Here we are again, smiling for the group newsletter picture in front of our house. It’s a fine old house. We are, and we do, many things here. We represent fourteen countries. We are ambassadors of sorts. We are kind to each other, and we work hard together to better our English skills and better ourselves as citizens of the world. We are all part of a sturdy and colorful fabric that covers us in a great life experience.
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This session’s cover was again contributed by Mr. Safwan Khalifeh. It is a representation of the limitless boundaries possible through multiple language acquisition; a more comprehensive and complete world view.

We are grateful for his talents and his willingness to share them. Thank you, Safwan.
What is Ebola?

Ebola is a disease caused by a virus of the same name, and its main symptom is a hemorrhagic fever, which causes bleeding in internal organs. The virus is native to Africa, where sporadic outbreaks occur over decades.

It is a serious and often fatal disease, with a fatality rate of up to 90%, according to the World Health Organization (WHO). Ebola is transmitted by direct contact with blood, body fluids and tissues of infected animals or people. Severely ill patients requiring intensive care treatment. During an outbreak, those most at risk of infection are health professionals, family members and others in close contact with sick and dead patients.

The Ebola virus was discovered in 1976 and since then sporadic outbreaks occur. The first records of Ebola virus found in monkeys, chimpanzees and other nonhuman primates living in Africa. A milder strain of Ebola virus was found in monkeys and pigs in the Philippines - however, the virus does not cause the Philippines disease in humans. The disease gets its name from the Ebola River in the Democratic Republic of Congo, where the virus was first found.

Today, the belief is that the bat is responsible for transmitting the virus to other animals. In it the virus does not cause disease. But a fruit half eaten by a bat and found by another animal can already start the epidemic. Monkeys, antelope and porcupines are also affected by the disease. You can contact the virus visiting places with infestation of bats (like mines and caves) or manipulating the fabric of any animal killed by Ebola.

Types

There are six subtypes of Ebola virus. The five best known are:

- Ebola Zaire
- Ebola-Sudan
- Ebola-Ivory Coast
- Ebola-Bundibugyo
- Ebola-Reston

A sixth strain of the virus, which was the first recorded cases in the Democratic Republic of Congo was discovered recently. All of these subtypes are found in Africa except for Ebola-Reston, which is found only in the Philippines. Ebola-Reston virus subtype is also the one that will not cause diseases in humans, since it only affects animals.

Causes

It is possible to contract Ebola through direct contact with body fluids of an infected human or animal. These include blood, saliva, semen, vomit, urine or feces.
Risk factors

- For most people, the risk of contracting Ebola is low. However, the chances increase if you:
  - Visit areas where there is an Ebola outbreak
  - Conduct research on animals, especially primates from Africa or the Philippines
  - Provide medical or personal care for people infected
  - Fatalities should be properly prepared for burial since the bodies of contaminated people may still transmit the disease to people.

Symptoms

Patients exposed to Ebola virus should start showing symptoms within two to 21 days after contact with the disease, which starts immediately. Initial symptoms resemble those of a common flu infection.

- Fever
- Headache
- Sore throat
- Joint and muscle pain
- Weakness.

As Ebola progresses, the symptoms become more severe. Symptoms of Ebola in the final stage may include:

- Vomiting
- Diarrhea
- Redness in the eyes
- Swelling of the genitals
- Internal and external bleeding (some patients may have blood coming out of their eyes, nose, mouth, or ears)
- Rash or bleeding along the skin and mucous membranes.

LEARN MORE

According to the World Health Organization, it is also possible to acquire the virus dealing with a sick or dead wild animal that has been infected. There is some evidence that Ebola virus can be transmitted through the air from non-human primates to non-human primates such as monkey-to-monkey. No definitive studies have proven that, though. An infected person usually does not become contagious until symptoms develop. Family members are often infected when caring for sick or dead. Professionals may come into contact with the virus if they don’t wear protective equipment, such as surgical masks and gloves. It is not highly transmissible. Just diagnose and isolate the patient.
Most children from Central America cross the border thinking they will find a better life on the other side. The amount of children arriving alone from Honduras, El Salvador and Guatemala has exceeded the amount of children ever crossing the Border of the United States. Children and adolescents decide to travel alone to cross the border primarily by a desire to reunite with family, secondly by the desire to improve their living standards through the performance of work and Finally, the desire to escape domestic violence or sexual exploitation.

Their trip is not an easy trip; they have to ride a total of 3 trains from Guatemala all the way to Mexico. One of those trains is called “La Bestia” (The Beast). This is the death train where they cling to the top of the cars for a better life. They have to be very careful and do not fall asleep or they will get killed from the train. Staying awake can make the difference between achieving the American dream or discover hell.

Out of that sea of immigrants they have detained more than 52,000 children who are sure that the authorities are going to let them stay in the United States of America. This is a big lie that has been created by unscrupulous people called “Coyotes” (Wolves in English).

These children are not criminals, like some people think. Most of the time what they want is to see their parents again, and nothing more than that. Even animals will look for their families if they drift them apart.

Some people say that this is “children immigration”, but I wouldn’t call it that. I think that the reason why they come to this country is mostly because they are afraid of the financial and social situation that they live in. The gangs are ruling those countries and are killing the kids that don’t want join their gangs.

Drug dealers and gangsters are in control of the less affluent neighborhoods and are responsible for the children exodus to the United States. My point of view as a police officer is that the government politics have failed and they have not been able to provide the four fundamental rights like health, safety, work and education to the people that most needs assistance.

