# UTC's Total Organizational Health Initiative: Update for Faculty Senate

### August 24, 2023

Dr. Chris Cunningham

Guerry Professor and UC Foundation Professor Industrial-Organizational and Occupational Health Psychology chris-cunningham@utc.edu or x4264 I would recommend UTC as a place to work to a close friend or family member who is seeking employment.

> "True" or "False"? Why?

# I would consider myself to be "positively engaged" in my career with UTC.

"True" or "False"? Why?



# Highlights (?) from recent TOH-relevant staff and faculty surveys (2021 + 2022)

### McLean Data Regarding *Employee Experience* (Staff)

How likely would you be to recommend UT to a qualified friend or family member as a great place to work?

Employee Experience Score = (% of supporters - % detractors) \*benchmark = 11.3

UT system:

- 2021 = 26.3 (35.5% passives)
- 2022 = 26.3 (35.9% passives)

<u>UTC:</u>

- 2021= 10.9 (38.8% passives)
- 2022= -0.3 (36.2% passives)

### College and University Teaching Environment (CUTE) Survey (Faculty)

2021 survey completed by 206 T/TT/NTT faculty members. Respondents roughly evenly split between male and female.

### <u>Strengths</u>

- Work personally meaningful and aligned with their values
- Strong perceived access to various supports to develop high-quality teaching
- Higher levels of belonging, positive relationships, and support for quality teaching with DH and colleagues than across the institution

### **Challenges:**

- ~1 of 3 respondents reported experiencing offensive behavior, discrimination, isolation, or harassment at UTC
- Weaker sense of relationships and belongingness beyond the department
- Work-life balance is a source of stress and factor for faculty considering leaving the institution

# Collaborative on Academic Careers in Higher Education (COACHE) Survey (Faculty)

2022 survey completed by ~ 43% of 532 full-time faculty at UTC. Of these respondents:

T = 53%, TT = 29%, NTT = 18%; 36% were Professor, 33% Assistant Professor, and 31% Associate Professor;

~80% earned current rank between 2011-2020 (79.2%), with 9% after 2021, 6.4% between 2001-2010, and 5.2% before 2000

### **Strengths**

- High quality colleagues
- General satisfaction with UTC overall as a place to work (50-60%; highest for NTT, lowest for T)
  - Higher within department (>70%)
- High % likely would choose to work at UTC again (>60%)

#### **Challenges:**

- Low compensation
- Too much service demand
- Lack of diversity
- Satisfaction within department is not as high for minority faculty (at least in some departments)

### **More from COACHE 2022**

- This survey also provided relatively rich data pertaining to the following factors that can affect faculty health, safety, well-being, and engagement (listed here in rough order of "health"):
  - Nature of work (generally a strength)
  - Shared governance (room for improvement, but strong in some departments)
  - The departmental environment (generally good, but not for all)
  - Tenure and promotion (standards/requirements, procedures)
  - Retention (ok, but could be better)
  - Collaboration and mentorship (more could be useful)
  - Availability of resources and support (some, but not enough)
  - Appreciation and recognition (inconsistent and poorly executed)
  - Leadership (better at DH level; worse at more distal, university level)



### **TOH initiative overview**



### **TOH Initiative Objectives**

- To use evidence-based and best practice methods to gather and translate data regarding employee engagement and well-being into action steps to positively influence the *Total Organizational Health (TOH)* of this institution.
  - Includes <u>all</u> employees (staff, faculty, and administrators)
- To implement and evaluate the effects of such actions within specific areas/units of the institution.

### **UTC's TOH-Staff Task Force**

Representative Area	Representative(s)	Title	
Chair	Chris Cunningham	Guerry Professor and UC Foundation Professor, I-O Psychology	
Academic Affairs	Shewanee Howard-Baptiste	Vice Provost	
	Matt Matthews	Vice Provost	
Finance & Administration	Julie Brown and Nicole Gaines	Director of Employee Relations	
	Anthony McClellan	Executive Director of Facilities Planning & Operations	
	Bob Jackson	Director of Safety & Risk Management	
Enrollment Management &	Jason Harville	Assistant Director of Student Success Programs	
Student Affairs	Abeer Mustafa	Associate Vice Chancellor of Campus Life	
Information Technology	Robbie Reel	Director of Project Management Office	
	Jess Williams	Network Engineer	
<b>Diversity &amp; Engagement</b>	Stacy Lightfoot	Vice Chancellor	
Advancement	Laura Cagle	Director of Stewardship & Donor Events	
<b>Communications &amp;</b>	Steve Rumbaugh	Executive Director of Brand Management & Creative Content	
Marketing			
<b>Research and Graduate</b>	Meredith Perry	Assistant Vice Chancellor for Research	
School	wereulli Felly		
Athletics	Laura Herron	Executive Associate Athletics Director	
Supporting Members	Laure Pou	Assistant Vice Chancellor for Human Resources	
	David Steele	Chief of Staff	
Employee Wellness	Dawn Ford	Employee Wellness Coordinator	

### **UTC's TOH-Faculty Task Force**

Representative Area	Representative(s)		
Faculty Senate	Don Reising (2023-2024 president)		
Faculty Senate	Jack Zibluk (president-elect)		
Academic Affairs/Office of the Provost	Matt Matthews		
Chancellor's Office	David Steele		
College of Arts & Sciences	Amanda Clark		
College of Engineering & Computer Science	Hong Qin		
Graduate School	Ethan Carver		
College of Health, Education and Professional Studies	Chris Smith (or her nominee) and Cathy Scott		
Honors College	Will Kuby		
Human Resources	Laure Pou		
Research and Sponsored Programs	Meredith Perry		
Library	Theresa Liedtka (at least for Fall)		
Rollins College of Business	Mike Owens (or his nominee)		
NTT Faculty	Sarah Farnsley and Tiffany Mitchell		
Council of Department Heads	Michelle Deardorff		
Diversity & Engagement	Rosite Delgado		

