

University of Tennessee Chattanooga Campus Recreation



Website: <https://www.utc.edu/campus-recreation/camps/index.php>

Main Office: (423) 425-4213

Address:

The University of Tennessee at Chattanooga
Campus Recreation
601 East 5th Street
Chattanooga, TN 37403



Dear Parent(s) and Guardian(s),

Mocs Adventure Camp is designed to immerse our campers in a broad range of physical activity, sports, and play. Campers will make new friends, climb, swim, play sports, enjoy the outdoors, and explore Chattanooga. Inclusive recreation and play help build a strong community. The camp experience, and the act of play, have the amazing ability to break down economic, racial, geographic, religious, ethnic, and social barriers. UTC celebrates diversity and actively promotes understanding between people. Open-hearted children become open-minded adults.

Our staff are experienced counselors who are passionate about providing a fun and meaningful experience for your child. Within this handbook, you will find information about our various programs, camp policies, staff, daily schedule, and much more.

Thank you for choosing Mocs Adventure Camp. We cannot wait to meet our campers!

Sincerely,

Craig L. Gosnell

Camp Director
Assistant Director of Programs and Engagement
UTC Campus Recreation

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Mission and Core Values:

Campus Recreation's Mission Statement and Core Values center around our belief that all people deserve the right to play, recreate, connect with others, and pursue holistic wellness. Please review our Mission Statement and Core Values with your child to help them understand that all campers are valued and treated with dignity and respect.

Mission Statement: Foster an inclusive environment for the UTC Community to connect, play, and pursue holistic well-being.

Core Values:

Inclusion – Developing a community that is equitable, inclusive, and respectful of all people

Sustainability – Actively seeking excellence through social, economic, and environmental sustainability practices

Holistic Health – Providing a dynamic environment where the UTC Community can pursue and learn life-long health practices

Growth – Consistently striving to inspire growth within individuals, UTC, and our global community

Play – Utilizing recreation and play as a platform to uplift the UTC Community

Community – Building healthy and supportive relationships through play and community engagement

Summer Camp Staff:

Mocs Adventure Camp staff members are dedicated and committed to providing a safe, fun, educational, inclusive, and unforgettable camp memories for your child. Our staff are all UTC students, who are passionate about working with youth and ensuring campers have a great summer experience.

During staff training, our counselors are trained in medical care, customer service, behavioral management, activity programming, risk management, child development, and are mandatory child abuse reports. Counselors learn to facilitate activities through experience to ensure they are safe and enjoyable for our campers. This ensures counselors are fully trained to facilitate these activities and that they are safe and enjoyable for the campers. All staff members have passed a background check, are mandatory Child Abuse Reporters, and are American Red Cross certified in CPR for the Professional Rescuer, First Aid, Blood Borne Pathogens, Anaphylaxis and Epinephrine Administration, and Asthma Inhaler Training.

Camp Overview:

Week # 1:

- **Theme:** Sports Week
- **Dates:** Monday June 7th – Friday June 11th
- **Special Activities:** Play with the Mocs, Archery Tag, Disc Golf, and Spike Ball
- **Field Trip:** Chattanooga Jump Park and Park Lunch

Week # 2:

- **Theme:** Outdoor Adventure Week
- **Dates:** Monday June 14th – Friday June 18th
- **Special Activities:** Challenger Center, Fire & S'mores, Urban Hike, and Survival Skills
- **Field Trip:** Sunset Rock and Picnic Lunch

Week # 3:

- **Theme:** Water Week
- **Dates:** Monday June 21st – Friday June 25th
- **Special Activities:** Water Battle, Log Rolling, Battleship, and Lifeguard Skillz
- **Field Trip:** Nooga Splash & Chester Frost Park

Week # 4:

- **Theme:** Wellness Week
- **Dates:** Monday June 28th – Friday July 2nd
- **Special Activities:** Field Day, Campus Yoga, Weight Lifting 101, & Ninja Warrior Day
- **Field Trip:** Hamilton Skating Rink and a Park Lunch

Week # 5:

- **Theme:** Outdoor Adventure Week
- **Dates:** Monday July 12th – Friday July 16th
- **Special Activities:** Challenger Center, Fire & S'mores, Urban Hike, and Survival Skills
- **Field Trip:** Cloudland Canyon Hiking & Caving and a Picnic Lunch