I hope that someday this is all over, and that the government of these countries can solve this horrible situation and they can provide these to these children what they need. These children do not have to lose their lives; they are children just like yours or mine.

In Defense of Whales
Osama

One of the most majestic species living in the ocean today is the Orca whale. It’s hard to believe that a lot of whales these days live outside the ocean in theme parks. Theme parks just use the animals for profit and don’t really care about the animal’s welfare. We should care for whales all around the world, and a way to start is by freeing the whales at Sea World.

First, the most important reason is that whales in the wild have an average life of about 50 years and a maximum between 80 and 90 for females. Male on the other hand, live to be an average of 29
years old and a maximum between 50 and 60. In captivity, the average lifespan is less than 25 years old, with the maximum approximately 40. So whales live shorter lives in captivity and have many diseases not common in their wild habitat.

Second, another reason whales should not live in theme parks is the tank. Sea World confines whales who often swim more than 100 miles daily in the wild to tanks that look like bathtubs to them. Marine park tanks are unnecessarily small for the biggest animals in the ocean, so how can they live in theme parks? In addition, all whales are migratory, have large home ranges, and also prefer colder oceans near the Arctic and Antarctic.

In conclusion, Sea World should not be allowed to keep whales in captivity because they are separated from their pods. Moreover, whales have social lives and emotions like humans. So I hope Sea World will follow my opinion and release all the whales around the world to live in peace in the wild - and also to make their offspring bigger and bigger. Join the fight to help whales, and tell all your friends never to go to Sea World.

Good American Things: A Perspective
Kiyeong

Since I have lived in the USA, I have found out three things that are different from my country. They are not bad things. I think they are advantages of the USA.

First of all, most American people hold a door open for people to enter. This is rarely seen in my country. Koreans all lead incredibly busy lives. They think they don’t have much time to care about other people, and most Korean people don’t think that it matters. Korean people already know each other – “We are busy”. Korean culture is famous for its “hurry-hurry” mentality. We should take time to be considerate to others.

Second, American people are very open, even with people that they meet for the first time. When I went to New York, it was my first time to visit the USA. When I took the subway, I saw people are easy to say hello or to talk to each other. I thought it was weird. In Korea, if someone comes up to you in the street and starts talking, people are wary. After a few days, I found out American people are easy to talk to.

Third, American people always say “Excuse me”. I think the personal space of Americans is bigger than Koreans’. So, if they intrude on someone’s space, they automatically say, “Excuse me”. When I went to the grocery market, I was looking for some bacon. I heard an ‘Excuse me’ that a woman said. I was startled. I knew no one was very close to me! I thought she was a long way from me, and she didn’t need to say that. But she didn’t think that! American territory is very huge. If American people visit Korea, they may be a little confused. Korea is a very small country. It is hard to find your own space in the public area.

I am still looking for good American things. It is so interesting and exciting for me. For learning English well, we have to know American culture. If we can try to understand and study the good things about American people, it will be very helpful for learning English.
Healthy food is a very common topic in many considerations, magazines and talk shows. Each culture has its own alimentation system and consider for healthy food. I would like to present alimentation system and healthy supplements, which I use or have tried. Healthy food is not a diet, but is a lifestyle. We can help our body stay healthy and function. It is important to eat balanced food for our body, because food is the fuel for our body.

Proper nutrition gives the body energy, vitamins, and minerals and rids it of toxic substances. Our food should contain balanced amounts of **protein, carbohydrates and fats**. 

**Proteins** are the basic building material of muscle mass. Sources of quality protein are fish, poultry, beef, eggs, soy, oatmeal, yogurt, lentil, bean, quinoa, chia seed and avocado. 

**Carbohydrates** form the basis of daily energy intake. The diet should contain about 50% - 60% of the daily volume. The recommended dose of carbohydrate per day is between 4-6 gram per 1 kg of body weight. Sources of quality carbohydrates are cereal, rice, corn, potatoes, pasta, and bread. 

**Fats, or lipids**, are a source of essential fatty acids and are of concentrated energy. They are a necessary environment for dissolution of vitamins A, D, E, K and hormones, body heat insulation and protection against mechanical organ damage. Low but also high fat intake can be causes of serious health complications. Sources of fat are olive oil, coconut oil, sesame oil, flax seed oil, fish, for example tuna, seafood, and seeds.

**Some recommendation how to eat:**

Hunger is important. We should eat when we are hungry. We should not overeat. Don’t forget to eat breakfast. Breakfast gives you energy in the morning. It is recommended to eat fruit, protein or warm oatmeal. Very good recipe for healthy breakfast is quark – kind of cheese with banana and a spoon of flaxseed oil. We have to eat smaller portion and more frequently. It is recommended to eat five times a day. It is recommended that our last meal be two hours before we go sleep, because we should not ballast over stomach and digestion. It is important to have time for lunch. We should eat in a sitting position and eat slowly. Do not eat quickly! We should chew every bite at least 30 times. Water is essential to good health and makes up 70 percent of our body. It is recommended to drink about 2 liters of water per day. Drink eight 8-ounce glasses of fluid a day.

**Do you know food benefits for the body?**

**Almond**
Low in calories and heart healthy, contains no cholesterol, low on the glycemic index. Almonds contain magnesium, potassium, and Vitamin E. Recommended to eat a handful a day.

