

Special Concerns in the Older Adult Unit

***1. To allow us to link your responses to this evaluation with other information you have provided and may provide in the future as a part of this project, please provide your university/institutional e-mail address:**

***2. Please provide your university/institutional ID code/number (if available):**

***3. Please enter your last name:**

***4. Please enter the name of the city in which you were born:**

***5. I am:**

Male

Female

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6. Which of the following describe expected age-related changes?

- increase in body fat, decrease in lean muscle
- decrease in lean muscle, decrease in body fat
- increase in body fat, increase in lean muscle mass
- decrease in body fat, increase in lean muscle mass

7. Mrs. Simmons has been experiencing low vision issues. Which of the following adjustments would NOT help her?

- Placing brightly colored tape along the edges of steps.
- Placing plates and food service items on placemats that are in a contrasting color.
- Keeping the lighting dim to reduce glare on objects.
- Eliminating clutter.

8. According to the National Osteoporosis Foundation's bone density screening recommendations, screening would not be appropriate for:

- a 65 year old female with no clinical risk factors
- a 40 year old female who has a fracture
- a 70 year old male with no clinical risk factors
- a 60 year old male with Rheumatoid arthritis who has been taking 10mg of prednisone daily for 6 months

9. Describe the factor(s) that can decrease one's chance of developing osteoporosis.

10. Diminished ability to participate in physically-demanding activities is due to an inevitable decline in physical capabilities associated with the aging process.

- True
- False

