## Student Objectives

Connect. Collaborate. Create.

## Health Impediments to Academic Performance

AI-1.1 Reduce the proportion of students who report that their academic performance was adversely affected by stress in the past 12 months.

Baseline: $\quad 27.4$ percent of students reported that stress adversely affected their academic performance in the past 12 months in spring 2010

Target: $\quad 24.7$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 45D5

More Information: Adverse academic performance is defined as: receiving a lower grade on an exam or an important project; receiving a lower grade in a course; receiving an incomplete or dropping a course; or experiencing a significant disruption in thesis, dissertation, research, or practicum work

AI-1.2 Reduce the proportion of students who report that their academic performance was adversely affected by sleep difficulties in the past 12 months.
Baseline: $\quad 20.0$ percent of students reported that sleep difficulties adversely their affected academic performance in the past 12 months in spring 2010

Target: $\quad 18.0$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 45D4
More Information: Adverse academic performance is defined as: receiving a lower grade on an exam or an important project; receiving a lower grade in a course; receiving an incomplete or dropping a course; or experiencing a significant disruption in thesis, dissertation, research, or practicum work

AI-1.3 Reduce the proportion of students who report that their academic performance was adversely affected by anxiety in the past 12 months.
Baseline: $\quad 18.3$ percent of students reported that anxiety adversely affected their academic performance in the past 12 months in spring 2010
Target: $\quad 16.5$ percent

Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 45A3
More Information: Adverse academic performance is defined as: receiving a lower grade on an exam or an important project; receiving a lower grade in a course; receiving an incomplete or dropping a course; or experiencing a significant disruption in thesis, dissertation, research, or practicum work

AI-1.4 Reduce the proportion of students who report that their academic performance was adversely affected by cold/flu/sore throat in the past 12 months.
Baseline: $\quad 18.0$ percent of students reported that cold/flu/sore throat adversely affected academic performance in the past 12 months in spring 2010
Target: $\quad 16.2$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 45A7
More Information: Adverse academic performance is defined as: receiving a lower grade on an exam or an important project; receiving a lower grade in a course; receiving an incomplete or dropping a course; or experiencing a significant disruption in thesis, dissertation, research, or practicum work

AI-1.5 Reduce the proportion of students who report that their academic performance was adversely affected by work in the past 12 months.

Baseline: $\quad 13.7$ percent of students reported that stress adversely affected academic performance in the past 12 months in spring 2010

Target: $\quad 12.3$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 45D6

More Information: Adverse academic performance is defined as: receiving a lower grade on an exam or an important project; receiving a lower grade in a course; receiving an incomplete or dropping a course; or experiencing a significant disruption in thesis, dissertation, research, or practicum work

## Health Communication/Health IT/ECBP

HC HC/HIT-a (Developmental) Increase proportion of students who report that their health care providers have satisfactory communication skills.
Baseline: TBD
Target: TBD
Target-Setting Method: TBD

## Data Source: Potential Data Source: ACHA-Patient Satisfaction Assessment Service (ACHA-PSAS)

ECBP-7.2 Increase the proportion of students who report receiving information on injury prevention from their institution.

Baseline: $\quad 28.8$ percent of students reported in spring 2010 that they had received information on injury prevention from their institution

Target: $\quad 31.7$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2A7

ECBP-7.3 Increase the proportion of students who report receiving information on violence prevention from their institution.

Baseline: $\quad 36.0$ percent of students reported in spring 2010 that they had received information on violence prevention from their institution

Target: $\quad 39.6$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2B9

ECBP-7.4 Increase the proportion of students who report receiving information on suicide prevention from their institution.

Baseline: $\quad 30.1$ percent of students reported in spring 2010 that they had received information on suicide prevention from their institution

Target: $\quad 33.1$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2B7

ECBP-7.5 Increase the proportion of students who report receiving information on tobacco use from their institution.

Baseline: $\quad 35.1$ percent of students reported in spring 2010 that they had received information on tobacco use from their institution

Target: $\quad 38.6$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2B8

ECBP-7.6 Increase the proportion of students who report receiving information on alcohol and other drug use from their institution.

