

[Please refer to the Undergraduate Catalog for further program requirements and course descriptions.](#)

<b>First Year – 32-39 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
HHP 0021: <i>Concepts of Wellness</i>	1	HHP Activity Course	1
Writing and Communication	3-4	HHP 1000: <i>Personal Health</i>	3
Quantitative Reasoning	3-4	Writing and Communication	3
Behavioral and Social Science	3	Humanities and Fine Arts	3-4
Humanities and Fine Arts	3-4	Humanities and Fine Arts	3-4
Humanities and Fine Arts	3-4	Individual and Global Citizenship	3-4
	16-20		16-19
<b>Second Year – 32-33 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
EDUC 2010: <i>Education in the US</i>	3	EDUC 2200: <i>Survey of Exceptional Learners</i>	3
HHP 2010: <i>Intro to Teaching Health &amp; PE K-12</i>	3	EDUC 2420: <i>Adolescent Development</i>	3
HHP 2300: <i>Anatomical &amp; Physiological Basis of Movement*</i>	4	HHP 2015: <i>Curriculum &amp; Assessment in Health &amp; PE K-12</i>	3
Natural Science without Lab	3	HHP 2040: <i>Adaptive Recreation</i>	1
Behavioral and Social Science	3	HHP 3020: <i>School Health Program</i>	3
		Quantitative Reasoning	3-4
	16		16-17
<b>Third Year – 33 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
HHP 2090: <i>Teaching Fitness in Health &amp; PE K-12</i>	2	EDUC 3900: <i>Field Experience</i>	1
HHP 2160: <i>Team Sports &amp; Games in Health &amp; PE K-12</i>	2	HHP 1010: <i>First Aid &amp; CPR</i>	1
HHP 3300: <i>Physical Education in Elementary School</i>	3	HHP 2170: <i>Individual Sports &amp; Games in Health &amp; PE K-12</i>	2
HHP 3170: <i>Exercise Physiology</i> or HHP 3640: <i>Sociology of Sport</i>	3	HHP 4040: <i>Motor Learning for Educators &amp; Clinicians</i>	3
HHP 4510: <i>Human Sexuality &amp; Family Impact</i>	3	HHP 3280: <i>Kinesiology of Exercise</i>	3
Natural Science with Lab	4	HHP 3310: <i>Physical Education in Secondary School</i>	3
		HHP 4530: <i>Substance Use &amp; Abuse</i>	3
	17		16
<b>Fourth Year – 24-25 Hours</b>			
<b>Fall Semester:</b>	<b>Hrs</b>	<b>Spring Semester:</b>	<b>Hrs</b>
EDUC 4320: <i>Residency I</i>	6	EDUC 4420: <i>Professional Seminar</i>	2
EDUC 4335: <i>Designing Instruction &amp; Assessment</i>	3	EDUC 4445: <i>Residency II in Visual &amp; Perf. Arts, Health &amp; PE K-12</i>	10
HHP 4420: <i>Senior Seminar in Health &amp; PE K-12</i>	3	Elective	0-1
	12		12-13

\*May be taught as HHP 3000 instead.

<b>Completed:</b>			
<b>Graduation Requirements:</b>	<b>Hrs</b>	<b>Degree Requirements:</b>	<b>Hrs</b>
122 Total Hours		40-48 General Education Hours	
39 Upper Division (3000-4000 Level) Hours		81 Program (Major) Hours	
30 Hours at UTC		Minor ( <i>Not Required</i> )	
45 Hours at 4-year Institution		0-1 Elective Hours	
		Foreign Language ( <i>Not Required</i> )	