Using Technology with the Flipped Classroom Approach By Will Stern, Health and Human Performance

When working with the Flipped Classroom model, using technology to provide information will help students prepare for the classroom activities. So the question is how to start. I recommend that the first place to look is on the Internet for articles, web pages, videos or study guides already created. I have found that there are many resources available to use. My recommendation is to look at the following sites:

- Khan Academy: 1000s of small videos on a variety of topics
- <u>ChangeThis.com</u>: Great ideas = Passion. A site with over 600 book summaries
- YouTube: There are 1000s of videos that can be used to start a conversation
- <u>Ted.com</u>: A multitude of short speeches done on a variety of topics.
- <u>TedEd.com</u>: This site has a system to let you design your own flipped activity using current videos. Well done and will look extremely professional.

You can also create a PDF of information that you have used in past classes or do a voice over of a PowerPoint that you currently use in the class. I have found that shorter articles or voice-overs of about 10 minutes work the best. I have taken longer items and created several files from the original. Overall, start slow, do just one unit or lesson and then add as time allows.