Baseline: 64.8 percent of students reported in spring 2010 that they had received information on alcohol and other drug use from their institution

Target: $\quad 71.3$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2A1

ECBP-7.7 Increase the proportion of students who report receiving information on pregnancy prevention from their institution.

Baseline: $\quad 41.0$ percent of students reported in spring 2010 that they had received information on pregnancy prevention from their institution

Target: $\quad 45.1$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2A10

ECBP-7.8 Increase the proportion of students who report receiving information on sexually transmitted disease/infection (STD/I) prevention from their institution.

Baseline: $\quad 52.2$ percent of students reported in spring 2010 that they had received information on sexually transmitted disease/infection (STD/I) prevention from their institution

Target: $\quad 57.4$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2B4

ECBP-7.9 Increase the proportion of students who report receiving information on nutrition from their institution.

Baseline: $\quad 52.4$ percent of students reported in spring 2010 that they had received information on nutrition from their institution

Target: $\quad 57.6$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2A8

ECBP-7.10 Increase the proportion of students who report receiving information on physical activity from their institution.

Baseline: $\quad 56.9$ percent of students reported in spring 2010 that they had received information on physical activity from their institution

Target: $\quad 62.6$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 2A9

## Injury and Violence Prevention

HC IVP-a Increase the proportion of students who report wearing a helmet always or most of the time when riding a bicycle within the last 12 months.

Baseline: $\quad 34.4$ percent of students reported wearing a helmet always or most of the time when riding a bicycle within the last 12 months in spring 2010

Target: $\quad 37.8$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 4B, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 4
More Information: Students responding "N/A, did not do this activity within the last 12 months" were excluded

IVP-22 Increase the proportion of students who report wearing a helmet always or most of the time when riding a motorcycle within the last 12 months.
Baseline: $\quad 85.8$ percent of students reported wearing a helmet always or most of the time when riding a motorcycle within the last 12 months in spring 2010
Target: $\quad 94.4$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 4C, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 4
More Information: Students responding "N/A, did not do this activity within the last 12 months" were excluded

IVP-33 Reduce the proportion of students who report being physically assaulted within the last 12 months.
Baseline: $\quad 4.7$ percent of students reported being physically assaulted within the last 12 months in spring 2010 (ACHA-NCHA II)
4.0 percent of students reported being physically assaulted within the last 12 months in 2010 (Core)

Target: $\quad 4.2$ percent (ACHA-NCHA II)
3.6 percent (Core)

Target-Setting Method: 10 percent improvement

Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 5B;

Core Alcohol and Drug Survey, Question 25c

IVP-39.3 Reduce the proportion of students who report being in an intimate relationship that was emotionally abusive within the last 12 months.

Baseline: $\quad 10.0$ percent of students reported being in an intimate relationship that was emotionally abusive within the last 12 months in spring 2010
Target: $\quad 9.0$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 6A

IVP-39.1 Reduce the proportion of students who report being in an intimate relationship that was physically abusive within the last 12 months.
Baseline: $\quad 2.5$ percent of students reported being in an intimate relationship that was physically abusive within the last 12 months in spring 2010
Target: $\quad 2.3$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 6B

IVP-39.2 Reduce the proportion of students who report being in an intimate relationship that was sexually abusive within the last 12 months.

Baseline: $\quad 1.6$ percent of students reported being in an intimate relationship that was sexually abusive within the last 12 months in spring 2010

Target: $\quad 1.4$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 6C

HC IVP-b Reduce the proportion of students who report being sexually touched without their consent within the last 12 months.

Baseline: 6.0 percent of students reported being sexually touched without their consent within the last 12 months in spring 2010 (ACHA-NCHA II)
3.9 percent of students reported being sexually touched or fondled without their consent within the last 12 months in 2010 (Core)

Target: $\quad 5.4$ percent (ACHA-NCHA II)
3.5 percent (Core)

Target-Setting Method: 10 percent improvement

Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 5D;
Core Alcohol and Drug Survey, Question 25e

IVP-40 Reduce the proportion of students who report being sexually penetrated without their consent within the last 12 months.

