



AMERICAN AEROBICS ASSOCIATION INTERNATIONAL /
INTERNATIONAL SPORTS MEDICINE ASSOCIATION



PRIMARY AEROBIC / GROUP FITNESS INSTRUCTOR CERTIFICATION

With Jennifer Miller, AAAI/ISMA Certification Specialist

**The University of Tennessee - Chattanooga
Chattanooga, TN**

Saturday March 5, 2016

8:45 a.m. – 5:30 p.m.

\$99*

**8
AFAA
CECS!**

The AAAI/ISMA Primary Aerobic / Group Fitness Instructor Certification is for anyone interested in becoming a group fitness instructor or improving their teaching skills. Lecture will focus on anatomy, physiology, class format, and exercise safety. Workshop time will focus on creating options for cardiovascular conditioning, strength training and core conditioning.

****Price for early registration. Early registrations must be postmarked by Feb 19.***

AAAI/ISMA Certifications require the student to order materials and study in advance. Please e-mail Jennifer Miller at fitnessmiller@yahoo.com for a copy of the study guide.

Your certification will be comprised of a lecture based on the study materials and a practical application workshop to reinforce teaching/training skills. At the end of your certification, you will complete a written and practical exam to demonstrate skills and knowledge. You may attend any certification lecture (no exam!) for continuing education and receive 8 CECS to renew your existing AAAI/ISMA certification. If you have any questions regarding certifications, contact AAAI/ISMA Southeast Representative Jennifer Miller at (540)557-7075 or fitnessmiller@yahoo.com or visit AAAI/ISMA online at www.aaai-ismafitness.com.

Registration form on the back of this flyer.

For directions, go to utc.edu/campus-recreation

Registration Form
AAAI/ISMA Primary Aerobic Instructor Certification
The University of TN - Chattanooga
Saturday March 5, 2016

Name: _____

Address: _____

E-Mail: _____

Phone #: _____

LOCATION: The University of TN (Chattanooga)
 Aquatic and Rec Center
 601 E 5th St.
 Chattanooga, TN 37403

DIRECTIONS: utc.edu/campus-recreation

→Please send registration form and fee (\$99) for certification
to: AAAI/ISMA
 Box 663
 New Hope, PA 18938
 (609)397-2139

Or, fax registration to AAAI/ISMA: (609)397-7683

MAKE CHECKS PAYABLE TO AAAI/ISMA

Or, pay by credit card: _____ Visa _____ Master Card

Credit Card #: _____

Expiration Date: _____

Signature: _____

NO REFUNDS: If you are unable to attend the certification
you register for, you will be given partial credit toward
another certification. There is a \$20 rescheduling fee.