



# THE UNIVERSITY OF TENNESSEE CHATTANOOGA

## Campus Recreation

### Youth Swim Lessons Placement Flowchart

How old is your swimmer?

6m.o. - 3 yrs.

3 yrs. - 5 yrs.

5 yrs. - 7 yrs.

7 yrs. - 9 yrs.

8 yrs. - 10 yrs.

9 yrs. - 12 yrs.

10 yrs. - 17 yrs.

Parent  
and  
Child

Is your  
child  
comfortable  
in the  
water?

Preschool

No Yes

Level 1

Can your child  
swim 75 feet  
unaided using  
freestyle and  
backstroke?

No Yes

Level 2

Level 3

Can your child swim  
75 feet of freestyle,  
backstroke, and  
breaststroke?

No Yes

Level 4

Level 5+

Can your  
child swim  
40 feet  
unaided?

Level 1

No Yes

Level 2

Can your child  
swim 75 feet  
unaided using  
freestyle and  
backstroke?

Level 3

No Yes

Level 4

Can your  
child swim  
25 yards of  
4+ strokes?

No Yes

Level 5+

This flowchart is accurate for the majority of youth registering for swimming lessons. If your child has received extensive and consistent swimming lessons, placement may be higher than the age ranges listed above.