# What is Total Organizational Health?



- Worker health = health, safety, and wellbeing (WHSWB) of individuals and groups
  - Physical, psychological, social
  - Not limited to work-domain experiences

Expands our focus and impact beyond employee engagement to the broader quality of worklife and a more impactful *Total Worker Health*® framework

- Organizational health = resilience and adaptability of the organization
  - Low dysfunctional turnover (adequate functional turnover)
  - Generally positive employee attitudes (satisfaction, commitment, employee experience)
  - Higher levels of perceived support, trust, and fairness
  - Consistent motivation, engagement, and performance
  - "Ownership mentality" and identification with one's work
  - Knowledge of how one's own efforts contribute to the mission of the organization

# A Pathway to becoming an *Employer of Choice*

#### Five Essentials for Workplace Mental Health & Well-Being

Centered on the worker voice and equity, these five Essentials support workplaces as engines of well-being. Each Essential is grounded in two human needs, shared across industries and roles.



#### Components

Creating a plan with all workers to enact these components can help reimagine workplaces as engines of well-being.

#### **Protection from Harm**

- Prioritize workplace physical and psychological safety
- Enable adequate rest
- Normalize and support mental health
- Operationalize DEIA\* norms, policies, and programs

#### **Connection & Community**

- Create cultures of inclusion and belonging
- Cultivate trusted relationships
- Foster collaboration and teamwork

#### Work-Life Harmony

- Provide more autonomy over how work is done
- Make schedules as flexible and predictable as possible
- Increase access to paid leave
- Respect boundaries between work and non-work time

#### **Mattering at Work**

- Provide a living wage
- Engage workers in workplace decisions
- Build a culture of gratitude and recognition
- Connect individual work with organizational mission

#### **Opportunity for Growth**

- Offer quality training, education, and mentoring
- Foster clear, equitable pathways for career advancement
- Ensure relevant, reciprocal feedback

\*Diversity, Equity, Inclusion & Accessibility



https://tinyurl.com/USSGworkerwellbeing (USSG, 2022)

# **TOH Factor: Protection from Harm**

Safety

Security

 Protecting all workers from physical and non-physical harm, including injury, illness, discrimination, bullying, and harassment

• Ensuring all workers feel secure financially and in their job future

### Key Components

- Prioritize workplace physical and psychological safety
- Enable adequate rest
- Normalize and support mental health
- Operationalize DEIA norms, policies, and programs

# **TOH Factor: Connection + Community**

• Having the networks and relationships that can offer physical and psychological help, and can mitigate feelings of loneliness and isolation

 feeling of being an accepted member of a group

### **Key Components**

- Create cultures of inclusion and belonging
- Cultivate trusted
  relationships
- Foster collaboration and teamwork

Belonging

Social

support

# **TOH Factor: Work-Life Harmony**

Autonomy

Flexibility

• Control a worker has over when, where, and how they do their work

• Ability of workers to work when and where is best for them

### **Key Components**

- Provide more autonomy over how work is done
- Make schedules as flexible and predictable as possible
- Increase access to paid leave
- Respect boundaries between work and non-work time

# **TOH Factor: Mattering at Work**

Dignity

Meaning

Sense of being respected and valued

 Sense of broader purpose and significance of one's work

### **Key Components**

- Provide a living wage
- Engage workers in workplace decisions
- Build a culture of gratitude and recognition
- Connect individual work with organizational mission

# **TOH Factor: Opportunity for Growth**



### **A Total Organizational Health Approach**

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 Building and sustaining Total Organizational Health requires a multilevel, total organization approach: The IGLOO Model

- Individual strategies
- Group strategies
- Leadership strategies
- Organizational strategies
- Overarching context strategies



## Summary of efforts and progress to-date

### **Example TOH-Relevant Actions (Spring/Summer 2023)**

Protection from harm	Connection + community	Work-life harmony	Mattering at work	Opportunity for growth
Building safety trainings Personal alarm distribution	Increased frequency and variety of social events within areas Unit/area retreats	Summer flex scheduling for staff	Multiple staff and faculty appreciation events	Self- and group- reflection activities to understand strengths
Updated emergency response guide Increased effort toward transparency regarding budget	New faculty welcome event	Offering occasional WFH (when possible)	Team retreat focusing on shared values	Guest speakers on TOH-related topics

### **Current and Next Steps**

### TOH-Staff

- Staff task force completes regular meetings (August 2023)
- Several infrastructure and process-oriented changes underway
- Intervention facilitation "guides" being finalized for use in specific areas
- Intervention roll-outs (continue Fall 2023 and beyond)

### **TOH-Faculty**

- Steering committee finishes work (Summer into Fall 2023)
- Faculty task force begins its work (late August 2023)

### **Robust TOH-Focused Evaluation**

- As outlined in a recent email from the Chancellor, recurring annual surveys from the system + semi-annual (2x per year) progress check surveys:
  - July 18 Aug 1: Great Places to Work survey (random sample of all)
  - September 15 October 1: McLean survey (all staff employees)
  - November 6 15: UTC TOH progress check (all employees)
  - Late February 2023: COACHE survey (all faculty employees)
  - April 8 17: UTC TOH progress check (all employees)

Please respond and encourage your colleagues to respond; This is one of the best opportunities to share your perspectives.



### **Questions/Feedback?**

Please contact me if you would like help discussing and addressing TOH with your departments: <u>chris-cunningham@utc.edu</u>

> or x4264