**Green vegetable (Spinach, Broccoli, Kale)**
Green vegetables contain Vitamin A, B6, C, folic acid, folate, and potassium. Green vegetables protect against cancer, protect the stomach and liver, help against infection and alkalize the body. Kale is the most nutrient dense green leafed vegetable.
Avocado
Avocado protects your eyes with lutein, contains more natural fiber than any other fruit, and this high fiber content aid in digestion and helps regulate blood sugar, contains antioxidant which boots your body’s immune system, and keeps your nervous system healthy. Avocado balances hormones, moisturizes skin, improves your mood, improves digestion, and promotes healthy pregnancies.

Coconut oil
The unique saturated fats of coconut oil contain antibacterial, antiviral, and anti-parasitic properties that help strengthen the immune system. Coconut oil can help improve insulin use and good cholesterol in the body. Makes a good natural moisturizer for the skin and deep conditioner for hair.

Chia seeds
Chia seeds contain five times more calcium than milk, 15- x more magnesium than broccoli, 8- x more omega-3 than salmon and it is rich in fiber. Good source of protein and it is a super food for the brain and heart. It is recommended for runners because it increases endurance, energy, and maintains hydration. Chia reduces hunger.

Quinoa
Quinoa is famous for its protein power. It has 3g more than rice. It is a good source of fiber, magnesium, and iron.

Squash
Good source of vitamin C, fiber, antioxidants, reduce high blood pressure, anti-inflammatory effects, could help reduce rheumatoid arthritis and asthma. It has good effect on the function of the spleen, salivate, and stomach

Garlic
Garlic is a natural antibiotic against bacteria and viruses in your body. Garlic boosts the immune system, prevents cancer, reduces blood pressure, and treats yeast infections. It is a good treatment to prevent flu.

Blueberry
Blueberries contain antioxidants, vitamin C, and fiber. It treats urinary tract and kidneys, treats night blindness, and treats diabetes.

Nature is very smart. It gives us everything our body needs!
The loggerhead sea turtle, or loggerhead, is an oceanic turtle distributed throughout the world. The loggerhead sea turtle is found in the Atlantic, Pacific, and Indian Oceans, as well as the Mediterranean Sea. They spend most of their lives in saltwater, but get to surface to breathe. They can remain under water for about an hour.

The loggerhead sea turtle has a low reproductive rate. Females lay an average of four egg clutches and then become quiescent, producing no eggs for two to three years. Hatching usually occurs between 45 and 65 days of incubation. Nesting and hatching usually occurs at night as protection from predators. The loggerhead remembers the place where it was born, and it returns to the same place for nesting. Lights disorient female turtles and hatchlings. If there are distracting lights, the female may return to the sea without laying her eggs. Hatchlings may head to lights on the shoreline or on the beach rather than to the water. Turtles are dependent on the glow from the moon and stars on the water to guide them. If they fail to find the sea, they will die in the morning sun from dehydration, exhaustion, or may be found by predators.

The loggerhead has a lifespan of 47-67 years. Mature turtles weight over 200 pounds. The average loggerhead measures around 90 cm (35 in) long when fully grown. Male Sea Turtles never leave the sea. The Loggerhead Sea Turtle is the South Carolina State Reptile.

I had an opportunity to see the turtle babies' first steps on vacation at the beach of Harbor Island in South Carolina. Every morning during ten days of August I saw ladies from Island Turtle Patrol on the beach. They walked on the beach every morning, looking for turtle tracks. Also, volunteers from Island Turtle Patrol protected turtles' nests from predators and moved nests to safer places if needed. Finally, one morning the turtle babies appeared.

It's a long trip for turtles to get sea. First of all they need to climb from under the ground. Sometimes the nest is too deep, so babies of turtles can't get to the surface without the help of someone. On this morning, it was exactly that case. Half of the turtle babies climbed out. Volunteers carefully picked up the rest of the turtles that stayed under the ground and put them in buckets to carry them to the water.

While we were walking to the ocean with the buckets, the volunteers gave me much information about this reptile. For example, only 1 in 1000 hatchlings will survive to adulthood. Turtle babies encounter many dangers on their way to free swimming. The biggest danger is predators, and turtles have more than enough. In the ocean, the main predator is the shark. On the ground are foxes, crabs, raccoons, and even trash that people left on the beach.

Finally, we put turtles in shallow water of the beach. Unfortunately, close to the place where we put turtles in the ocean, a small shark appeared. We were worried about our little turtles, but the shark was interested in something else under the water and didn't attack the tiny turtles. The first steps of the brave baby turtles into ocean water was in the direction of the rising sun. Good luck!
Carnival is considered one of the liveliest and most popular representative parties in the world. Has its origin in Portuguese Shrovetide, where in the past people played throwing, water, eggs and flour. The Shrovetide happened on a pre-Lent period and therefore had a meaning attached to freedom. This effect remains to this day in Carnival.

The Shrovetide came to Brazil around the seventeenth century and was influenced by the Carnival celebrations taking place in Europe. In countries like Italy and France, the carnival took place in forms of urban parades, where the carnival wore masks and costumes. Celebrities such as Columbine, Pierrot and the King Momo were also incorporated into the Brazilian carnival, though of European origin.

In Brazil, in the late nineteenth century, begin to appear the first carnival, strings and blocks the famous "Corsicans". The latter have become more popular in the early twentieth centuries. People put on costumes, decorated their cars and groups paraded through the city streets. That were the origin of the allegorical cars, typical of samba’s schools.

