

Athletic Training



MASTER OF ATHLETIC TRAINING (MAT) MASTER OF SCIENCE, ATHLETIC TRAINING (MSAT)

WHAT IS AN ATHLETIC TRAINER?

- Athletic training encompasses the prevention, examination, diagnosis, treatment and rehabilitation of emergent, acute or chronic injuries and medical conditions.
- Athletic trainers are highly qualified, multi-skilled health care professionals who work as part of a collaborative inter-professional health care team.
- They work with physicians and other health care professionals to
- Provide injury/illness prevention and wellness protection
- Perform clinical evaluation and diagnosis
- Participate in immediate and emergency care, treatment and rehabilitation
- Support organizational and professional health and well-being.
- <https://explorehealthcareers.org/career/sports-medicine/athletic-trainer/>

WHERE DO ATHLETIC TRAINERS WORK?

- Hospital emergency departments
- Intercollegiate athletics
- Law enforcement and military
- Occupational and industrial settings
- Performing arts
- Physician offices
- Professional sports
- Secondary schools

- Sports medicine clinics
- <https://explorehealthcareers.org/career/sports-medicine/athletic-trainer/>

BECOMING AN ATHLETIC TRAINER

- Certified athletic trainers must earn a degree from an accredited athletic training curriculum. Accredited programs include formal instruction in areas such as injury/illness prevention, first aid and emergency care, assessment of injury/illness, human anatomy and physiology, therapeutic modalities, and nutrition. Classroom learning is enhanced through clinical education experiences.
- Athletic training is accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The field is moving to requiring a master's degree, a change to be implemented within the next several years.
- Upon completion of a CAATE-accredited athletic training education program, students become eligible for national certification by successfully completing the Board of Certification, Inc. (BOC) examination. View accredited programs' graduates performance on the exam on the BOC Program Outcomes page.
- To practice as an athletic trainer in most states, the individual must also be credentialed within the state.
- <https://caate.net/public/> <https://www.nata.org/about/athletic-training/education-overview>
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ATHLETIC TRAINING

MS IN ATHLETIC TRAINING ADMISSION REQUIREMENTS (THOMAS JEFFERSON UNIVERSITY)

- Official College Transcripts
- Bachelor's Degree, any major
- 3.0 Cumulative GPA
- Minimum "B" grades in prerequisite courses:
 - Anatomy/Physiology I or Anatomy with lab
 - Anatomy/Physiology II or Physiology with lab
 - Biology with lab
 - Chemistry with lab
 - Physics with lab
 - Psychology
- Letters of recommendation
- Personal essay as stated in ATCAS
- 50 hours of clinical observation

ARTICLES OF INTEREST

- 3 female athletic trainers make history at Super Bowl LIV, Training & Conditioning 2020
- Athletic Trainers Being Redeployed to Frontlines of Coronavirus Pandemic, Cincinnati Local 12 2020
- With Few Athletes to Advise, Maryland Athletic Trainers Pitching in to Help Contain Coronavirus, Baltimore Sun 2020
- Athletic Trainers Still Keeping Close Eye on Athletes, Wetumpka Herald 2020
- Best Cities for Athletic Trainers, ValuePenguin 2019 update
- How I Became an Athletic Trainer: Murphy Grant, USA Today 2018
- Eddie the Eagle Soars Again: Ski Jumper Returns 30 Years After the Olympics, The Guardian 2017
- 5 Unmistakable Qualities of the Best Athletic Trainers, Gebauer's Instant Ice 2017

FOR MORE INFORMATION

- Commission on Accreditation of Athletic Training Education: CAATE.net
- National Athletic Trainers' Association: NATA.org
- Board of Certification for the Athletic Trainer: BoCATC.org
- Athletic Training Centralized Application System (ATCAS): atcas.liasoncas.com
- Athletic Training History: athletictraininghistory.com/
- Athletic Medical Services at Princeton: uhs.princeton.edu/medical-services/athletic-medicine

If you are interested in UTC's Athletic Training programs, please visit utc.edu/at.