- 277 students trained in 2022/2023

Motivational Interviewing (MI) Program

The Office of Student Conduct refers students to the MI Program for substance use-related sanctions. Staff and trained masters-level interns in the Center for Wellbeing utilize motivational interviewing and Brief Alcohol Screening and Intervention for College Students/Cannabis Screening and Intervention for College Students (BASICS/CASICS) resources.

BASICS/CASICS is an evidence-based, individualized program designed to address alcohol and cannabis use. The program uses a nonjudgmental, motivational approach to help students reflect on their substance use, understand potential impacts, and develop personalized strategies to reduce harm and support behavior change.

Students Referred	Sessions Completed
101	143

Opioid Overdose Response & Naloxone Training

The Center for Wellbeing's opioid overdose and naloxone training provides participants with essential information on recognizing the signs of an opioid overdose and responding effectively. The training includes instruction on the safe administration of naloxone, emphasizes the importance of calling for emergency assistance, and provides education on Tennessee's Good Samaritan Law and relevant university policies to help participants understand legal protections and campus expectations when seeking help during an overdose situation.

- 232 people trained in 2022/2023

Mocs Recovery Program

The Mocs Recovery community provides free, no-judgement support to UTC students interested in harm reduction strategies - from moderation to abstinence. The services include weekly support meetings, sober social events, regional retreats and conference travel opportunities, private student lounge stocked with snacks and craft supplies, and referral to on- and off-campus

resources. Weekly peer support meetings are open to all students who are in recovery, exploring it, or supporting someone who is.

- Outreach events to raise awareness about recovery resources
- 15 SMART Recovery Meetings
- 24 All Recovery Meetings
- 18 Healing Through Harmony mental health recovery groups
- 24 Game Lunch Hours
- 22 Coffee Hours
- Hosted Recovery Month and Collegiate Recovery Week events
- Attended the Southeast Collegiate Recovery Retreat with three students
- Attended the Association of Recovery in Higher Education Conference with four students

Recovery Ally Training

Recovery Ally Training educates students, faculty, and staff about substance use recovery and how to support individuals in recovery. The training increases awareness of stigma, promotes supportive language, and provides practical strategies for creating a recovery-friendly campus environment that encourages wellness, connection, and academic success.

- 8 people trained in 2022/2023

National Prescription Drug Take Back

UTC participates in this national event twice a year to provide a safe, convenient opportunity for students, faculty, and staff to dispose of unused or expired medications. These events help prevent misuse and promote environmental safety by ensuring medications are disposed of properly.

UTC also has a permanent prescription drug take-back box located outside the Office of Public Safety in the Administration Building. Students and employees can drop items off 24 hours a day, 7 days a week

Other Substance Use Education Programs

- AOD presentation for first year athletes during Summer Bridge – 21 students
- AOD Jeopardy for Fraternity & Sorority Life (FSL) Town Hall – 27 students
- AOD Education Program with Delta Zeta Sorority – 49 students
- Keep It Spooky, Keep It Safe (AOD and harm reduction education before Halloween) - 51 students
- AOD presentation for all new Fraternity & Sorority members – 277 students
- AOD Education & Harm Reduction tabling event before Spring Break – 34 students
- Impaired driving trivia program – 150 students
- Cannabis presentation for the football team – 71 students

2023-2024 Prevention Activities

AlcoholEdu

AlcoholEdu is an evidence-based, online alcohol education program delivered through Everfi and carries an implied mandate for all newly enrolled students. The course is designed to

enhance students' understanding of the effects of alcohol use while promoting healthy decision-making and responsible drinking behaviors. All UTC alcohol and other drug policies are embedded throughout the course. New students receive a link to complete the course in July, December, and April.

Social Norms Campaign

Social norms campaigns are prevention strategies that address substance use by correcting misperceptions about peer behaviors and attitudes. By sharing accurate data about actual substance use rates, these campaigns help reduce perceived pressure to engage in unhealthy or high-risk activities and encourage healthier choices within the campus community. During the 2023/2024 academic year, UTC developed a social norms campaign that used data from the Spring 2022 Healthy Minds survey. Posters and yard signs were placed throughout campus to provide accurate representations of student substance use behaviors.

eCHECKUP TO GO

eCHECKUP TO GO is a suite of brief, confidential online assessments focused on alcohol, cannabis, and nicotine use. These evidence-based tools provide students with personalized feedback about their substance use, increase awareness of potential risks, and support informed, healthier choices. The assessments are available for free on the UTC Center for Wellbeing's [website](#).

