

[Please refer to the Undergraduate Catalog for further program requirements and course descriptions.](#)

First Year – 32-40 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
HHP 0021: <i>Concepts of Wellness</i>	1	HHP Activity Course (HHP 1060)	1-3
Writing and Communication	3-4	HHP 1000: <i>Personal Health</i>	3
Quantitative Reasoning	3-4	Writing and Communication	3
Behavioral and Social Science	3	Behavioral and Social Science	3
Humanities and Fine Arts	3-4	Humanities and Fine Arts	3-4
Humanities and Fine Arts	3-4	Humanities and Fine Arts	3-4
	16-20		16-20
Second Year – 33-35 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
EDUC 2010: <i>Education in the United States</i>	3	EDUC 2200: <i>Survey of Exceptional Learners</i>	3
HHP 2010: <i>Introduction to Teaching Health and PE K-12</i>	3	HHP 2015: <i>Curriculum and Assessment in Health and PE K-12</i>	3
HHP 3000: <i>Anatomical and Physiological Basis of Health and Disease</i>	4	HHP 2040: <i>Adaptive Recreation</i>	1
Natural Science without Lab	3	HHP 3020: <i>School Health Program</i>	3
Individual and Global Citizenship	3-4	Quantitative Reasoning	3-4
		Natural Science with Lab	4
	16-17		17-18
Third Year – 31 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
HHP 2090: <i>Teaching Fitness in Health and PE K-12</i>	2	EDUC 3900: <i>Field Experience</i>	3
HHP 2160: <i>Team Sports and Games in Health and PE K-12</i>	2	HHP 1010: <i>First Aid and CPR</i>	1
HHP 3300: <i>Physical Education in Elementary School</i>	3	HHP 2170: <i>Individual Sports and Games in Health and PE K-12</i>	2
HHP 3170: <i>Exercise Physiology</i> or HHP 3640: <i>Sociology of Sport</i>	3	HHP 3280: <i>Kinesiology of Exercise</i>	3
HHP 4040: <i>Motor Learning for Educators and Clinicians</i>	3	HHP 3310: <i>Physical Education in Secondary School</i>	3
HHP 4510: <i>Human Sexuality and Family Impact</i>	3	HHP 4530: <i>Substance Use and Abuse</i>	3
	16		15
Fourth Year – 24 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
EDUC 4180: <i>Curriculum and Instruction</i>	3	EDUC 4420: <i>Professional Seminar</i>	2
EDUC 4320: <i>Residency I</i>	6	EDUC 4425: <i>Residency II Student Teaching</i>	10
HHP 4420: <i>Senior Seminar in Health and PE K-12</i>	3		
	12		12

Completed:			
Graduation Requirements:	Hrs	Degree Requirements:	Hrs
120 Total Hours		40-48 General Education Hours	
39 Upper Division (3000-4000 Level) Hours		80-82 Program (Major) Hours	
30 Hours at UTC		Minor (<i>Not Required</i>)	
45 Hours at 4-year Institution		Elective Hours (<i>Not Required</i>)	
		Foreign Language (<i>Not Required</i>)	