MAP THE FUTURE **PSYCHOLOGY**

A Guide For Optimizing Your Degree

This career map provides a general blueprint of how to navigate your under-graduate program. The map highlights quality experiences to supplement your coursework and identify academic milestones for years one through four.

Take advantage of the rich resources the university and Chattanooga community have to offer as you prepare for post-college years. During your time here, forge connections, participate in organizations and utilize exploratory learning options to gain real-world experiences outside of the classroom.



ABOUT THE COLLEGE OF ARTS AND SCIENCES

Our mission is to provide an environment for intellectual curiosity and a foundation for life-long learning, thinking, reflection and growth. We do this by: equipping students with transferable skills, encouraging cultural and intellectual diversity and advancing knowledge through research and creative activities.

Small classes, careful advising and personal attention make our commitment work for students majoring in the fine arts, the humanities, the sciences and behavioral sciences, and for students preparing for professional study through a liberal education.

YOUR PSYCHOLOGY DEGREE

Our department is committed to helping students establish a strong foundation in the theoretical, scientific and applied study of psychology. Flexible degree options rooted strongly in the liberal arts allow students to pursue contrasting career paths after graduation: advanced educational opportunities that are crucial for a professional career in psychology or direct work entry.

The curriculum is designed to provide a broad but intensive educational experience transferable to a wide range of career fields. Coursework cultivates high-demand skills—reading, public speaking, writing, computer data analysis, critical thinking, formal scientific thinking and service.

Our dynamic and dedicated faculty are active in wide-ranging research and are committed to promoting the discipline through professional service at local, national and international levels.

utc.edu/psychology

EXPERIENTIAL LEARNING FOR PSYCHOLOGY MAJORS

UTC emphasizes opportunities for meaningful learning experiences, inside and outside of the classroom.

PRACTICUM

All psychology students choose from over 40 organizations in the Chattanooga area to complete practicum requirements and gain valuable experience before graduation.

Some of these options include camps for individuals with autism at the YMCA and the Chattanooga Aquarium. The Chattanooga Zoo's Camp Zooability—a summer camp experience for individuals on the autism spectrum or with physical or intellectual disabilities—is regularly staffed by our students.

RESEARCH

Undergraduate students frequently partner with psychology faculty to perform research in areas including:

Personality Industrial-Organizational Memory Cognition Developmental Social Psychology of Religion Forensic/Psychology of Law Clinical Comparative (Animals)

CAREER POSSIBILITIES

Are you starting college with a specific career in mind? Psychology graduates excel in these fields and more.

Visit University Career Services at utc.edu/careerstudent-employment for a detailed list of career possibilities.

HUMAN SERVICES

Counseling Psychotherapy Applied Behavior Analysis Art Therapy Music Therapy Case Management Mental Health Services Physical Health and Wellness Crisis Work Rehabilitation Services Performance Enhancement Testing/Assessment Law Enforcement Advocacy Programming **Community Relations** Management Development/Fundraising Grant Writing

RESEARCH

Social Research Market Research Data Analysis Testing/Test Development Experimental Psychology Neuroscience Industrial and Organizational Psychology

EDUCATION

Teaching Adult Learning/Community Instruction (GED classes, life skills, parenting, etc.) Information/Library Science Higher Education Administration and Student Support Services

HUMAN RESOURCES

Employment and Recruitment Selection Labor Relations Compensation and Benefits Organizational Development Training

Business AND INDUSTRY

Sales Customer Service Public Relations Marketing Advertising Insurance: Claims Management & Underwriting Product Design Management Real Estate: Sales and Property Management

These options do not represent all of the occupations you might consider with a BS in psychology.

Some of the options listed above, and most careers specific to psychology, require additional education or training beyond the BS degree.



SUCCESS TRACK: PSYCHOLOGY DEGREE: BS IN PSYCHOLOGY

	YEAR 1	YEAR 2	YEAR 3	YEAR 4	PROF. DEVELOP.
EXPLORATION	Get to know major psychological subfields. Explore resources with University Career Services to discover how minors and concentrations complement your goals and interests.	Take an introduction course in your minor. Talk with at least two faculty members about career plans, including graduate school options. Consider Study Abroad.	Begin contacting graduate schools and employers relevant to your career goals. Check out the career resources provided onthe Psychology Department website.	Finalize Graduate School search and plan visits or visit potential employers. Job shadow an employee who is currently in the career role you desire.	Attend an American Psychological Association (APA) conference with a faculty member. Network with online resources such as: careercast.com
ACADEMIC MILESTONES	Complete PSY 1010, 2070 and General Education requirements including math.	Complete PSY 2010, 2040 and an advanced psychology elective in your area of interest. Begin taking 3000-level courses in second semester.	Complete additional Psychology requirements, at least 9 hours of minor or concentration and additional General Education requirements Choose a course from the "Applying Psychology" category.	Complete remaining psychology requirements and 3000-4000-level courses. Apply to graduate. Complete Senior Exit Exam.	APA American Counseling Association Association for Psychological Science Mental Health America National Association of School Psychologists Society for Industrial and Organizational Psychology Society for Personality and Social Psychology APA Division 7-Developmental Psychology American Psychology- Law Society
CONNECTIONS	Contact your advisor at least two times. Introduce yourself to the professional advisor in psychology. Attend office hours with faculty to discuss academic and career goals.	Get involved with a student organization and attend events on campus. Attend individual and/or group advising meetings each semester. Apply for membership in Psi Chi.	Contact faculty about possible research and/ or teaching assistant opportunities. If considering a master's degree at UTC, schedule a meeting with the program coordinator.	Sign up for "Moc Links" through University Career Services to access job opportunities for UTC students and alumni.	
READINESS	Meet with University Career Services. Identify four skills employers want and begin cultivating them now. Attend a part-time job fair in fall or spring.	Discuss internship, practicum and research opportunities with your advisor. Prepare your résumé . Visit UTC psychology website and look at faculty research interests.	Apply for internship opportunities, refine job interview skills, update your résumé and take the GRE. Attend UTC part-time job fairs and a graduate school fair.	Update résumé and prepare a professional LinkedIn profile. Use Next Day Resume Critique and Moc Interview services through University Career Services.	Maximize your career options by considering graduate school at UTC: MS in Psychology: Research MS in Psychology: Industrial-Organizational Psychology
ACHIEVEMENT	Complete 30 credit hours. Have a specific plan for your second year and a rough plan for years three and four. Choose a minor or concentration. Explore MyMocsDegree.	Complete 60 credit hours. Have your third year mapped out and a general plan for year four. Familiarize yourself with American Psychological Association (APA) format for research papers.	Complete 90 credit hours, half of 39 required 3000-4000-level hours. Make sure your graduation requirements will be completed by the end of year four.	Complete 120 credit hours, including 39 hours at the 3000-4000 level. Attend commencement. Join the Alumni Association.	ETS/Graduate Record Exam: Explore its website to learn more about graduate school and your options in preparing for the GRE.