Bystander Intervention Training

Bystander intervention training at UTC includes a focus on substance use that equips students with the knowledge and skills to recognize concerning situations involving alcohol or other substances and to take safe, proactive action. The training promotes shared responsibility, encourages peer support, and empowers individuals to intervene in ways that reduce harm and support the well-being of the campus community.

- 409 students were trained in 2023/2024

Motivational Interviewing (MI) Program

The Office of Student Conduct refers students to the MI Program for substance use-related sanctions. Staff and trained masters-level interns in the Center for Wellbeing utilize motivational interviewing and Brief Alcohol Screening and Intervention for College Students/Cannabis Screening and Intervention for College Students (BASICS/CASICS) resources.

BASICS/CASICS is an evidence-based, individualized program designed to address alcohol and cannabis use. The program uses a nonjudgmental, motivational approach to help students reflect on their substance use, understand potential impacts, and develop personalized strategies to reduce harm and support behavior change.

Students Referred	Sessions Completed
118	135

Opioid Overdose Response & Naloxone Training

The Center for Wellbeing's opioid overdose and naloxone training provides participants with essential information on recognizing the signs of an opioid overdose and responding effectively. The training includes instruction on the safe administration of naloxone, emphasizes the

importance of calling for emergency assistance, and provides education on Tennessee's Good Samaritan Law and relevant university policies to help participants understand legal protections and campus expectations when seeking help during an overdose situation.

- 918 people were trained in 2023/2024

Mocs Recovery Program

The Mocs Recovery community provides free, no-judgement support to UTC students interested in harm reduction strategies - from moderation to abstinence. The services include weekly support meetings, sober social events, regional retreats and conference travel opportunities, private student lounge stocked with snacks and craft supplies, and referral to on- and off-campus resources. Weekly peer support meetings are open to all students who are in recovery, exploring it, or supporting someone who is.

- Outreach events to raise awareness about recovery resources, including 17 outings with the Recovery Coffee Bike
- 23 SMART Recovery Meetings
- 46 All Recovery Meetings
- 10 community social events
- 21 Healing Through Harmony mental health recovery groups
- Hosted Recovery Month and Collegiate Recovery Week events
 - Paint Vine Street Purple for Recovery – 200 people attended

Recovery Ally Training

Recovery Ally Training educates students, faculty, and staff about substance use recovery and how to support individuals in recovery. The training increases awareness of stigma, promotes supportive language, and provides practical strategies for creating a recovery-friendly campus environment that encourages wellness, connection, and academic success.

National Prescription Drug Take Back

UTC participates in this national event twice a year to provide a safe, convenient opportunity for students, faculty, and staff to dispose of unused or expired medications. These events help prevent misuse and promote environmental safety by ensuring medications are disposed of properly.

UTC also has a permanent prescription drug take-back box located outside the Office of Public Safety in the Administration Building. Students and employees can drop items off 24 hours a day, 7 days a week.

Other Substance Use Education Programs

- AOD presentation for first year athletes during Summer Bridge – 20 students
- AOD presentation for GUIDE Program mentees – 15 students
- AOD presentation for all new Fraternity & Sorority members – 400 students
- Keep It Spooky, Keep It Safe (AOD and harm reduction education before Halloween) - 54 students
- Tabling events on Stimulant use before midterms and alcohol awareness
- Spring Break Harm Reduction program – 96 students
- Cannabis education program – 25 students

- Sober Beach Party, after hours event with AOD resources – 150 students
- Game of Night Life substance use education program with Residence Life – 46 students
- Fentanyl Awareness Day education event – 25 people

Prevention Materials Distributed

Type	Quantity
Opioid Overdose Reversal Medication	379
Fentanyl Test Strips	177

Progress on Prior Recommendations

The following recommendations were made in the 2020-2022 review. The progress made on each goal during the 2022-2024 academic years are noted below.

1. **Increase the regularity of opioid overdose & Narcan trainings provided on campus and work with individual groups and departments to schedule trainings.**

We saw significant growth for this goal during the reporting period. During the 2022/2023 academic year we trained 232 campus community members in opioid overdose response and naloxone. In the 2023/2024 academic year, we increased our training to 918! During this same year, we also distributed 379 boxes of naloxone (two doses in each box) and 177 fentanyl test strip packages. This large increase in training and material distribution was made possible through a SAFE Project grant received by the Center for Wellbeing during the fall of 2023. The grant enabled UTC to scale up training and distribution using staff within the Center for Wellbeing. Prior to this grant, we were reliant on community resources that could not fully meet the needs of the campus. Groups that received targeted training during this period were Residence Hall Directors, the Student Government Association, new members of fraternities and sororities, the Alpha Delta Pi chapter, the Counseling Center, and faculty in Music, Theater, and Art.