Week # 6:

- **Theme:** Water Week
- **Dates:** Monday July 19th – Friday July 23rd
- **Special Activities:** Water Battle, Log Rolling, Battleship, and Lifeguard Skillz
- **Field Trip:** The Tennessee Aquarium and a Picnic Lunch

Week # 7:

- **Theme:** Sports Week
- **Dates:** Monday July 26th – Friday July 30th
- **Special Activities:** Play with the Mocs, Archery Tag, Disc Golf, and Spike Ball
- **Field Trip:** Top Golf and a Park Lunch

A Typical Day:

Each week the campers will experience a different theme. Sports, Outdoor Adventure, Water, and Wellness. The weekly theme includes four themed special activities and a field trip in addition to swimming, climbing, group fitness, and playing various sports. Exposure to a broad range of activities keeps campers engaged and wanting more. Your child's day will be filled with activity and fun.

Field Trips:

The Mocs Adventure Camp features one themed field trip per week. Most field trips require an additional waiver to be signed by the parent(s) or guardian(s). This waiver will be emailed to the parent(s) or guardian(s) prior to the start of camp each week. The camper will not be able to participate in camp on Friday if the waiver is not completed.

Transportation to and from the field trip location will be by school bus, chartered through the Chattanooga Bus Company. All drivers have a minimum of two years bus driving experience.

Campers are required to wear their camp t-shirt on field trip days. This allows us to easily keep our group together.

Field Trips:

- **Sports Week** – June 7th – June 11th – The Chattanooga Jump Park
- **Outdoor Adventure Week** – June 14th – June 18th – Sunset Rock Hiking Trip
- **Water Week** – June 21st – June 25th – Nooga Splash and Chester Frost Park
- **Wellness Week** – June 28th – July 2nd – Hamilton Skating Rink
- **Outdoor Adventure Week** – July 12th – July 16th – Cloudland Canyon Hiking and Caving
- **Water Week** – July 19th – July 23rd – The Tennessee Aquarium
- **Sports Week** – July 26th – July 30th – Top Golf

Drop Off and Pick Up:

Drop Off Time: 9:00 a.m. – 9:30 a.m.

Pick Up Time: 3:30 p.m. – 4:00 p.m.

Parent Drop Off and Pick Up will take place in the gravel parking lot adjacent to the Aquatics and Recreation Center. The gravel parking lot is located on 4th street, just east of Douglas St. During drop off our counselors will ask parent(s)/guardian(s) a series of COVID-19 screening questions. More information on the screening questions can be found in the COVID-19 section of the handbook.

If you need to drop off or pick up your child outside of the designated times, you will need to park and come to the Main Entrance to the Aquatic and Recreation Center on the corner of 5th and Douglas St. Turn left inside the first set of doors to find the Administrative Office.

We will provide a sign for your car windshield with your child's name for pick-up. Please use this each day to expedite the pick-up process. Campers will only be released to the authorized people provided.

Authorized Adults:

For camper safety only adults listed as contacts are authorized to pick up campers each day. If your child needs to be picked up by someone who is not on the designated list, please notify a camp counselor at drop off or call the Aquatics and Recreation Center Office.

Late Pick Up:

Camper pick up takes place from 3:30 p.m. – 4:00 p.m. If you would like to pick up your camper after 4:00 p.m. consider adding on our After Hours Program. The After Hours Program will allow you to pick your child up between 3:30 p.m. – 5:15 p.m. each day of the week. Camp staff will continue the fun until you are able to pick them up.

Early Drop Off:

Camper drop off takes place from 9:00 a.m. – 9:30 a.m. Our staff does not arrive until 8:30 a.m. and we will not be able to take your child until all staff have arrived and are prepared for camp. Campers must wait in your vehicle until 9:00 a.m.

Participant Records:

Each of the following documents must be submitted prior to the first day of camp.

- Field Trip Waivers
- General Camp Waiver
- Medical Form
- Allergy Form

Campus Recreation will email all required forms (7) days prior to the start of camp. These forms must be emailed back or dropped off at the Aquatic and Recreation Center Administrative Office. The office is open 9:00 a.m. – 5:00 p.m. Monday – Friday. Please contact us immediately with any updates to your camper's information.