Baseline: $\quad 1.5$ percent of students reported being sexually penetrated without their consent within the last 12 months in spring 2010 (ACHA-NCHA II)
2.6 percent reported being sexually penetrated without their consent within the last 12 months in 2010 (Core)

Target: $\quad 1.4$ percent (ACHA-NCHA II)
2.3 percent (Core)

Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 5F;
Core Alcohol and Drug Survey, Question 25e

HC IVP-c Increase the proportion of students who report feeling very safe "on this campus" at night.
Baseline: $\quad 31.9$ percent reported feeling very safe "on this campus" at night in spring 2010

Target: $\quad 35.1$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 7B

## Mental Health and Mental Disorders

MHMD-2 Reduce the proportion of students who report attempting suicide within the last 12 months.
Baseline: $\quad 1.3$ percent of students attempted suicide within the last 12 months in spring 2010

Target: $\quad 1.2$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 30K

MHMD-3 Reduce the proportion of students who report experiencing an eating disorder/problem within the last 12 months.

Baseline: $\quad 5.3$ percent of students reported experiencing an eating disorder/problem within the last 12 months in spring 2010

Target: $\quad 4.8$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 45B7

MHMD-6a Increase the proportion of students reporting a diagnosis of depression and receiving treatment within the last 12 months.

Baseline: $\quad 83.5$ percent of students reported a diagnosis of depression and received treatment within the last 12 months in spring 2010
Target: $\quad 91.9$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 31A6
More Information: Students responding "No" are excluded
Calculation: Objective Calculation Worksheet [.pdf]

MHMD-6b Increase the proportion of students reporting a diagnosis of anxiety and receiving treatment within the last 12 months.
Baseline: $\quad 78.9$ percent of students reported a diagnosis of anxiety and received treatment within the last 12 months in spring 2010
Target: $\quad 86.8$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 31A2

More Information: Students responding "No" are excluded
Calculation: Objective Calculation Worksheet [.pdf]

## Nutrition and Weight Status

NWS-8 Increase the proportion of students who are at a healthy weight.
Baseline: $\quad 61.6$ percent of students were at a healthy weight in spring 2010
Target: $\quad 67.8$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Questions 49 \& 50, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 13 for calculated BMI
More Information: Healthy weight is defined by a body mass index of 18.5-24.9

NWS-9 Reduce the proportion of students who are obese.
Baseline: $\quad 11.6$ percent of students were obese in spring 2010
Target: $\quad 10.4$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Questions $49 \& 50$, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 13 for calculated BMI
More Information: $\quad$ Obese is defined by a body mass index $(\mathrm{BMI}) \geq 30$

NWS-14/15 Increase the proportion of students who report eating five or more servings of fruits and vegetables per day.
Baseline: $\quad 6.0$ percent of students ate five or more servings of fruits and vegetables per day in spring 2010
Target: $\quad 6.6$ percent
Target-Setting Method: 10 percent improvement
Data source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 28

## Physical Activity and Fitness

PA-2.1 Increase the proportion of students who report meeting current federal guidelines for aerobic physical activity.

Baseline: $\quad 48.7$ percent of students met the current federal guidelines for aerobic physical activity in spring 2010

Target: $\quad 53.5$ percent
Target-Setting Method: 10 percent improvement
Data source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Questions 29A \& 29B, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 12

More Information: Federal guidelines for aerobic physical activity is defined as engaging in aerobic physical activity of at least moderate intensity for at least 30 minutes on five or more days per week or vigorous intensity for at least 20 minutes on three or more days per week
NOTE: For substantial health benefits, adults should do at least 150 minutes ( 2 hours and 30 minutes) a week of moderate-intensity, or 75 minutes ( 1 hour and 15 minutes) a week of vigorous-intensity aerobic physical activity, or an equivalent combination of moderate- and vigorous intensity aerobic activity

PA-2.2 Increase the proportion of students who report meeting current federal guidelines for musclestrengthening activity.
Baseline: $\quad 37.6$ percent of students met federal guidelines for muscle-strengthening activity in spring 2010