2. **Increase availability of on-demand Narcan on campus, particularly in residence halls and popular student gathering spaces like the Library and University Center.**

With the SAFE project grant award, UTC was able to increase the availability of naloxone on campus. During training and outreach events, on-demand availability was promoted. Naloxone and fentanyl test strips could be received outside of dedicated training events at the Center for Wellbeing and the Mocs Recovery Lounge.

During this reporting period, the Center for Wellbeing also continued discussions with campus partners about housing naloxone near other emergency equipment in buildings. The Center for Wellbeing researched available options and recommended the purchase of ONEBoxes. These boxes store two doses of naloxone nasal spray, gloves, wipes, and a CPR face shield. The box also has a one-minute instructional video that plays

automatically, along with written instructions in English and Spanish. We intend to purchase these boxes to install in the 2024/2025 year.

3. Further promote and grow the offerings of the Mocs Recovery Program to provide recovery-focused groups and community-building for students, faculty, & staff.

The Mocs Recovery Program saw significant growth during this period. The 2022/2023 academic year was the program's first full year of operation. During this year, we focused on solidifying the structure and promotion of the program to stakeholders and students. We saw 51 unique students utilize the program during this year. At the conclusion of the 2022/2023 year, we lost our staff member in the Center for Wellbeing who had been supporting the Mocs Recovery Program directly.

Going into the 2023/2024 year, the Center for Wellbeing relied on our graduate-level counseling and social work interns to provide continuity of services. Despite the staffing reduction, the program offerings still grew. The Director and Assistant Director in the Center for Wellbeing also took this time to focus on advocacy for a full-time professional to support the program and AOD prevention efforts for the campus. Part of this advocacy included completing an accreditation review. As a result, the Mocs Recovery Program received full accreditation through the Association for Recovery in Higher Education in December 2024. Among the recommendations for improvement included in the accreditation report was the need to hire dedicated staff. In the Spring of 2024, we received funding for an Assistant Director for AOD Education and Recovery. The search for this position was launched at the end of the Spring 2024 semester.

4. Grow infrastructure and support for the Motivational Interviewing Clinic and the student interns who provide sanctioned sessions to students.

As the Motivational Interviewing Program has grown, we began evaluating the program's recidivism rate to assess efficacy. For the 2022/2023 academic year, the recidivism rate was 1.9% (2/101). This rate was slightly down from the year prior. Looking at the recidivism rate for the program since its beginning (Fall 2019-Spring 2023), this brought the total recidivism rate of 4.7% (32/684). There were four returners to the program overall in the 22/23 year. For the 2023/2024 academic year, the recidivism rate was 0%. However, there were seven students who returned to the program overall and brought the program's total recidivism rate up slightly to 4.9% (39/802).

To further support behavior change using motivational interviewing, we began offering additional, non-voluntary sessions to students during the 2022/2023 year. We are hopeful that this additional resource may help to further reduce program recidivism and support student behavior change.

5. Continue educating students about the medical amnesty policy, particularly how it provides protections for responding to opioid overdoses.

Our substantial increase in opioid overdose response and naloxone trainings during this reporting period provided more opportunities to train the campus community on our medical amnesty policy. The policy was included in every training, including the quick 5-minute naloxone training at pop-up events. We also expanded the policy content included in all AOD presentations for fraternities and sororities and incorporated emergency intervention activities into additional AOD and bystander education programs. This resulted in fourteen programs with explicit education on this policy.

6. Integrate substance use questions into the National College Health Assessment conducted in Spring 2024 to gain updated data.

We successfully administered the NCHA in Spring 2024. Our survey response rate was significantly higher than our Healthy Minds administration in 2022. Therefore, we were able to gain more substantial data about our student substance use behaviors. This data has allowed for more data-driven programs and interventions in subsequent academic years.

Recommendations for Next Biennium

Based on a review of the current alcohol and other drug prevention programs and available student data, the following are recommendations for UTC during the 2024-2026 academic years:

- 1. Increase availability of emergency doses of Narcan on campus, particularly in residence halls and popular student gathering spaces like the Library and University Center.**
- 2. Grow the number of campus groups and departments trained in opioid overdose response and mandate training for Residence Hall Directors and Residence Assistants.**
- 3. Hire an Assistant Director for AOD Education and Recovery.**
- 4. Train and develop peer leaders in the Mocs Recovery Program to facilitate recovery meetings and conduct outreach.**
- 5. Develop a targeted AOD prevention program for fraternities and sororities and train student leaders in the chapters to facilitate the program.**