In the twentieth century, the carnival was growing and becoming important a popular festival, specially for the carnival music. The songs were something vibrant and contagious for the people. The first school of samba was born in Rio de Janeiro and was called Lets Talk. By carioca samba singer named Ismael Silva was created. Years later Lets Talk became the samba school Estacio de Sá. Thereafter the street carnival starts gaining a new format. New samba schools in Rio de Janeiro and Sao Paulo beginning to emerge. Organized into leagues of samba schools began the first championships to see which samba school was more beautiful and lively.

The party will begin! Carnival in Brazil - February 13, 2015

In Brazil, the party usually starts on the Friday night before the beginning of Lent and usually ends on the evening of Tuesday prior to Ash Wednesday (which is the first day of Lent in the Western Christian calendar). Nevertheless, in some Brazilian cities extend the party, often extends to the Wednesday following the ash Sunday. Eventually is known "Carnival out of season", also called "micareta", a word derived from the French word "mi-carême" and is a sort of party that is becoming increasingly prominent in Brazil.

The Carnival in Brazil is celebrated from tip to tip of the country and in each region assumes a format slightly and often quite different without losing its main features: music, dance, joy and relaxation.

The most famous Carnival in Brazil is Carnival from Rio de Janeiro, where they occur the famous samba school parades in a specially prepared for the event boulevard, the Avenue of the Sambadrome Marquês de Sapucaí. This avenue has bleachers for the public and reserved for local television stations, which broadcast the event live throughout Brazil. During the carnival days, by that avenue parading samba schools as famous as the Beija-Flor, Mangueira, Imperatriz Leopoldinense or Portela, among many others.
Another excellent option is the carnival of northeastern Brazil, especially the city of Salvador, state of Bahia. As in Rio de Janeiro, the Carnival of Salvador also begins long before the actual date, with pre-carnival events and trials of african blocks and "candomblés street", also known as afoxés. The Salvador Carnival is distinguished by celebrating is party mostly outdoors, in the most famous streets in the city.

The sound and the animation remains with the electric trucks, huge trucks equipped stage. In electric trios, singers and Brazilian groups as known as Ivete Sangalo, Daniela Mercury, Chiclete com Banana, Banda Olodum, Gilberto Gil and Caetano Veloso are a constant presence. The crowd jumps and sings, often dancing in a precisely synchronized in a show of incomparable choreography.

There are even off-season carnivals, for those who think that five days a year is not enough. The most popular of them happens in Fortaleza with the name Fortal, usually in July.

Popular wisdom says that during the Carnival, you are free to do what you want and dress as you like day. Actually this saying is followed by most partygoers, who enjoy no rules and no aesthetic concern in the Carnival of Brazil.

But there are those who worry thoroughly with the costumes and some traditional blocks take the same style of costume every year. In Recife, frevo dancers not only have a typical dress but use their "umbrellas", in order to perform their dance. Not to mention the giant puppets that need yards and yards of fabric for their models.

What really counts is creativity, whether simple or elaborate costumes masks. Not be as sophisticated as those of the Carnival of Venice, but fulfill their function: do you feel, for a few days, like another person!

Kimchi Bombs!
Kiyeong

I can’t forget when I went to China for the first time. I had an experience with kimchi bombs. In 1999, I was a freshman in college. My major was Chinese. My professor decided he would go to China for a field trip with 30 students. At that time, I was not familiar with China. I just knew China is a neighbor of my country, and it was my first time on an overseas trip. So, I was afraid of leaving my family for a long time. I worried about whether there were some foods that I can eat or not. But, looking back on it now, that was an absurd idea.

I started to prepare something for eating. The best thing was kimchi for me. Kimchi is a traditional food of Korea. I bought two kimchi packs at the supermarket, and I wrapped them up carefully to protect against breakage. Then I left for China.

When I arrived at Beijing Airport, I couldn’t find my bag on the baggage claim. Actually, the airplane didn’t load my bag, so it was still in Korea. I worried about my kimchi. Kimchi is a fermenting food, and it can make some gas when it is fermented. In those days, it was August. The weather was very hot! It was an optimized environment where kimchi could easily explode. If it exploded, what would happen to the stuff in my bag? I didn’t want to imagine this...

After two days I got my bag. When I opened it, I found kimchi packs almost ready to burst! They looked like bombs. For disposing of the kimchi bombs, I used a needle. I pricked the kimchi packs that were swollen. Gas escaped from the kimchi packs. I saved my clothes and stuff and I found that I didn’t need to prepare too many things. There was a lot of Korean food! It was easy to buy. Now, when I am going to plan an overseas trip, I just bring money or some processed food. No more kimchi bombs!
Sightseeing in Chattanooga!
- Kristina

We took a sightseeing tour for 2 hours with a guide. We spoke a lot about history and we learned new information. The traditional color for Chattanooga is blue. We can see this color on the bridge and on the roofs of houses. It was fun and a good experience.

The Tennessee flag has three stars and the meaning is West, Central, and East.
The Asian Champions League
Osama

There has been a football tournament organized by the annual Asian Football Confederation since 1967 for the best football clubs in Asia, and it is considered the most important tournament of continental championships in football at club level in the world. The tournament, prior to 2003, was officially called the Asian Club Champions League, but usually called The Asian Cup. The tournament was initially a knockout system with the champions of each league in Asia playing. The Asian Club Champions League began to expand in 2000 with the introduction of the group stage system and an increase in the number of teams. In 2002 came the new name Asian Champions League (ACL), and an increase in the number of teams to become 32 clubs.

