

Curriculum Vita

Zibin Guo

**UC Foundation Professor of Anthropology
Department of Sociology, Anthropology and Geography
University of Tennessee Chattanooga**

AREAS OF SPECIALIZATION AND RESEARCH FOCUS

1) Applied Medical Anthropology:

- *Health, Rehab and Disabilities
- * Traditional Chinese Medicine and Healing Culture
- * Mind, Body and Emotion
- *Wellness behaviors at Workplace
- *Aging and Health

2) Social Behavioral Research Methodology

3) Asian American Studies

PROFESSIONAL APPOINTMENTS

2007-2009: Department Head, Department of Sociology, Anthropology, & Geography.
University of Tennessee Chattanooga.

2007-present: Professor - Department of Sociology, Anthropology, & Geography.
University of Tennessee Chattanooga.

2002-2007: Associate Professor - Department of Sociology, Anthropology, &
Geography, University of Tennessee Chattanooga.

1998- 2002: Assistant Professor - Department of Sociology, Anthropology, &
Geography, University of Tennessee Chattanooga.

1997 - 1998: Lecturer - Department of Social Medicine, Harvard Medical School.

1998 – 2000: Faculty – New England School of Acupuncture.

1995: Director of Clinical Studies - New England School of Acupuncture

1994 – 1995: Adjunct Faculty - Department of Community Health, University of
Connecticut Medical School.

CONCURRENT PROFESSORSHIP

2004 – Present: Nanjing University, PRC.

2005 – Present: Su Zhou University, PRC.

EDUCATION

- 1995-1997 Post-Doctor: Department of Social Medicine, Harvard Medical School.
1994 Ph.D.: Anthropology - University of Connecticut.
1988 MA: Education - University of Connecticut.
1982 BA: Education - Nanjing University, the People's Republic of China.

ADDITIONAL CERTIFICATION AND TRAINING

- 2005 (summer): National Science Foundation Qualitative Research Method Training Camp at Duke University.
2001-2003: Certificate of Training in Chinese Medicine - the Training Center of the Chinese Academy of Traditional Chinese Medicine
2002: Certificate of Internship in Chinese Medicine Theories and Diagnosis – the Training Center of the Chinese Academy of Traditional Chinese Medicine
2001 (summer): Certificate of Training in Chinese Cultural Studies – Beijing University, China.
1996: Fellow – National Institute on Aging Summer Research Institute.
1991-93: Fellow - Geriatric Research Certification Program, Travelers Center on Aging/University of Connecticut.

PUBLICATIONS

Books

- 2000 Guo, Zibin. Ginseng and Aspirin: Health Care Alternatives of Aging Chinese in New York City. New York: Cornell University Press.

Articles & Book Chapters

- 2010 Guo, Z. “A Short Survey of the Development of Traditional Chinese Medicine in China”, *Journal of Education about Asia*, 15(2): 46-49.
2010 Guo, Z.; and Yuyang Zang. “Dancing in the Chair: Wheelchair Taijiquan for People with Ambulatory Impairment”, *International Journal of Disability, Community & Rehabilitation*, 9(1). www.ijdcr.ca/VOL09_01/index.shtml
2009 Guo, Z. “Seated Tai Chi Chuan for Ambulatory Difficulty”, *Acupuncture Today*, 10 (10), Pp1 & 37.
2002 Guo, Zibin Renegotiating the Illness *In* Lin Zhan (ed.) Asian Americans. Pp. 215-217. Jones & Bartlett Publications.
2002 Guo, Zibin. Nanjing, China *In* Melvin and Carol Ember (ed.) Encyclopedia of

Urban Cultures. Volume 3, Pp. 296-304. Grolier Publishing Company.

- 2000 Guo Z, Levy B, Hinton WL, Weitzman PF, Levkoff SE. Recruiting Dementia-Affected Chinese American Elders and their Caregivers. In Levkoff SE, Prohaska TR, Weitzman PF, Ory MG (eds) Recruiting and Retention in Minority Populations: Lessons Learned in Conducting Research on Health Promotion and Minority Aging. Pp.103-112; Springer Publishing Company; New York.
- 2000 Guo, Z., Levy, B., Hinton, L., & Levkoff, S. The Power of labels: Recruiting Chinese American caregivers of dementia. *Journal of Aging and Mental Health*, 6 (1): 103-112.
- 2000 Hinton WL, Zibin G, Hillygus J, Levkoff S. Working With Culture: A Qualitative Analysis of Barriers to the Recruitment of Chinese-American Family Caregivers for Dementia Research. *Journal of Cross-Cultural Gerontology* 15(2): 119-137.
- 1998 Guo, Z. The Dilemma in Searching for Health Care - Chinese American Elderly in a Developing Multi-Cultural Urban Community. In Lin Zhan (ed) Asian Voice: Asian and Asian American Health Educators Speak Out. Pp. 117-145. Jones & Bartlett Publications.
- 1997 Levkoff S, Hinton WL, Simmons J, Lam M, Guo Z, Kleinman A. et al. "A qualitative analysis of dementia explanatory models across four ethnic groups. n K Iqbal, B Winbald, T. Nishimura, M Takeda, HM Wisniewski (ed), Alzheimer's Disease: Biology Diagnosis, and Therapeutics. Pp. 799-804. John Wiley & Sons Ltd.
- 1983 Guo, Z, "The Principles of Encountering", *Journal of Sport Science*, Shanghai Sport, Exercise and Science College Publications, November, 1983.

