

Ladies Football Clinic

Dear Ladies,

We are excited to announce the 1st Annual Ladies Football Clinic. The Chattanooga Football staff is looking forward to giving you an inside look at Mocs Football. The clinic will offer the women the opportunity to learn the basic elements of football which will include offense, defense, special teams, equipment, officiating, strength and conditioning, and much more. There will be an open forum so any questions you may have about any topic will be answered by our staff.

The registration fee will include the lectures, lunch, t-shirt, lots of door prizes and tours of our athletic facilities.

We look forward to seeing you on August 6th for a day of fun with our coaches and players. Remember, the clinic is for LADIES ONLY.

Sincerely,

Rodney Allison
Head Football Coach



LADIES CLINIC SCHEDULE UTC UNIVERSITY CENTER

- 8:30 am Registration
- 9:30 am Highlight Tape
- 9:45 am Welcome
- 10:00 am Coach Allison
- 10:10 am Jason Simpson—Offense
- 10:40 am Break
- 10:50 am Football Officiating
- 11:05 am Jeff Nixon—Special Teams
- 11:30 am Equipment Demonstration
- Noon Lunch
- 1:00 pm Player Question & Answer
- 1:15 pm Scott Brincks—
Strength & Conditioning
- 1:35 pm Billy Taylor—Defense
- 2:05 pm Break
- 2:20 pm Kim Reese—Academic Counselor
- 2:35 pm Coaches Wives—
Questions & Answer
- 2:45 pm Closing Remarks
- 3:00 pm Tour of Facilities

Special thanks to Aramark for providing lunch

APPLICATION FORM

\$20.00 per person

Please sign up now! Pre-registration is encouraged, but walk-ups are welcome!

Name _____

Address _____

Phone _____

T-Shirt Size (circle one) S M L XL Amount Enclosed _____

Make Checks Payable to Rodney Allison's Ladies Football Clinic.

For more information or additional applications,

Please Call: (423) 425-4494

Rodney Allison's Ladies Football Clinic

Dept 3503

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