There are five steps to arrive for final. The first step is the role of groups. A lottery is held between 32 teams divided into 8 groups, and each group has 4 teams. Four groups come from West Asia and four groups from East Asia. Each team plays with the rest of his group round-robin match, and the winner gets 3 points, a tie gets 1 point, and a loss none. The first and the second place teams in each group are qualified for round 16.

The second step is the round of 16. There are 16 teams in this round, and 8 clubs from West Asia are competing with each other and 8 clubs from East Asia are also competing with each other. Each team play one game round-robin and the winner go to quarter-final round.

Third step is the quarter-final. This round has set up a new draw for the eight qualifying teams. Since 2010 teams cannot face another team from the same region or state. But if there are three teams from the same country they should be allowed to play together. They also play round-robin and the winner goes to the semi-finals.

The fourth step is the semi-finals. There are 4 teams in this round and each team plays round-robin, and there will be two winners that go to the final and two teams play to determine the third and fourth places.

The last step is the final. In this big event all the people come from all over the world to see the best two teams in Asia, and in this round they play and the winner takes the Asian Champions League.

There are 32 teams in Asian Champions League, but there is only one team to take the Champions League two times in a row. In 2004 and 2005 it was won by the Saudi Arabian team Al-Ittihad.

Korean Bullfighting
Chae Yoon

Most people think of Spain when they think bullfighting, but Korean traditional culture includes bullfighting. Korean bullfighting is very different from Spanish bullfighting. Korean bullfighting is just a bull vs bull, with no human, no sword, and no red cloth. It is not dangerous to humans. Korean bullfighting’s origin comes from a long time ago, but today, many things have changed. Bulls were very important for farming and living, so bulls were usually for farming. When the time came for bull fighting, farmers chose strong bulls without special training. Usually, bullfighting took place between village area farmlands. Although there was no reward for winners, winning showed the village’s power. Winning the bullfighting means honor for the bull’s owner and that village too.
But, after 1970, bullfighting is changed. Today, farming doesn't depend on bulls. So, if people want to fight bulls, they grow special fight bulls with special training and special food. Before the 1970’s bullfighting had no specific rules, but today, we make rigid rules, and make stadiums for bullfighting. So, bullfighting is a big competition and festival now. Also, many bullfighting competitions have big prize money, and for that reason, fight bulls become more expensive. Therefore we classify bulls weight by weight.

Now bullfighting holds contests in only a few south cities, and develops the tourist industry. I said now bullfighting has rigid rules, but basic rule is simple. The bulls fight by putting their heads together and pushing. If one bull is run out or turn its head, that means defeat. Bullfighting is only bulls to fight. A person, the bull’s owner, can’t do anything. I don’t know if bulls can understand human’s word, but many bull owners shout for his bull to win the game with some skill’s name. And bull fighting doesn’t have time limit. Usually each game spends a half hour. but sometimes spends one hour.

Many different bulls are fighting with owners. If bulls avoid fight or spend too much time, some owners give alcohol to the bulls. Now, some people think bullfighting is cruelty to animals, but we need to keep our traditional culture.
What has two hands, a round face, always runs, but stays in place?

If you feed it, it lives. If you give it a drink, it dies. What is it?

In what way can 9 + 4 = 1?

What is green on the ground, black at the market, and red at home?

I see everything but I don’t have eyes. What am I?

This thing all things devours:
Birds, beasts, trees, flowers;
Gnaws iron, bites steel;
Grinds hard stones to meal;
Slays king, ruins town;
And beats high mountain down.
1. When do you feel at your best?
   a) in the morning
   b) during the afternoon and early evening
   c) late at night

2. You usually walk......
   a) fairly fast, with long steps
   b) fairly fast, with little steps
   c) less fast head up, looking the world in the face
   d) less fast, head down
   e) very slowly

3. When talking to people, you...
   a) stand with your arms folded
   b) have your hands clasped
   c) have one or both your hands on your hips or in pockets
   d) touch or push the person to whom you are talking
   e) play with your ear, touch your chin or smooth your hair

4. When relaxing, you sit with...
   a) your knees bent with your legs neatly side by side
   b) your legs crossed
   c) your legs stretched out or straight
   d) one leg curled under you

5. When something really amuses you, you react with...
   a) a big appreciated laugh
   b) a laugh, but not a loud one
   c) a quiet chuckle
   d) a sheepish smile

6. When you go to a party or social gathering, you...
   a) make a loud entrance so everyone notices you
   b) make a quiet entrance, looking around for someone you know
   c) make the quietest entrance, trying to stay unnoticed

7. When you’re working or concentrating very hard, and you’re interrupted, you...
   a) welcome the break
   b) feel extremely irritated
   c) vary between these two extremes

8. Which of the following colors do you like most?
   a) Red or orange
   b) Black
   c) yellow or light blue
   d) Green
   e) dark blue or purple
   f) White
   g) brown or gray

9. When you are in bed at night, in those last few moments before going to sleep, you lay...
   a) stretched out on your back
   b) stretched out face down on your stomach
   c) on your side, slightly curled
   d) with your head on one arm
   e) with your head under the covers

10. You often dream that you are...
    a) falling
    b) fighting or struggling
    c) searching for something or somebody
    d) flying or floating
    e) you usually have dreamless sleep
    f) your dreams are always pleasant

