## Faculty Well-Being and Work-Life Balance

Ad Hoc Work Group Recommendations

## Membership

- Appointed by President Jennifer Boyd in January 2023
- Dawn Ford, Chair (HHP, CHEPS)
- Participating Members:
  - Hope Klug (BGE, CAS)
  - Carolyn Runyon (Special Collections, Library)
  - Dominik Heinrici (English, CAS)

## **Process**

- Charge: Develop recommendations to improve faculty well-being and work-life balance to be addressed by administration.
- Meetings January-April 2023
- Reviewed best practice materials and policies/activities at other institutions.
- Reviewed discussion board posts in Full Faculty canvas site, Faculty Well-Being Discussion Board.
- Solicited feedback from other groups.
  - Example: Commission on the Status of Women

## Results

- Recommendation list encompasses 4 themes:
  - 1. Communication and Recognition
  - 2. Work Life
  - 3. Hiring, Evaluation, Promotion, Tenure, and Retention
  - 4. Child Care, Sick Leave, and Parental Leave
- We have attempted to identify the appropriate office to take the lead in addressing each recommendation.

## Results

- We acknowledge -
  - Some recommendations also apply to staff and students.
  - Some recommendations are in the process of being addressed.
  - We may not be aware of some policies, programs, and procedures that may help address some of these recommendations.

# Theme: Improve Communication and Recognition (2 categories)

#### 1. Improve Campus Communications to Faculty (Provost Office)

Communicate to the faculty more frequently and more positively.

### 2. Improve Faculty Recognition (Provost Office)

- Acknowledge and reward faculty for their achievements regularly.
- Organize the annual Faculty Awards ceremony.
   Modify the UC Foundation Professorship nomination process to allow for non-department head nominations. A more inclusive process would allow for a greater number of faculty to be considered for this award.

## Theme: Improve Work Life (6 categories)

#### 1. Encourage Work-Life Balance

• Schedule non-emergency emails to be sent during regular work hours, 8 am-5 pm, Monday-Friday (all administrators, Marketing and Communications)

#### 2. Address Faculty Workload Concerns

- Analyze service loads by race and ethnicity, gender, age, and status and address any inequities that are identified (Provost Office).
- Amend the Faculty Handbook to value university service work more heavily for tenure and promotion because of high service loads (Faculty Senate).
- Analyze faculty personnel needs to manage increasing workloads through a peer institution review process (AA administrators).

## Theme: Improve Work Life (6 categories)

### 3. Address Summer Work of 9-Month Faculty (AA administrators)

- Refrain from requiring 9-month faculty to complete work outside their 9-month contracts.
- For work that needs to be completed over the summer by 9-month faculty, employ an equitable compensation plan.
- Allow and encourage 9-month faculty to use "out of office" messages during the summer.

## 4. Improve Flexible Work Options (Provost Office, Human Resources)

- Allow and encourage supervisors to allow work from home and flexible schedules when appropriate.
- Evaluate the options to adopt a 35-hour work week and/or compressed work week.
- Encourage virtual options for meetings for time efficiency and flexibility.
- Minimize frequency of departmental and committee meetings, spending meeting time addressing the most critical and time-sensitive needs.

## Theme: Improve Work Life (6 categories)

#### 5. Clarify and Adjust Academic Calendar and Breaks

- Clearly define breaks and holidays for all faculty and communicate these definitions (Provost Office).
  - Adjust the academic calendar so that winter break is longer, aligning with those of peer institutions (Registrar).
- Modify the grade appeal process so that faculty are not required to respond to emails over official breaks (Registrar).

#### 6. Address Summer School Teaching Salaries

 Re-vamp the summer course funding model to allow for more faculty teaching in summer (Provost Office)

## Theme: Hiring, Evaluation, Promotion, and Retention Practices (4 categories)

### 1. Ensure Equitable Hiring Practices of Administrators (Human Resources)

- Ensure that administrative positions posted internally are emailed to campus and are posted for at least 30 days (this is more than the policy minimum of 10 days).
- Ensure that people of all race/ethnicities, ages, and genders are considered for administrative positions.

#### 2. Ensure Fair Evaluation Practices of Teaching

- Develop a process for faculty to request that abusive or unprofessional course learning evaluation comments be removed from their evaluation report (OPEIR).
- Employ fairer student evaluations, especially for women and BIPOC faculty (Faculty Senate).

## Theme: Hiring, Evaluation, Promotion, and Retention Practices (4 categories)

### 3. Improve Tenure and Promotion Practices (Provost Office)

- Review and publish anonymized tenure and promotion appeal data, results of FARC recommendations, and 3rd year reviews of tenure-track faculty.
- Remove collegiality as a consideration for tenure and promotion from departmental bylaws,
  as collegiality can be weaponized against faculty and there is no standard definition or means
  of measurement.

#### 4. Address Hostile Work Environments

- Require supervisory faculty (department heads and deans) to report all code of conduct complaints and mental health concerns to Human Resources for follow-up (Provost Office, HR).
- Intervene promptly when bad behavior such as bullying is reported (All administrators).
- Create a safe environment for all faculty to speak up about concerns, no matter their status (All administrators).

## Theme: Childcare, Parental Leave, and Sick Leave (2 categories)

## 1. Develop and Implement Leave Options for Faculty (HR)

- Make 12-week parental leave standard for all employee.
- Implement a sick leave policy for 9-month employees (see MU-Ohio for example).
- Evaluate an option of an unpaid leave of absence policy for faculty to take care of family emergencies (see IUPUI for example).
- Consider a "wellness" leave policy (see Murray State for example).

## 2. Develop and Implement Childcare Options (HR)

- Create a 3-year plan to work towards offering guaranteed, low-cost quality childcare on campus for faculty and students at all times there are class sessions held.
- Offer extended hours at UTC Children's Center for faculty and students to manage evening classes.

## What's Next?

- Incorporated any input from FS meeting.
  - Support voiced for the recommendations
- Present these recommendations to administration.
- Share with Total Organizational Health group
- Follow-up next year on development, adoption, and implementation of plans, policies, and procedures for these recommendations to improve faculty well-being and work-life balance.