

Fitness Staff Job Descriptions

Fitness Attendant:

The Fitness Attendant assists with the daily functions of the Fitness Floor in the Aquatics and Recreation Center and provide quality service to all patrons. The attendant is responsible for ensuring the cleanliness, safety, and proper function of the Fitness Floor.

Fitness Staff Manager:

The Fitness Staff Manager leads and oversees the daily functions of the Fitness Floor in the Aquatics and Recreation Center while providing quality service to all patrons. The Manager is also responsible for ensuring that the staff perform to the best of their ability.

PT Manager:

Oversees the daily operations of the program. While handling client distribution, facility management/scheduling, creating and implementing new programs, marketing and advertising, along with assisting in running educational and professional development opportunities for all personal trainers on staff.

Personal Trainer:

Nationally certified trainer that creates health and wellness plans for individual clients. Perform fitness testing such as BMI, body fat, and general fitness assessments to better help individuals start and/or continue a path to optimal general health.