POINTS:
1.   (a) 2  (b) 4  (c) 6
2.   (a) 6  (b) 4  (c) 7  (d) 2  (e) 1
3.   (a) 4  (b) 2  (c) 5  (d) 7  (e) 6
4.   (a) 4  (b) 6  (c) 2  (d) 1
5.   (a) 6  (b) 4  (c) 3  (d) 5  (e) 2
6.   (a) 6  (b) 4  (c) 2
7.   (a) 6  (b) 2  (c) 4
8.   (a) 6  (b) 7  (c) 5  (d) 4  (e) 3  (f) 2  (g) 1
9.   (a) 7  (b) 6  (c) 4  (d) 2  (e) 1
10. (a) 4  (b) 2  (c) 3  (d) 5  (e) 6  (f) 1

Now add up the total number of points and got to the next page...
OVER 60 POINTS
Others see you as someone they should 'handle with care.' You're seen as vain, selfcentered and one who is extremely domineering. Others may admire you, wishing they could be more like you, but don't always trust you, hesitating to become too deeply involved with you.

51 - 60 POINTS
Others see you as an exciting, highly volatile, rather impulsive personality; a natural leader, one who's quick to make decisions, though not always the right ones. They see you as bold and adventuresome, someone who will try anything once; someone who takes chances and enjoys an adventure. They enjoy being in your company because of the excitement you radiate.

41 - 50 POINTS
Others see you as fresh, lively, charming, amusing, practical and always interesting; someone who's constantly in the center of attention, but sufficiently well-balanced not to let it go to their head. They also see you as kind, considerate, and understanding; someone who'll always cheer them up and help them out.

31 - 40 POINTS
Others see you as sensible, cautious, careful and practical. They see you as clever, gifted, or talented, but modest. Not a person who makes friends too quickly or easily, but someone who's extremely loyal to friends you do make and who expect the same loyalty in return. Those who really get to know you realize it takes a lot to shake your trust in your friends, but equally that it takes you a long time to get over it if that trust is ever broken.

21 - 30 POINTS
Your friends see you as painstaking and fussy. They see you as very cautious, extremely careful, a slow and steady plodder. It would really surprise them if you ever did something impulsively or on the spur of the moment, expecting you to examine everything carefully from every angle and then usually decide against it. They think this reaction is caused partly by your careful nature.

UNDER 21 POINTS
People think you are shy, nervous, and indecisive, someone who needs looking after, who always wants someone else to make the decisions and who doesn't want to get involved with anyone or anything! They see you as a worrier who always sees problems that don't exist. Some people think you're boring. Only those who know you well know that you aren't.
1. Damascus, Syria
2. Berlin, Germany
3. Bratislava, Slovakia
4. Tokyo, Japan
5. Tegucigalpa, Honduras
6. Damascus, Syria
7. Bratislava, Slovakia
8. Bogota, Colombia
9. Pamplona, Spain
10. Dnepropetrovsk, Ukraine
11. Seoul, South Korea
12. Ouro Preto, Minas Gerais, Brazil
13. Port au Prince, Haiti
14. Hue, Vietnam
15. Shanghai, China
16. Yanbu Industrial City, Saudi Arabia

And now, your handy-dandy GLOBE Directory...

<table>
<thead>
<tr>
<th>NAME</th>
<th>E-MAIL</th>
<th>PHONE</th>
<th>BIRTHDAY</th>
</tr>
</thead>
</table>