Target: $\quad 41.4$ percent
Target-Setting Method: 10 percent improvement
Data source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 29C

More Information: Federal guidelines for muscle-strengthening activity is defined as performing muscle-strengthening activities on two or more days of the week

## Sexually Transmitted Diseases and HIV

STD-1 Reduce the proportion of students who test positive for chlamydia as reported by their university health services in the last 12 months.

| Baseline: | 3.4 percent of students aged 18 years and older tested positive for chlamydia |
| :--- | :--- |
| in 2010 |  |
| Target: | 3.1 percent |

Target-Setting Method: 10 percent improvement
Data Source: American College Health Association Pap Test and STI Survey, Questions $44 \& 45$

STD-4 Increase the proportion of university health services that report routinely screening sexually active women under the age of 26 for chlamydia.
Baseline: $\quad 91.8$ percent of university health services reported routinely screening sexually active women under the age of 26 for chlamydia in 2010
Target: $\quad 100$ percent
Target-Setting Method: 8.9 percent improvement
Data Source: American College Health Association Pap Test and STI Survey, Question 38

HIV-17a Increase the proportion of sexually active students who report using condoms, most of the time or always, for vaginal intercourse in the last 30 days.

Baseline: $\quad 51.0$ percent of sexually active students reported using a condom most of the time or always, for vaginal intercourse in the last 30 days in spring 2010

Target: $\quad 56.1$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 22B, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 11
More information: Students responding "Never did this sexual activity" or "have not done this during the last thirty days" are excluded

HIV-17b Increase the proportion of sexually active students who report using condoms, most of the time or always, for anal intercourse in the last 30 days.

Baseline: $\quad 28.2$ percent of sexually active students reported using a condom most of the time or always, for anal intercourse in the last 30 days in spring 2010

Target: $\quad 31.0$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 22C or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 11
More information: Students responding "Never did this sexual activity" or "have not done this during the last thirty days" are excluded

HIV-14 Increase the proportion of students who report having ever been tested for HIV.
Baseline: $\quad 25.7$ percent of student reported having been tested for HIV in spring 2010
Target: $\quad 28.3$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 39F

## Family Planning

FP-1 Decrease the proportion of female students who report an unintended pregnancy in the last 12 months.

Baseline: $\quad 1.5$ percent of female students reported an unintended pregnancy in the last 12 months in spring 2010

Target: $\quad 1.4$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 25

More information: Students responding "Have not had vaginal intercourse within the last 12 months" ARE included in the analysis.

FP-3 Increase the proportion of college university health services that report offering (dispensing, prescribing, or selling) emergency contraception.

Baseline: $\quad 83.3$ percent of college university health services reported offering (dispensing, prescribing, or selling) emergency contraception in 2010

Target: $\quad 91.6$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association Pap Test and STI Survey, Question 68N

FP-6 Increase the proportion of students or their partner who report using contraception during the last vaginal sexual intercourse.

Baseline: $\quad 56.6$ percent of students or their partners reported using contraception during the last vaginal intercourse in spring 2010

Target: 62.3 percent
Target-Setting Method 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 23A or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 11

## Substance Abuse

SA-13 Reduce the proportion of students who report using marijuana (pot, weed, hashish, hash oil) within the last 30 days.
Baseline: $\quad 17.0$ percent of students reported using marijuana (pot, weed, hashish, hash oil) within the last 30 days in spring 2010 (ACHA-NCHA II)
18.1 percent of students reported using marijuana (pot, weed, hashish, hash oil) within the last 30 days in 2010 (Core)

## Target: $\quad 15.3$ percent (ACHA-NCHA II) <br> 16.3 percent (Core)

Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 8A6;

Core Alcohol and Drug Survey, Question 18

SA-14 Reduce the proportion of students who report engaging in high-risk drinking of alcoholic beverages within the last two weeks.

Baseline: $\quad 35.1$ percent of students reported engaging in high-risk drinking of alcoholic beverages within the last two weeks in spring 2010 (ACHA-NCHA II)
43.9 percent of students reported engaging in high-risk drinking of alcoholic beverages within the last two weeks in 2010.

