

# Summer Pasta Salad with Baby Greens



Read more at <http://www.skinnytaste.com/summer-pasta-salad-with-baby-greens>

5 Smart Points 169 calories

**Total Time:** 20 minutes

## Ingredients:

- 3 oz (about 4 cups) baby arugula and baby spinach mix
- 5 oz gluten-free or wheat pasta
- 1/3 cup sun dried tomatoes, sliced thin
- 2 tbsp capers, drained
- 2 tbsp balsamic vinegar
- 1 1/2 tbsp extra virgin olive oil
- salt and fresh pepper to taste
- 2 tbsp freshly shaved Parmigiano Reggiano



## Directions:

1. Boil pasta in salted water according to package directions. When done, drain and rinse under cold water.
2. In a large bowl, combine the pasta, baby greens, sun dried tomatoes, capers, olive oil, vinegar, salt and pepper. Toss well then just before serving top with fresh shaved parmesan.

## Nutrition Information

Yield: 4 Servings, Serving Size: 1 1/2 cups

- **Amount Per Serving:**
- Smart Points: 5
- Points +: 5
- Calories: 169
- Total Fat: 5g
- Saturated Fat: g
- Cholesterol: 2mg
- Sodium: 271mg
- Carbohydrates: 29.5g
- Fiber: 4g
- Sugar: 4g
- Protein: 6g