

**Moc LEAD (Leaders Encouraging A Difference)  
Fall 2021 Self-Awareness Experience**

<b>Session Date</b>	<b>Session Topic</b>	<b>Tentative Locations</b>
September 16 <sup>th</sup>	Leadership 101	In-Person/Location TBD
September 23 <sup>rd</sup>	Goal Setting and Motivation (Workout Attire)	In-Person/The Arc
September 30 <sup>th</sup>	Your Leadership Preferences	In-Person/Location TBD
October 7 <sup>th</sup>	Communication Styles	In-Person/Chamberlain Field or University Center
October 14 <sup>th</sup>	Management of Your Time	Zoom
October 21 <sup>st</sup>	Public Speaking	In-Person/Location TBD
October 28 <sup>th</sup>	Leaders and Integrity	Zoom
November 4 <sup>th</sup>	Applying Leadership To Your Resume	Zoom
November 11 <sup>th</sup>	Putting It All Together/Lessons Learned	In-Person/Location TBD
November 18 <sup>th</sup>	Graduation Celebration and Reception (Business Casual Attire)	In-Person/Location TBD

*\*All sessions are on Thursday's from 2:00pm to 3:00pm. Light refreshments with the presenters will be available 15 minutes before and after the start/end time of the in-person sessions. The 1:45pm to 2:00pm time frame will be reserved for a highly encouraged social "quarter time" for all sessions. Participants will be able to pick-up snack bags for the virtual dates. Session topics, presenters, and locations are subject to change due to scheduling conflicts and adherence to most updated physical distancing guidelines. We are moving forward with a hybrid experience at this time, with most sessions taking place in-person. UTC Communications and Marketing may be taking pictures at select sessions. (6/7/2021)\**

**Experience Description:**

As a 10-week Connections Cohort based program, this Moc LEAD Self-Awareness Experience is designed to help students develop their individual leadership skills. Moc LEAD Self-Awareness Sessions will prepare active participants for their next steps as leaders in their organizations, their communities, their jobs, and their future careers. Through the content of the Moc LEAD Self-Awareness Experience topics, participants will enhance their awareness and skills in the below mentioned competencies.

**Experience Competencies:**

Adaptability	Learner	Preparedness
Authenticity	Perspective	Communication
Integrity	Accountability	Relationship Building

**Expectations and Important Dates:**

Moc LEAD Self-Awareness Experience Participants are **expected** to do the following in order to graduate and earn ten (10) Experiential Learning ThinkAchieve Credits. More information on ThinkAchieve can be found at (<https://new.utc.edu/academic-affairs/walker-center-for-teaching-and-learning/thinkachieve/beyond>):

- **Have fun! Get to know your fellow Mocs.**
- Regularly access the Moc LEAD MocSync Page.
- Check your email for important Moc LEAD updates and/or requests.
- Actively participate in session discussions.

- Review/complete any simple resources (i.e. inventory)/reading materials provided before/after a session (this will take approximately 15-30 minutes; to be provided later).
- Complete an assigned make-up task in the time allotted if you are not able to attend a session due to a circumstance or emergency (if applicable; to be provided later).
- **Meet or chat with your “accountability partner” at least one time between September 30th & November 5<sup>th</sup>.**
- **Schedule and attend (in-person or virtually) a 20-30 minute check-in conversation between October 1<sup>st</sup> and November 18<sup>th</sup>** (sign-up will be provided during the September 30<sup>th</sup> Moc LEAD Session, but you can always schedule one via the calendly.com link in my email signature).
- **Complete one brief self-awareness activity or attend a leadership event on/off-campus or virtually (preferably through your academic college) outside of Moc LEAD Sessions.** You will be asked to identify the event that you participated in. Some possibilities will be provided throughout Moc LEAD (some can be seen below). Other opportunities can be found through your academic college or on MocSync.
  - A Hispanic Heritage Month Celebration Event
  - A “Walk In Her Shoes” (Virtual Series) Monday Night Conversation
  - Take an extended bus ride on CARTA
  - Chattanooga Chamber of Commerce Events
- **Email or drop-off a rough draft of your cover letter & resume by the October 14<sup>th</sup> Moc LEAD Session (apply to your ideal internship or first job after college).**
- **Record and post a quick video of what your biggest takeaway from Moc LEAD is between November 12<sup>th</sup> and November 18<sup>th</sup>.** Please tag @UTCLeadership in your post on the social media platforms that you utilize.
- **Complete an evaluation survey of your experience by November 18<sup>th</sup>.**

### **Highly Encouraged:**

Moc LEAD Semester Self-Awareness Experience Participants are **encouraged** to do the following:

- Access leadership resources (i.e. books, podcasts, articles, videos, social media accounts, etc.).
- Engage with Moc LEAD cohort members outside session times!
- Put aside your cell phone during the weekly sessions to enhance learning.
- Regularly meet with your “accountability partner” between September 30th and November 5<sup>th</sup>.
- Participate in Moc LEAD Cohort Social (exact date between the end of September and early November to be finalized based on cohort application selections).
- Ask lots of questions!
- Invite one UTC faculty member and one student leader to the Moc LEAD Graduation (more information will be made available in mid-October).
- Engage with the Center for Career and Leadership Development via social media at @UTCLeadership and @UTCCCAREER on Instagram, Facebook, and Twitter.
- Help out with any Moc LEAD or Center for Career and Leadership Development promotional events/activities.
- Attend events that may become available to you as a result of your participation in Moc LEAD.

**About the Center for Career and Leadership Development (University Center Room 317):**

We provide UTC students and alumni with the confidence and skills to find their purpose, thrive in their career and contribute to their communities. **We invite you to EXPLORE, DISCOVER, CONNECT, ANDACHIEVE with us!** ([Daniel-Grzesik@utc.edu](mailto:Daniel-Grzesik@utc.edu); Cell: (917)373-0243; Work Phone: (423)425-4184