

Mental Health

***1. To allow us to link your responses to this evaluation with other information you have provided and may provide in the future as a part of this project, please provide your university/institutional e-mail address:**

***2. Please provide your university/institutional ID code/number (if available):**

***3. Please enter your last name:**

***4. Please enter the name of the city in which you were born:**

***5. I am:**

Male

Female

***6. What is your primary field of study?**

Nursing

Nutrition/Dietetics

Physical therapy

Athletic training

Social work

Mental Health

7. At a recent appointment Mrs. Conners' primary care provider observed that she is socially withdrawn, irritable and has an unkempt appearance. Mrs. Conners will most likely be diagnosed with a mental disorder if:

- her behavior is deviant, distressful, dysfunctional and not appropriate given the context.
- her behavior is perceived a danger to herself and others.
- her behavior is related to a recent medical condition.
- all of the above are true.

8. Which of the following statements is untrue regarding Alzheimer's disease (AD)?

- AD is characterized by cell death and loss of brain volume in the hippocampus.
- Memories for distant past events are lost first and eventually memories for recent past events are also lost.
- Brain degeneration in AD is due to clumping of amyloid beta proteins and accumulation of neurofibrillary tangles.
- Individuals with AD may have trouble communicating with others and making decisions.

9. Audrey is beginning to notice a decline in her memory that is worse than what she sees in her friends of a similar age. She isn't noticing any other problems in her ability to think or solve problems and so far she has been able to cope with this problem without it affecting her daily life. Audrey is likely experiencing:

- Alzheimer's disease
- Depression
- Mild cognitive Impairment

10. Describe a situation where it would be best to use an assessment of cognitive ability that has:

High Sensitivity:

High Specificity:

11. Which of the following are known risk factors for depression (check all that apply)?

- living with a chronic health condition
- being over the age of 60
- being female
- living in a long-term care institution
- recent loss of a close friend or loved one

Mental Health

12. Why is it important to select a different assessment for depression in older adults (like the Geriatric Depression Scale) than what one might use to assess depression in younger or middle aged adults (like the Beck Depression Inventory)?

- Because the BDI focuses on questions about physical symptoms and hope for the future and this is inappropriate for use in older adults.
- Because geriatric depression is much more frequent than depression in younger and middle aged adults.
- Because the GDS has better specificity and that is important when assessing older adults.

13. Charlie, your 68 year old patient/client, used to run marathons but has recently developed significant lung damage and experiences difficulty breathing when engaging in even mild exercise. Charlie reports feeling hopeless, irritable, and usually chooses not to engage in previously pleasurable activities. As a health care provider, to what kind of mental health professional should you consider referring Charlie for:

Psychological treatment:

Pharmacological treatment:

14. Please identify the degree to which you feel each of the following are essential to effective functioning of interprofessional healthcare teams.

	Not at all	A little	Somewhat	Moderately	Quite	Very	Completely
Knowing the expertise of other professionals with whom I may work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mastering skills required for effective patient-centered interprofessional collaboration	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Collaborating as team members	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

15. What barrier(s) do you anticipate experiencing that could limit your ability to take an interprofessional and collaborative approach to navigating mental health issues with your future clients/patients?