Online Medical Journals

- 2009 Guo, Z. and Yuyang Zhang "Dancing in a Chair – Promoting Wheelchair Tai Chi Chuan in China. *Advance for Occupational Therapy Practitioners*.
<https://occupational-therapy.advanceweb.com/Article/Dancing-in-the-Chair.aspx>

Book Reviews

- 2002 Guo, Zibin The Transmission of Chinese medicine (Book Review), by Elisabeth Hsu, Cambridge University Press 1999. *Medical Anthropology Quarterly*, 16(2): 250-252.

Research Reports

- 1993 Guo, Z. 1993 Sources of Bias in Health Status Statistics among Chinese American Elderly in Flushing, New York. National Center for Health Statistics Research Report. Washington. D.C.
<http://www.cdc.gov/NCHS/about/grants/projects/progdir/poncesub.htm>.

FUNDED PROJECTS, GRANTS AND CONSULTANCIES

- 2008 **2008 Beijing Olympics/Paralympics Committee** “Bring Wheelchair Taijiquan to 2008 Beijing Olympics/Paralympics” (\$50,000)
- 2008 **UC Foundation Faculty Summer Research Grant:** “Rising From Stillness – A Pilot Study of the Effects of Sitting Taijiquan on People with Severe Physical Disabilities” (\$5,000)
- 2008 **UC Foundation Faculty Research Grant:** “An Ethnography Research on the Benefits of wheelchair Tai Ji program on People with Severe Physical Disabilities in China” (\$1,500)
- 2007 **2008 Beijing Olympics/Paralympics Committee/UTC** “Wheelchair Taijiquan at Beijing Olympics Cultural Festival” (\$40,000)
- 2006 **2008 Beijing Olympics/Paralympics Committee/UTC** “Conducting First National Wheelchair Taijiquan Instructor’s Training Workshop in Beijing China” (\$15,000)
- 2006 **Provost Student/Faculty Research Grant:** “The Influence of Confucianism on the Family Roles of Contemporary Chinese Women.” (\$1,000)
- 2006 **Provost Student/Faculty Research Grant:** “Accessibility of Christian digital media and the indigenization of Christianity in China.” (\$1,000)
- 2005 **Lewis and Clark Fund for Exploration and Field Research/American Philosophical Society.** Fieldwork “Asians in American West” (\$4000)
- 2004 **UTC Speaker and Event grant** \$350
- 2003 **UC Lupton Faculty Professional Participation Grant** Attending Invited Lecture at Nanjing University, the People’s Republic of China (\$1,000).
- 2001 **UC Foundation Faculty Research Grant** – University of Tennessee at Chattanooga. Project title: The Measurement of Job Satisfaction and Commitment within an Organizational Context (\$3,000).
- 1999 **Faculty Summer Research Grant** - University of Tennessee at Chattanooga Project title: The Dynamics of Home Remedy: An In-depth and Cross-Culture Analysis of Home Remedy Usage among Two Elderly Populations (\$5,000).
- 1998 **Co-investigator** - Chattanooga Community Research Institute. Project title: Assessing the Effectiveness of Public Advisement on Teens Sexual Behavior (\$500).
- 1997-98 **Research Consultant** – Women's Research Center, Wellesley College, MA Project title: Cultural Competence Training for Community Health Care Providers (\$1,200).
- 1995- 1997 **NIA Postdoctoral Research Grant** – National Institute on Aging.

- Project title: Training and Practicing in Research Methodology at Harvard Medical School (\$80,000).
- 1994 **Program Development Consultant** - Department of Community & International Health University of Connecticut Health Center. Project title: Developing Training and Recruiting Strategies for Minority International Health Care Professionals. (\$1,000)
- 1994 **Principal Investigator/Research Consultant** - Manchester Connecticut: Designing the Health Needs Assessments among an under-served urban population; conducting in-depth interviews with health care providers and final data analysis (\$15,000).
- 1993 **Principal Investigator/Research Consultant** - New York Task Force on Immigrant Health: Cultural and Social Construction of Tuberculosis in an Asian-American Pregnant Women Population. (\$4,000)
- 1993 **Doctoral Dissertation Fellowship Award** – University of Connecticut. Project: Health beliefs and Health Care behavior Among Elderly Chinese-Americans in Flushing, New York. (\$5,000)
- 1992-93 **Principal Investigator** - Asian American Health Forum INC./National Health Center for Health Statistics: Sources of Bias in Health Status Statistics In Minority Elderly Populations. (\$23,000)
- 1990 **Research Consultant:** Institute of Community Health Research, Hartford, CT (Project on: Developing Community Needs Assessment Instrument). (\$10,000)

