

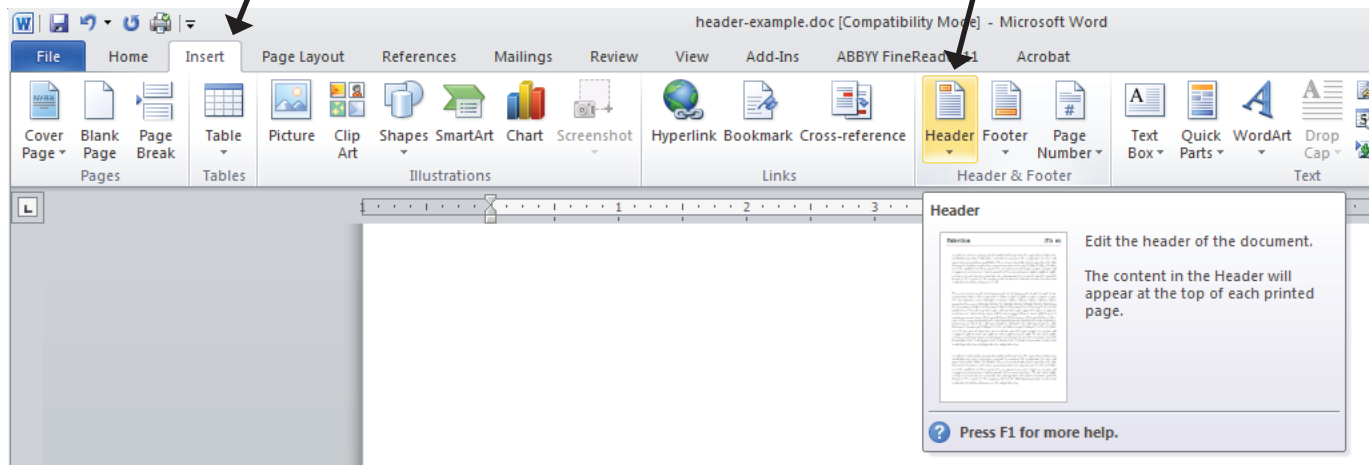


Headers in MS Word 2007/2010

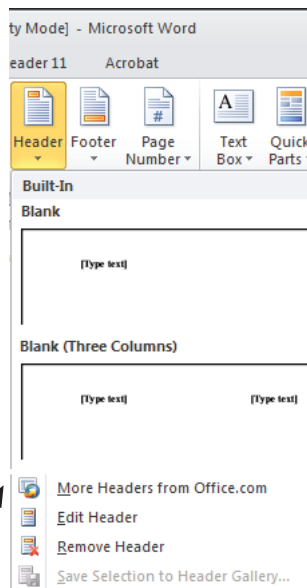
A **header** is text (often including page numbers) that repeats at the top of each page. It is best **not** to type an individual header manually at the top of each page because the page may break at a different point when the paper is edited or even viewed or printed on a different computer. Fortunately, MS Word will allow you to type the header once and then automatically insert the text in the proper place on each page for you.

1 On the “Ribbon” at the top of the page, **click INSERT.**

2 **Click HEADER** (midway across top of ribbon).



3 **Click EDIT HEADER** at the bottom of the list that appears.



NOTE: You would use the same steps to modify your header later:

- (1) Click INSERT.
- (2) Click HEADER.
- (3) Click EDIT HEADER

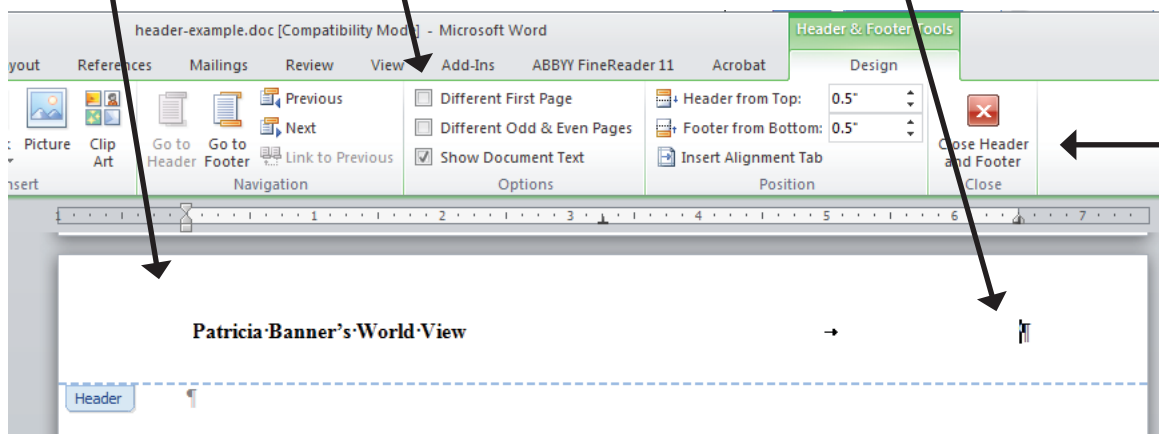
4

The rest of your document will be grayed out and you will find that you can only type in the Header area.

Type the running head

Then press **TAB** to move to the right side of the Header to insert a page number (but don't type the number yet).

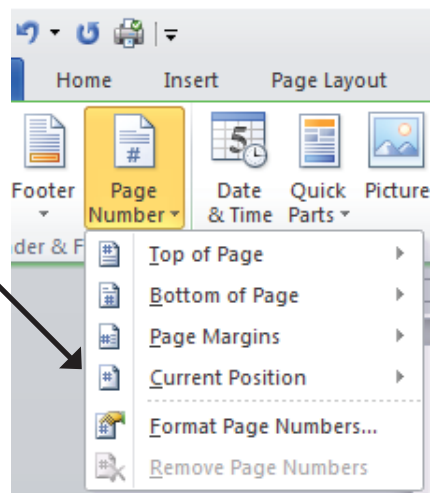
NOTE: You can use this checkbox to put a separate header (or no header) on your title page.



5

At top left of Ribbon, click **PAGE NUMBER** and then choose **CURRENT POSITION**, then **PLAIN NUMBER** from the menu that appears.

(If you choose "Top of Page" instead of "Current Position" your existing header will be removed, so click carefully!)



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Click **CLOSE HEADER/FOOTER** at right end of Ribbon to return to normal editing of your document.

Questions? E-mail Rodger-Ling@utc.edu.