

**Moc LEAD (Leaders Encouraging A Difference)  
Fall 2022 Self-Awareness Experience**

Session Date	Session Topic	Tentative Locations
September 15 <sup>th</sup>	Leadership 101	West Campus Complex, 1 <sup>st</sup> Floor Multipurpose Room
September 22 <sup>nd</sup>	Goal Setting and Motivation (Workout Attire)	The Arc, Boulder Wall
September 29 <sup>th</sup>	Your Leadership Preferences	University Center/TBD
October 6 <sup>th</sup>	Communication Styles	University Center/TBD
October 13 <sup>th</sup>	Management of Your Time	Zoom
October 20 <sup>th</sup>	Putting It All Together/Lessons Learned	University Center/TBD
October 27 <sup>th</sup>	Public Speaking	University Center/TBD
November 3 <sup>rd</sup>	Leaders and Integrity	Zoom
November 10 <sup>th</sup>	Applying Leadership To Your Resume	University Center/TBD
November 17 <sup>th</sup>	Graduation Celebration and Reception (Business Casual Attire)	West Campus Complex, 1 <sup>st</sup> Floor Multipurpose Room

*\*All sessions are on Thursday's from 2:00pm to 3:00pm. Light refreshments with the presenters will be available 15 minutes before and after the start/end time of select in-person sessions. The 1:45pm to 2:00pm time frame will be reserved for a highly encouraged social "quarter time" for all sessions. Participants might be able to pick-up snack bags for virtual dates at the session prior. Session topics, presenters, and locations are subject to change due to scheduling conflicts and adherence to most updated safety guidelines. UTC Communications and Marketing may be taking pictures at select sessions. (5/24/2022)\**

**Experience Description:**

As a 10-week Connections Cohort based program, this Moc LEAD Self-Awareness Experience is designed to help students develop their individual leadership skills. Moc LEAD Self-Awareness Sessions will prepare active participants for their next steps as leaders in their organizations, their communities, their jobs, and their future careers. Through the content of the Moc LEAD Self-Awareness Experience topics, participants will enhance their awareness and skills in the below mentioned competencies.

**Experience Competencies:**

Adaptability	Learner	Preparedness
Authenticity	Perspective	Communication
Integrity	Accountability	Relationship Building

**Expectations and Important Dates:**

Moc LEAD Self-Awareness Experience Participants are **expected** to do the following in order to graduate and earn ten (10) Experiential Learning ThinkAchieve Credits. More information on ThinkAchieve can be found at: (<https://new.utc.edu/academic-affairs/walker-center-for-teaching-and-learning/thinkachieve/beyond>). It is recommended that you sign-up for the "Beyond the Classroom" Challenge.

- **Have fun! Get to know your fellow Mocs.**
- **Inform your professors, organizations, and on/off-campus employers that you are a Moc LEAD Participant so they can support your learning.**
- Regularly access the Moc LEAD MocSync Page.
- Check your email for important Moc LEAD updates and/or requests.
- Actively participate in session discussions.

- Review/complete any simple resources (i.e. inventory)/reading materials provided before/after a session (this will take approximately 20-30 minutes; to be provided later).
- Complete the assigned make-up task in the time allotted if you are not able to attend a session due to a circumstance or emergency (if applicable; to be provided later).
- **Chat with your “accountability partner” at least once btwn September 30<sup>th</sup>-November 10<sup>th</sup>.**
- **Schedule and attend (in-person or virtually) a 30-minute check-in conversation between September 30<sup>th</sup> and November 18<sup>th</sup>. The conversation should include you, your “accountability partner”, and the Moc LEAD Student Coordinator or the Director of Leadership Development and Programs** (sign-up will be provided during the September 29<sup>th</sup> Moc LEAD Session, but you can always schedule one via the calendly.com link in my email signature). This will be a coaching session related to the goals you set.
- **Complete one brief self-awareness activity or attend a leadership event on/off-campus or virtually (preferably through your academic college) outside of Moc LEAD Sessions. Some activities or events may be eligible for additional ThinkAchieve Credit.** You will be asked to identify the event that you participated in. Some possibilities will be provided throughout Moc LEAD (some can be seen below). Opportunities can also be found via MocSync.
  - A Hispanic Heritage Month Celebration Event (mid-September to mid-October)
  - StartUp Week Chattanooga (October 17<sup>th</sup>-October 21<sup>st</sup>)
  - Take an extended bus ride on CARTA
  - TedxChattanooga (November 16<sup>th</sup>, 5:00pm-TBD)
- **Email or drop-off a rough draft of your cover letter & resume by the October 20<sup>th</sup> Moc LEAD Session (apply to your ideal internship or first job after college).**
- **Record and post a quick video of what your biggest takeaway from Moc LEAD is between November 11<sup>th</sup> and November 17<sup>th</sup>.** Please tag @UTCLeadership in your post on the social media platforms that you utilize.
- **Complete an evaluation survey of your experience by November 18<sup>th</sup>.**

#### Highly Encouraged:

- Access leadership resources (i.e. books, podcasts, articles, videos, social media accounts, etc.).
- Engage with cohort members outside sessions! **UC lunch gatherings are scheduled for September 28<sup>th</sup> (11:30am-1pm); October 25<sup>th</sup> (11:30am-1pm); October 31<sup>st</sup> (12pm-1:30pm).**
- Put aside your cell phone during the weekly sessions to enhance learning.
- Regularly meet with your “accountability partner” between September 30<sup>th</sup> and November 10<sup>th</sup>.
- Participate in Moc LEAD Cohort Social (exact date between the end of September and early November to be finalized based on cohort application selections).
- Ask lots of questions!
- Invite one UTC faculty member and one student leader to the Moc LEAD Graduation (more information will be made available in mid-October).
- Engage with the Center for Career and Leadership Development via social media at @UTCLeadership and @UTCCAREER on Instagram, Facebook, Twitter, and TikTok.
- Help out with Moc LEAD or Center for Career and Leadership Development events/activities.

#### About the Center for Career and Leadership Development (University Center Room 108):

We provide UTC students and alumni with the confidence and skills to find their purpose, thrive in their career and contribute to their communities. **We invite you to EXPLORE, DISCOVER, CONNECT, AND ACHIEVE with us!** ([Daniel-Grzesik@utc.edu](mailto:Daniel-Grzesik@utc.edu)); Cell: (917)373-0243; Work Phone: (423)425-4184