

Resident father-child involvement: Associations with young children's social development and kindergarten readiness in the ECLS-B

Darrell Meece, UT-Chattanooga,
Jacquelyn Mize, Dilbur D. Arsiwalla, Eugenia L. Parrett, Auburn University



Introduction

Fathers spend a higher proportion of their time interacting with young children engaged in play (Parke & Buriel, 2006) than do mothers. Moreover, the quality of play between fathers and young children differs from that between mothers and young children (Mize, Mize, & Pettit, 1997). Because the quantity and quality of interaction between fathers and young children differs from that between mothers and young children, father-child interaction may play a unique role in children's development. The current investigation examined continuity from 9-months to 4-years of age in father-child interaction in instrumental child care activities, as well as enrichment and play activities, and data collected from residential fathers in the Early Childhood Longitudinal Study, Cohort (ECLS-B). Additionally, social and pre-academic outcomes at age four were examined as potential correlates of father-child interaction. Because these associations may interact differently for boys and girls, associations were examined separately for each sex.

Sample

ECLS-B is a longitudinal study of a nationally representative sample of 14,000 children. Data were collected when the children were approximately 9-months, 2-years, and 4-years. The current study uses data only from cases that included a residential father at 9-months, resulting in 8,453 children (4112 girls, 4341 boys) representing diverse backgrounds (49.1% white, non-Hispanic; 8.2% African American, non-Hispanic; 19.6% Hispanic; 12.1% Asian, non-Hispanic; 3% Native American, Alaskan, or Native Hawaiian or other Pacific Islander; 7.9% more than one race). Biological fathers comprised the vast majority (8,304 or 98.2%) of the residential fathers at 9-months (others included 16 adopted fathers, 26 stepfathers, 6 foster fathers, 75 biological fathers' partners; and 26 father figures); the fathers ranged in age from 15 to 75 years ($M = 32.1$). At the 2-year follow-up, data were collected from the residential fathers of 8,311 children (3783 girls; 48.8% white, non-Hispanic). At the 4-year follow-up, data were collected from residential fathers of 7,070 children (3,456 girls; 48.3% white, non-Hispanic). Of this group, 4,571 of the children (2,191 girls; 51.3% white, non-Hispanic) had sufficient data for preschool caregiver measures.

Measures

Fathers' reports were used to compute father involvement in *instrumental* activities (e.g., feeding, diapering) at 9-months (11 items, $\alpha = .86$), 2-years (10 items, $\alpha = .83$), and 4-years (5 items, $\alpha = .83$) and *enrichment / play* activities (e.g., read books, play with blocks, play chase) at 9-months (8 items, $\alpha = .62$), 2-years (12 items, $\alpha = .78$) and 4-years (5 items, $\alpha = .67$).

Teacher assessments using the Bayley Short Form- Research Edition (BSF-R) were used to assess children's *mental ability* and *motor ability* at 9-months and 2-years.

Preschool teachers provided measures of children's *peer competence* (e.g., accepted by other children, makes friends easily; 6 items, $\alpha = .81$) and pre-academic *kindergarten readiness* skills (e.g., knows colors, alphabet; 8 items, $\alpha = .84$).

Results

Table 1
Continuity in residential father-reported involvement with child in play / enrichment activities and instrumental caregiving activities from 9-months to 4-years for boys and girls.

	9-month Play	9-month Instrumental	2-year Play	2-year Instrumental	4-year Play	4-year Instrumental
BOYS						
9-month Play	1.0					
9-month Instrumental	.50**	1.0				
2-year Play	.51**	.33**	1.0			
2-year Instrumental	.33**	.55**	.56**	1.0		
4-year Play	.38**	.28**	.47**	.30**	1.0	
4-year Instrumental	.27**	.43**	.31**	.44**	.52**	1.0
GIRLS						
9-month Play	1.0					
9-month Instrumental	.47**	1.0				
2-year Play	.50**	.38**	1.0			
2-year Instrumental	.31**	.58**	.59**	1.0		
4-year Play	.36**	.25**	.31**	.47**	1.0	
4-year Instrumental	.22**	.38**	.47**	.33**	.52**	1.0

Notes: * = $p < .05$, ** = $p < .01$.

Results indicate considerable stability in father involvement in both instrumental and enrichment/play activities with both boys and girls from 9-months to 2-years to 4-years (see Table 1).

Table 2 presents associations between father-child interaction and child outcomes. For boys, father enrichment/play at 9-months was significantly associated with both mental and motor skills at 9-months and 2-years. Boys' kindergarten readiness was associated with fathers' participation in instrumental activities at 9-months, 2-years, and 4-years. Preschool teacher ratings of boys' peer competence were significantly associated with father play/enrichment at 9-months, 2-years, and 4-years. For girls, 9-month father play/enrichment was associated with 9-month motor and mental skills, and 2-year father play/enrichment was associated with 2-year motor and mental skills.

Follow-up regression analysis was conducted to examine the input of cumulative vs. concurrent levels of father-child play in predicting boys' peer competence (see Table 3). Results suggest that concurrent levels of play are more important predictors of boys' peer competence than cumulative.

Table 2
Associations between residential father-reported involvement with child and measures of children's outcomes.

	9-month Play ¹	9-month Instrument ¹	2-year Play ²	2-year Instrument ²	4-year Play ³	4-year Instrument ³
BOYS						
9-month Motor	.05**	.04*				
9-month Mental	.05**	.03				
2-year Motor	.04*	.00	.06**	.04*		
2-year Mental	.04*	.01	.05**	.05*		
Peer Competence	.09**	.05*	.09**	.04	.08**	.00
Kindergarten Readiness	-.01	.07**	.04	.07**	.02	.00
GIRLS						
9-month Motor	.07**	-.01				
9-month Mental	.08**	.01				
2-year Motor	.03	-.03	.05*	.01		
2-year Mental	.03	-.04*	.04*	.01		
Peer Competence	.04	.02	.04	.01	.04	.00
Kindergarten Readiness	-.01	-.02	.03	.01	-.01	.00

Notes: 1 includes all cases in which a residential father reported at 9-months; 2 includes cases in which the same residential father reported at 9-months and 2-years; 3 includes cases in which the same residential father reported at 9-months, 2-years and 4-years; * = $p < .05$, ** = $p < .01$.

Table 3
Regression predicting boy's four-year-old peer competence from father-child play at 9-months, 2-years, and 4-years.

Variables Entered	R ²	β	p
9-month play		.04	.18
2-year play		.03	.39
4-year play	.02*	.09	.01