Target: $\quad 31.6$ percent (ACHA-NCHA II)
39.5 percent (Core)

Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 13;
Core Alcohol and Drug Survey, Question 14
More information: High-risk drinking is defined as five or more drinks in a sitting
Note: The difference in the two data sources is due to the elimination of non-drinkers from the Core Alcohol and Drug Survey data.

SA-19 Reduce the proportion of students who report nonmedical use of prescription drugs within the last 12 months.

Baseline: $\quad 15.3$ percent of students reported nonmedical use of prescription drugs within the last 12 months in spring 2010

Target: $\quad 13.8$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Questions 18A-E, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 8

HC SA-d Reduce the proportion of students who report driving after consuming any alcohol within the last 30 days.
Baseline: $\quad 17.9$ percent of students reported driving after consuming any alcohol within the last 30 days in spring 2010

Target: $\quad 16.1$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 14A, or see ACHA-NCHA Spring 2010 Reference Group Executive Summary, page 7

## Tobacco Use

TU-1a Reduce the proportion of students who report cigarette use within the last 30 days.
Baseline: $\quad 16.0$ percent of students reported cigarette use within the last 30 days in spring 2010

Target: $\quad 14.4$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 8A1

TU-1b Reduce the proportion of students who report smokeless tobacco use within the last 30 days.
Baseline: $\quad 3.9$ percent of students reported smokeless tobacco use within the last 30 days in spring 2010

Target: $\quad 3.5$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 8A4

HC TU-e Reduce the proportion of students who report hookah use within the last 30 days.
Baseline: $\quad 8.2$ percent of students reported hookah use within the last 30 days in spring 2010

Target: $\quad 7.4$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 8A2

## Immunization and Infectious Disease

IID-12 Increase the proportion of students who report receiving influenza vaccine in the last 12 months.
Baseline: In spring 2010, 39.9 percent of students reported having received influenza vaccine in the last 12 months

Target: $\quad 43.9$ percent
Target-Setting Method: 10 percent improvement
Data Source: American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 40C

IID-8a Increase the proportion of students who report receiving hepatitis B vaccine.
Baseline: $\quad 88.6$ percent of 17 year olds were reported having received three or more doses of hepatitis B vaccine in 2010 (NIS-Teen)
73.0 percent of students reported in spring 2010 that they had received hepatitis B vaccine (ACHA-NCHA II)
Target: $\quad 97.5$ percent (NIS-Teen)
80.3 (ACHA-NCHA II)

Target-Setting Method: 10 percent improvement
$\left.\begin{array}{ll}\text { Data Source: } & \text { National Immunization Survey - Teen, } 2010 \text { (CDC); } \\ & \text { American College Health Association-National College Health Assessment } \\ \text { II (ACHA-NCHA II), Question 40A }\end{array}\right\}$

IID-8b Increase the proportion of students who report receiving human papillomavirus/HPV vaccine.
Baseline: $\quad 53.1$ percent of 17 year olds were reported having received one or more doses of human papillomavirus/HPV vaccine in 2010 (NIS-Teen)
33.2 percent of students reported in spring 2010 that they had received human papillomavirus/HPV vaccine (ACHA-NCHA II)
Target: $\quad 58.4$ percent (NIS-Teen)
36.5 percent (ACHA-NCHA II)

Target-Setting Method: 10 percent improvement
Data Source: National Immunization Survey - Teen, 2010 (CDC);

American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 40B

More Information: NIS-Teen uses provider-verified vaccination records and specifies one or more doses of human papillomavirus/HVP vaccine; ACHA-NCHA II is self-report

IID-8c Increase the proportion of students who report receiving measles, mumps, rubella vaccine.

| Baseline: | $88.6 \%$ of 17 year olds were reported having received two or more doses of <br> measles, mumps, rubella vaccine in 2010 (NIS-Teen) |
| :--- | :--- |
|  | 70.9 percent of students reported in spring 2010 that they had received <br> measles, mumps, rubella vaccine (ACHA-NCHA II) |
| Target: | 97.5 percent (NIS-Teen) <br> $\quad 78.0$ percent (ACHA-NCHA II) |