- HOME COUNTRY
- Favorite Food
- How long have you been in UTC’s ESL Institute?
- Describe yourself in one sentence!
- What will you do after you complete ESL?
- What activities do you enjoy outside of class?
- What do you enjoy the most about living in the United States?
- What city would you like to visit in the United States?
<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Phone</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>ANGELA KLEIS</td>
<td><a href="mailto:angela.kleis@web.de">angela.kleis@web.de</a></td>
<td>423-315-0703</td>
<td>June 17</td>
</tr>
<tr>
<td>- GERMANY</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Second Session</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I’m open, flexible, talkative, responsible, kind, helpful, humorous, active, and curious.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I will speak English!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I like to meet my friends, sports (spinning, skiing, horseback riding), and to take photos</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I love the Indian Summer!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- NY (NY), Boston (MA), Tampa (FL), New Orleans (LA), Denver (CO), LA (CA), San Francisco (CA)...</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>ARANTZA ECENARRO</td>
<td><a href="mailto:arantzapans66@gmail.com">arantzapans66@gmail.com</a></td>
<td>423-987-4573</td>
<td>July 20</td>
</tr>
<tr>
<td>- SPAIN</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- First semester</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I am friendly and quiet.</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>- Enjoy the Summer and come back in the Fall</td>
<td></td>
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</tr>
<tr>
<td>- Reading, watching movies, crafts, being with family and friends</td>
<td></td>
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<td></td>
</tr>
<tr>
<td>- The outdoors, the weather, and the people</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- San Francisco (CA), New York (NY)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CHAE YOON LEE</td>
<td><a href="mailto:recallmm@gmail.com">recallmm@gmail.com</a></td>
<td>423-710-7611</td>
<td>January 18</td>
</tr>
<tr>
<td>- SOUTH KOREA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Raw beef</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- First Session</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I am a curious person, and very generous.</td>
<td></td>
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</tr>
<tr>
<td>- I wish to travel to other cities</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Soccer and bowling</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Meeting new friends</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Anywhere I can walking</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DASHA REPIK</td>
<td><a href="mailto:dacarepik@gmail.com">dacarepik@gmail.com</a></td>
<td>423-364-5010</td>
<td>June 7</td>
</tr>
<tr>
<td>- SLOVAKIA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Texas Steak</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- First Session</td>
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<td></td>
<td></td>
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<tr>
<td>- I’m a positive woman who likes to smile.</td>
<td></td>
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</tr>
<tr>
<td>- I would like to use English in my job</td>
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<td></td>
</tr>
<tr>
<td>- Hiking, reading, sports, and relaxing</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>- Meeting nice people and the warm climate</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Chicago, Los Angeles, and Washington DC</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>DENIS BOCONEGRA</td>
<td><a href="mailto:bocanegramontoya_21@hotmail.es">bocanegramontoya_21@hotmail.es</a></td>
<td>423-316-1036</td>
<td>August 21</td>
</tr>
<tr>
<td>- HONDURAS</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Seafood (Lobster and Shrimp)</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>- Second Session</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I am a very quiet person.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Return to my country</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Go to the gym, play with my baby, and visit great places</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- The peace I live here with</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Las Vegas (NV)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Name</td>
<td>Email</td>
<td>Phone</td>
<td>Date</td>
</tr>
<tr>
<td>--------------------</td>
<td>------------------------------</td>
<td>-------------</td>
<td>------------</td>
</tr>
<tr>
<td><strong>ISABEL ROMANOS</strong></td>
<td><a href="mailto:jaimis@telefonica.net">jaimis@telefonica.net</a></td>
<td>423-800-2009</td>
<td>July 13</td>
</tr>
<tr>
<td><strong>JENNIFER LOPES</strong></td>
<td><a href="mailto:jennifer.lopes22@gmail.com">jennifer.lopes22@gmail.com</a></td>
<td>423-364-0156</td>
<td>July 17</td>
</tr>
<tr>
<td><strong>JISU SHIM</strong></td>
<td><a href="mailto:wlt23ousj@gmail.com">wlt23ousj@gmail.com</a></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>EUNJI LEE</strong></td>
<td><a href="mailto:stormmyday@naver.com">stormmyday@naver.com</a></td>
<td>334-464-9937</td>
<td>December 29</td>
</tr>
<tr>
<td><strong>INA PATTA</strong></td>
<td><a href="mailto:inapatta@icloud.com">inapatta@icloud.com</a></td>
<td></td>
<td>April 14</td>
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The ESL Globe  Fall 2014  23
<table>
<thead>
<tr>
<th>Name</th>
<th>Email</th>
<th>Phone</th>
<th>City</th>
<th>Country</th>
<th>First Session</th>
<th>Additional Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>KARMA YAGI</td>
<td><a href="mailto:moc82127@icloud.com">moc82127@icloud.com</a></td>
<td>862-231-7743</td>
<td>May 9</td>
<td>South Korea</td>
<td>Pizza</td>
<td>Live in the USA</td>
</tr>
<tr>
<td>KOREN RYU</td>
<td><a href="mailto:qirong9999@gmail.com">qirong9999@gmail.com</a></td>
<td>404-915-1745</td>
<td>September 9</td>
<td>Japan</td>
<td>Steak</td>
<td>Traveling, walking, reading, shopping</td>
</tr>
<tr>
<td>KOTA SAGAI</td>
<td><a href="mailto:lsolano8412@gmail.com">lsolano8412@gmail.com</a></td>
<td>320-486-3654</td>
<td>December 5</td>
<td>Colombia</td>
<td>Vegetables</td>
<td>Going to the gym</td>
</tr>
<tr>
<td>KIYEONG RYU</td>
<td><a href="mailto:qirong9999@gmail.com">qirong9999@gmail.com</a></td>
<td>404-915-1745</td>
<td>September 9</td>
<td>Japan</td>
<td>Pizza</td>
<td>Traveling, walking, reading, shopping</td>
</tr>
</tbody>
</table>

**KRISTINA BALCO**

- SLOVAKIA
- Vegetables, rice, fruits
- First Session
- I am a friendly person who likes jokes, is helpful, curious, responsible, and believes in the good.
- I don't know yet!
- I like sports, going to the gym, yoga, cooking, and traveling
- I enjoy the good weather and the nice people.
- Somewhere in Hawaii

**LIDIA SOLANO**

- Colombia
- Vegetables
- First Session
- I am a friendly person.
- I am going to do another course
- Going to the gym
- Learning English
- New York City and Atlanta
MIN JEONG WON

- SOUTH KOREA
- Sea Food
- Third semester
- I am a interactive person.
- I will go back to graduate school at UTC
- I like to swim
- I enjoy traveling
- New York, Florida

MAURO LIMA

- BRAZIL
- Meat and fish
- First Session
- I'm an introverted, positive, and humorous person.
- Tour and talk to people to use my English
- I like to go swimming
- Getting to know the people and places
- California, Miami, New York, San Francisco

OLENA BURYKINA

- UKRAINE
- Apples
- Third Session
- I like to paint.
- To paint and to travel with my husband
- Yoga and walking in the park
- I can get many kinds of fresh fruits
- New York, San Francisco

OSAMA FAWAZ ALREHAILI

- SAUDI ARABIA
- Pasta and Kabsa
- Second Session
- I am living my life.
- Study at UTC
- Soccer, swimming, and tennis
- I enjoy the people and nature.
- Miami, Hollywood, and Las Vegas