Items to send with your camper:

Campers will be engaged in athletic activities each day of camp. Please monitor the weather to ensure that campers are dressed appropriately for both indoor and outdoor activities.

- Athletic Clothing
- Closed Toe Shoes
- Swimsuit
- Lunch – (Campers will not have access to a refrigerator or a microwave. Please ensure all lunches have an icepack to keep them cold if needed.)
- Two Small Snacks
- Facemask
- Towel
- Sunscreen
- Water Bottle
- Goggles/Swim Cap/Nose Plugs/Ear Plugs – (If desired)
- Plastic Bag – (For wet swimsuit and towel)
- Rain Jacket – (Depending on weather)
- Mocs Adventure Camp Shirt – (Required for Friday field trip)
- The campers name should be on every item brought to camp

Items not to send with your camper:

- Money
- Electronics
 - Phones
 - Ipad
 - Ipad
- Pocket Knives or Weapons
- Sandals or Crocs
- Valuables
- Dress Clothing – (Campers will be physically active everyday)

T-Shirt:

Campers will each be given a t-shirt at the end of the first day of camp. Campers may wear the t-shirt any day during camp if they would like. However, we ask that all campers wear their t-shirt on the Friday Field Trip.



Medications:

If your child takes any type of medication (scheduled or emergency) during the day, you must fill out the Medication Authorization Form before the first day of camp. The term “medication” refers to any over the counter or prescription medications, asthma inhalers, and epi-pens. The Medication Authorization Form will be emailed to parents one week prior to the start of camp. Parents are responsible for bringing the medication on the first day of camp and handing it to the designated staff member during drop off with the proper labels and directions attached. All medications will be stored and administered by a trained summer camp staff member. All staff members are trained in epinephrine and asthma medication administration.

All medications must:

- Be in the original container with the current and correct label attached to the container
- Not be expired
- Be labeled with the child’s name, name of the medication, dosage amount, and when it should be taken throughout the day
- Have a written permission signature of the prescribing doctor along with the parent’s signature
- Medication should be administered at home whenever possible. All medications to be administered during program hours must have parent(s)/guardian(s) authorization and requires authorization by a physician (this includes over the counter, antibiotic, or antiviral medications that will be taken longer than 10 days or other medications not previously listed)
- The first dose of any new medication must be given at home
- The Mocs Adventure Camp will not accept medications unless the Medical Authorization Form is completed and signed
- The parent(s)/guardian(s) should submit a new form for any change in dosage or medication.
- The Mocs Adventure Camp staff will give only pre-measured doses of epinephrine

COVID-19:

Camp COVID Protocols: The American Camping Association (ACA), UTC Safety & Risk Management, and camp professionals were consulted in the development of Mocs Adventure Camp protocols. COVID protocols are subject to change due to local, state, and university COVID rates and recommendations. UTC Campus Recreation closely monitors and implements best practices for safe programs. Campus Recreation reserves the right to change or modify activities and protocols for the safety of our campers and staff.)

- **Screening Protocol:** Each morning a Camp Counselor will meet parent(s)/guardian(s) at their vehicle to conduct a screening and temperature check. Any camper who does not pass the screening or temperature check will not be allowed to participate for the day. All camp staff must pass a screening each day before working with any campers or other staff. The daily screening questions are:
 - In the last 14 days, have you had close contact (i.e. less than 6 feet of physical distance) for 15 minutes or more with someone who has or is suspected of having COVID-19?
 - In the last 48 hours, have you had any of the following symptoms which are new or not explained by a pre-existing condition: cough, shortness of breath, difficulty breathing, fever, chills, fatigue, muscle pain, body aches, headache, sore throat, nasal congestion/runny nose, nausea/diarrhea, vomiting, or loss of taste or smell?
 - Do you have a temperature of 100.4 degrees or higher?
- **Enhanced Cleaning:** UTC Campus Recreation staff frequently clean high touch and high traffic areas as well as areas used by campers. Regular use of hand sanitizer and hand washing stations will be encouraged by camp staff.
- **Social Distancing Policy:** We've chosen fun activities which keep our campers socially distanced and safe during COVID. We continue to follow safe social distancing guidelines throughout Mocs Adventure Camp.
- **Camper Mask Policy:** Campers are required to wear a mask except when they are outdoors, actively exercising, swimming, or eating. Campers may use masks when not required for extra protection is desired.
- **Camp Counselor Mask Policy:** Camp Counselors are required to wear a facemask. These masks may be removed while eating and swimming.
- **Cohort Isolation:** Campers will remain with their small cohorts throughout the week and during different activities to reduce exposure.
- **Transportation:** Masks will be required during transportation. All vehicle travel will be at 50% capacity. Windows will be open weather permitting.
- **Notification System:** In the event of a camp exposure, parent(s)/guardian(s) will be notified of a potential exposure. All exposures will be reported to camp contacts, specifically identifying the cohort group in which the exposure occurred.