Target-Setting Method: 10 percent improvement
Data Source: $\quad$ National Immunization Survey - Teen, 2010 (CDC);
American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 40D

More Information: NIS-Teen uses provider-verified vaccination records and specifies two or more doses of measles, mumps, rubella vaccine; ACHA-NCHA II is selfreport

IID-8d Increase the proportion of students who report receiving meningococcal vaccine.
Baseline: $\quad 57.1$ percent of 17 year olds were reported having received meningococcal vaccine in 2010 (NIS-Teen)
54.7 percent of students reported in spring 2010 that they received meningococcal vaccine (ACHA-NCHA II)
$\begin{array}{ll}\text { Target: } & 62.8 \text { percent (NIS) } \\ & 60.2 \operatorname{percent}(\mathrm{ACHA}-\mathrm{NCHA} \mathrm{II})\end{array}$
Target-Setting Method: 10 percent improvement
Data Source: National Immunization Survey - Teen, 2010 (CDC);
American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 40E

More Information: NIS-Teen uses provider-verified vaccination records; ACHA-NCHA II is self-report

IID-8e Increase the proportion of students who report receiving varicella (chicken pox) vaccine.
Baseline:
79.1 percent of 17 year olds were reported having received two doses of varicella (chicken pox) vaccine or had the disease in 2010 (NIS-Teen)
43.4 percent of students reported in spring 2010 that they had received varicella (chicken pox) vaccine (ACHA-NCHA II)

## Target: <br> 87.0 percent (NIS-Teen) <br> 47.7 percent (ACHA-NCHA II)

Target-Setting Method: 10 percent improvement
Data Source: National Immunization Survey - Teen, 2010 (CDC);
American College Health Association-National College Health Assessment II (ACHA-NCHA II), Question 40F

More Information: NIS-Teen uses provider-verified vaccination records and specifies two doses of varicella vaccine or the disease; ACHA-NCHA II is self-report about vaccine only.
NOTE: CDC MMWR National and State Vaccination Coverage
Among Adolescents Aged 13 Through 17 Years - United States, Table 1, 2010. August 26, 2011. Available at http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6033a1.htm.

## Data Sources:

American College Health Association. (2010). American College Health Association-National College Health Assessment II: Reference Group Data Report Spring 2010. Linthicum, MD: American College Health Association. Retrieved June 2012, from http://www.acha-ncha.org/reports_ACHA-NCHAII.html.

American College Health Association. (2011). Pap Test and STI Survey for Calendar Year 2010. Hanover, MD: American College Health Association. Retrieved June 2012, from http://www.acha.org/Topics/pap_sti_survey.cfm.

Centers for Disease Control and Prevention (CDC). (2011). National and state vaccination coverage among adolescents aged 13 through 17 years-United States, 2010. Morbidity \& Mortality Weekly Report, 60(33), 1117-1123. Retrieved June 2012, from http://www.cdc.gov/mmwr/preview/mmwrhtml/mm6033a1.htm.

Southern Illinois University Core Institute. (n.d.). Core Alcohol and Drug Survey 2010 Annual Data. Carbondale, IL: Core Institute. Retrieved June 2012, from http://core.siu.edu/results.html.

Southern Illinois University Core Institute. (1994). Core Alcohol and Drug Survey Long Form [Survey Instrument]. Carbondale, IL: Core Institute.

## Adapted from material in the public domain:

U.S. Department of Health and Human Services, Office of Disease Prevention and Health Promotion. (n.d.). Healthy People 2020

Program Planning Tools. Retrieved June 2012, from http://www.healthypeople.gov.

## Suggested Citation:

American College Health Association. (2012, June). Healthy Campus 2020. Retrieved [Date URL was accessed] from http://www.acha.org/HealthyCampus/student-obj.cfm.

1362 Mellon Road, Suite 180
Hanover, MD 21076
(410) 859-1500
healthycampus2020@acha.org
www.acha.org/healthycampus

June 2012