MARCELA

- Colombia
- Empanadas and Italian food
- First session
- I am a happy person.
- Going to the gym and doing homework
- Learning English and knowing all the states
- Las Vegas, Washington DC, Miami, and New York City

The ESL Globe  Fall 2014
<table>
<thead>
<tr>
<th>Name</th>
<th>Email/Phone</th>
<th>Date</th>
<th>Country</th>
<th>Interests</th>
<th>Cities</th>
</tr>
</thead>
<tbody>
<tr>
<td>SAFWAN KHALIFEH</td>
<td><a href="mailto:safwankhalifeh@gmail.com">safwankhalifeh@gmail.com</a> 423-488-8825</td>
<td>April 27</td>
<td>SYRIA</td>
<td>Mediterranean food, Second Session, I am very friendly!, Travel, Shopping</td>
<td>Complete my studies, Play soccer and drawing, The landscapes and the people, Seattle, WA</td>
</tr>
<tr>
<td>ZOIJA ZENALLOS</td>
<td><a href="mailto:gomez1965@epbfi.com">gomez1965@epbfi.com</a></td>
<td>June 2</td>
<td>SPAIN</td>
<td>Mediterranean food, Second Session, I am very friendly!</td>
<td>Travel, knowing a new culture, Seattle, WA</td>
</tr>
<tr>
<td>CANDACE LONG</td>
<td><a href="mailto:wanderlust7@epbfi.com">wanderlust7@epbfi.com</a> 423-902-6556</td>
<td>January 29</td>
<td>USA</td>
<td>Too many to list!, Since September 2006, I am a very outgoing person.</td>
<td>Travel, photography, reading, going to movies, Freedom, Chicago (IL)</td>
</tr>
<tr>
<td>CAROLYN RANDLE</td>
<td><a href="mailto:cv.randle@yahoo.com">cv.randle@yahoo.com</a></td>
<td>September 10</td>
<td>USA</td>
<td>Butter pecan ice cream, 18+ years, I love being an ESL teacher at UTC.</td>
<td>Road trips, There is a variety of scenery, Cities in Alaska</td>
</tr>
<tr>
<td>JILL TYSON</td>
<td><a href="mailto:jill-Tyson@utc.edu">jill-Tyson@utc.edu</a> 423-298-1938</td>
<td>October 18</td>
<td>USA</td>
<td>Second Year, She said yes.</td>
<td>I don’t believe I’ll ever complete it! However, if I have the opportunity, I’d like to learn Russian! Gardening, cooking, reading, writing letters by hand, bicycling, and traveling alone, 1. My family is here  2. The variety of things to do  3. The variety of people you can find Northwestern cities such as Portland and Seattle</td>
</tr>
<tr>
<td><strong>KATHY INGRAM</strong></td>
<td><a href="mailto:Katherine-ingram@utc.edu">Katherine-ingram@utc.edu</a></td>
<td>423-486-5197</td>
<td>October 24</td>
<td></td>
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<tr>
<td>------------------</td>
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<td></td>
<td></td>
</tr>
<tr>
<td>- USA</td>
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<td></td>
</tr>
<tr>
<td>- 1 year</td>
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<tr>
<td>- I enjoy being with my family, music, and crafts.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>KHIAH ASHBY</strong></th>
<th><a href="mailto:khiahashby@gmail.com">khiahashby@gmail.com</a></th>
<th>540-227-0557</th>
<th>August 7</th>
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</thead>
<tbody>
<tr>
<td>- USA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Tex-Mex!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- 2-3 years</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>- I am so unique I cannot be described in one sentence.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Reading, printmaking, watching television, and swimming</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- The diverse cultures and climates all in one country</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- San Francisco, CA</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>NANCY NEFF</strong></th>
<th><a href="mailto:nancyleeneff@comcast.net">nancyleeneff@comcast.net</a></th>
<th>423-266-8633</th>
<th>September 11</th>
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</thead>
<tbody>
<tr>
<td>- USA</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>- Fried Chicken</td>
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<tr>
<td>- 6 years</td>
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<tr>
<td>- I am a talkative, history-loving, political junkie teacher</td>
<td></td>
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<tr>
<td>- I want to keep teaching ESL forever</td>
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<td></td>
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</tr>
<tr>
<td>- Reading, watching movies, traveling, playing with my dog</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- The freedoms and opportunities</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- San Francisco</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th><strong>SUZANNE CARTER</strong></th>
<th><a href="mailto:suzanne-carter@utc.edu">suzanne-carter@utc.edu</a></th>
<th>423-622-7645 / 423-314-4006</th>
<th>October 4</th>
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<tbody>
<tr>
<td>- USA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- All Foods!</td>
<td></td>
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</tr>
<tr>
<td>- 10-12 years</td>
<td></td>
<td></td>
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</tr>
<tr>
<td>- I believe I am fun loving, forthright, and very interested in the arts</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Art, music theater, travel, movies, swimming, hiking</td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>WADE RITTENBERRY</strong></th>
<th><a href="mailto:waderittenberry@yahoo.com">waderittenberry@yahoo.com</a></th>
<th>423-313-6921</th>
<th>November 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>- USA</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Peanut and Banana Sandwich...still!</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- On and off for 8 years</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I tug on Superman’s cape. I spit into the wind. I pull the mask off the ol’ Lone Ranger.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- I will return again, anew, in the fall. Like a phoenix...without all the fire and stuff.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Working on my home and in the yard. I really enjoy baseball also.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- This is where I am most content.</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>- Milwaukee, El Paso, Cheyenne</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>