Illness/Injuries:

If your child suddenly becomes ill or has a serious injury you will immediately be contacted by a summer camp staff member. Please keep your contact information up to date. If you cannot be reached, we will follow up by calling the alternate emergency contact.

If your child receives a minor injury such as a scraped knee, the summer camp staff will provide basic first aid care. All staff members are American Red Cross certified in CPR for the Professional Rescuer, First Aid, Blood Borne Pathogens, Anaphylaxis and Epinephrine Administration, and Asthma Inhaler Training. Camp Counselors always keep a fully stocked first aid kit with each group of campers. The child will be sent home with an injury report if an injury occurred that day.

For the health and safety of all participants, any camper with an illness that is contagious should not attend the summer camp until the illness has passed. This includes COVID-19. If your child has one or more of the following symptoms, we request that you child does not come to camp:

- Temperature over 100.4 degrees Fahrenheit
- Sore throat, vomiting, or diarrhea
- Nausea
- Shortness of breath or difficulty breathing

Confidentiality:

The Mocs Adventure Camp and Campus Recreation respect the privacy of each participant and their family. All health, behavioral, and developmental records and incidents will remain confidential.

All Camp Counselors are Mandatory Child Abuse Reporters. If an employee suspects that a camper may be subject to any form of child abuse, UTC Police will be notified.

Disciplinary Policy:

Please encourage your child to come to a camp staff member with any issues they may have with a fellow camper. Our camp staff are trained on how to handle these situations.

The following behaviors will not be tolerated at camp:

- Bullying
- Hitting
- Verbal or physical aggression
- Insubordination
- Theft
- Destruction of property
- Possession of drugs
- Possession of alcohol
- Possession of weapons (guns, knives, etc.)
- Biting
- Spitting on another person
- Leaving Campus Recreation facilities without permission

Disciplinary Actions:

For the safety of all the participants the following disciplinary actions are put in place if a rule is broken or a child is acting out:

- Verbal Warning: The staff will explain to the camper how their actions were inappropriate and how to avoid these actions moving forward.
- Time-Out: The child will sit out of the activity for a moment. Staff will explain to the camper what they did was wrong, why it was wrong, and how to fix the situation next time.
- Parental Call: If the behavior persists, the resolution for the behavior will be discussed with the parent and Camp Director, the Camp Director will then relay the information to their staff members.
- Parental Meeting: If the behavior does not change using parental suggestions, there will be an in-person meeting between the parent(s)/guardian(s) and Camp Director to discuss solutions.

Note: Camp staff are strictly forbidden to use any form of physical or emotional punishment.

Mocs Adventure Camp Contacts:

Staff Member:	Phone & Email:
Office Staff Campus Recreation	(423) 425-5750 CampusRec@utc.edu
Logan Rader Administrative Assistant	(423) 425-5672 Logan-Rader@utc.edu
Margaret Asher Assistant Camp Director	(423) 425-5750 TBF874@mocs.utc.edu
Craig Gosnell Camp Director	(423) 425-5682 Craig-Gosnell@utc.edu
Cindy Strine Campus Recreation Director	(423) 425-2786 Cindy-Strine@utc.edu



Thank You!

UTC Campus Recreation thanks you for choosing our Mocs Adventure Camp to send your camper to for the summer. We are excited to meet your camper and to provide an exciting and memorable summer experience. If you have any questions before or during camp, please do not hesitate to contact us at (423) 425-5750.

Sincerely,

Margaret Asher

Assistant Camp Director
UTC Campus Recreation