

The Best Three Months of Life:
Compassionate Choices and Comforting Care at End of Life
April 29, 2016, 0830-1630, UC Auditorium • University of Tennessee at Chattanooga

Program description:

This program increases confidence to talk about end of life wishes and choices to offer the comforting healing care that people want and need. The program's transformational activities increase participants' self-awareness, caring healing presence, communication skills, and empathy, thus improving patient care and satisfaction by offering the very care people want and need during this vulnerable time of life. System Leaders, Frontline Clinicians and Social Services Providers will learn how to build internal capacity to talk with patients and families about their concerns and end of life wishes. Participants are prepared to offer the comforting healing care that people want and need in all domains of life and in addition to medical/technical care they desire.

The experiential and transformational activities increase participants' self-awareness, caring healing presence, communication skills, and empathy, thus improving patient care and satisfaction. It supports the excellent work of Hospice and Palliative Care teams and may increase hospice and palliative care referrals.

Program objectives:

- Increase awareness of end of life wishes of self and others
- Increase caring healing presence and comforting care
- Increase empathy by listening and responding to the concerns and feelings of others

Agenda: Speaker: Tarron Estes with the Conscious Dying Institute

8:30 am Welcome & Introduction
8:35 am **Creating a Caring, Healing Culture at End of Life**
10:30 am Break
10:45 am **Shifting the Bio-cidic Culture of Care**
12:45 pm Lunch
1:15 pm **Best Three Months of Life Conversations & Care**
3:00 pm Break
3:15 pm **Implementing Best Care of Life**
4:00 pm **Harvesting Learning**
4:15 pm **A Practice for Death**
4:30 pm Adjourn

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Continuing Education Credits:

AMA Credit Designation: The University of Tennessee College of Medicine designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Continuing Education for Non-Physicians: Certificates of attendance can be issued to non-physicians for attending this continuing medical education activity. The University of Tennessee designates CEU's using the national standard that 1 live hour of educational instruction is awarded .1 CEU.

Accreditation: The University of Tennessee College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Planner & Speaker Disclosures:

No planners or speakers have relevant financial relationships to disclose.