

## **Human Resources**

## Wellness Program Incentives for Employees

Employees and spouses of employees enrolled in State of Tennessee and higher education health insurance plans are eligible for upwards of \$250 in cash incentives each (\$500 collectively) for completing certain wellness program activities.

The <u>Partners for Health Wellness Program Incentive List</u> details all the ways you can earn cash incentives and how to get started.

## Follow these three easy steps to activate your wellness program and earn your cash incentives.

**1.** Activate your account on the web or with the mobile app. To get started, log on to <a href="https://www.myactivehealth.com/Portal/PortalLogin.aspx?SupplierURL=16091">https://www.myactivehealth.com/Portal/PortalLogin.aspx?SupplierURL=16091</a> or download the ActiveHealth app. Search for ActiveHealth in your app store.

**New users:** go to the **Create an Account** link and follow the steps to register. You'll need to have your eight-digit Edison ID handy. The ID can be found on your or your spouse's CVS Caremark card.

**2. Complete the health assessment.** You can do this online or in the app. It only takes about five minutes.

3. Complete your choice of activities to start earning your cash incentives.

## Visit <u>UT Partners for Health Wellness Program</u> for full program details, activity option requirements, testimonials and other helpful information.

Note: if you complete some activities towards the end of the calendar year, they may not be paid until the next calendar year.