ACADEMIC & PROFESSIONAL AWARDS

15. Exceptional Merit Award – 2009-2010, UTC
14. Dept Head Exceptional Merit Award – 2008-2009, UTC
13. “Appreciation for Contribution” 29th Olympics Committee, 2009.
12. “Most Innovative Special Populations Research Award”
2009 International Tai Chi Chuan Symposium at Vanderbilt University
11. “2009 Harold Love Outstanding Community Involvement Award”
State of Tennessee Higher Education Commission
10. Dept Head Exceptional Merit Award – 2007-2008, UTC
9. Exceptional Merit Award – 2004-2005, UTC
8. Exceptional Merit Award – 2002-2003, UTC
7. Exceptional Merit Award – 2001 - 2002, UTC.
6. Fellow Status, Society for Applied Anthropology (2002)
5. UC Foundation Professorship - 2001
4. Exceptional Merit Award – 2000 - 2001, UTC.
3. Exceptionally Meritorious Faculty Award - 2000-2001, UTC.
2. Exceptional Merit Award – 1999 – 2000, UTC.
1. “Honorable Mention Award”

DIRECTED UNIVERSITY HONORS THESES

9. Groppe, Monika (2010)
Female Self-Perception and the Concept of Body Awkwardness: An emic Cross-Cultural Comparison Between College Aged Women in Chattanooga, Tennessee and Accra, Ghana
8. Jones, Danielle (2010)
Determination of Native American Ethnic Identity and Citizenship in Southeast Tennessee
7. Glor, Audrey (2009)
Sustainability in Practice: A Study of the Sustainable Behaviors of students at The University of Tennessee at Chattanooga
6. Gabriel, Paige (2009)
News Apathy Syndrome?: The News Reviewing Behaviors of UTC Students, 2009
5. Matthews, Tania (2007)
Digital Media and the Indigenization of Christianity in China
4. Williams, Rachel (2006)
EMIC Perspectives of Bodily Pain
3. Dinsmore, Rachel (2005)
Einstein's Dream and the Dreamtime: Finding Harmony Between String Theory and Aboriginal Spirituality
2. Mendenhall, Nicolette (2002)
Rape Myths among a Sample of UTC Students
1. Dick, Vanessa (2000)
Cultural Change: The Cultural Context for the Adoption and Legitimization of Traditional Chinese Medicine in America

CONDUCTED WORKSHOPS and PUBLIC EVENTS:

2009 "Seated tai Chi for rehabilitation" Invited by *Michigan Therapeutic Recreation*

- Association*, conducted a training workshop for therapists on applying seated Tai Chi program to therapeutic intervention.
- 2009 “Dancing in the Chair – Seated tai Chi for Rehabilitation” Invited by American Therapeutic Recreation Association, conducted a training workshop for therapists on integrating seated Tai Chi program with the therapeutic intervention. Minneapolis, MN
- 2009 Collaborated with Area Agency on Aging and Disability, conducted a seated Tai Ji instructor’s training workshop for health care providers from area nursing homes, senior centers and assisted living facilities. Chattanooga, TN.
- 2006 “Rising from Stillness: Tai Ji as an art of healing” Invited workshop by Tennessee Psychological Association Annual Conference. Nashville, TN.
- 2006 “Social Behavioral Research Methods” Invited by SuZhou University, China.
- 2005 “Tai Ji as a way of Emotion Cultivation” Invited by Tennessee Psychological Association Annual Conference. Nashville, TN.

PRESENTATIONS

- 2011 “The Cultural Metaphor of Tai Chi Movements” Invited Presentation at Asia Conference, University of Tennessee Chattanooga.
- 2011 “Moving Qi: Your Energy & Your Boundaries.” Invited Presentation at Chattanooga Health Education Organization (CHEO).
- 2010 Guo, Z. “Dancing in the Chair: The Implications of Wheelchair Tai Chi Chuan” American Anthropological Association Annual Conference. New Orleans, LA.
- 2010 Guo, Z. “Dancing in the Chair: The Promotion of Wheelchair Tai Chi Chuan”, Society for Disability Studies Annual Conference. Philadelphia, PA.
- 2010 Fell, N.; Guo.; Secrest, J.; Haban, G. Seated Tai Ji for Women with Non-Functional Ambulation: A Case Series. American Physical Therapy Annual Conference. Boston, MA.
- 2010 Cultivating a Healthy Mental States with Gentle Movement – Tai Chin Chuan as a Bodily Expression of Cultural Ideas. Invited Presentation at Asia Conference, University of Tennessee Chattanooga.
- 2009 “Rising from Stillness- 13 Moves of Wheelchair Tai Chi Chuan” Invited Presentation at International Tai Chi Symposium. Vanderbilt University, TN.
- 2008 “The 2008 Olympics and China’s Encounter with the West”, China’s Encounter with the West A History Institute for Teachers, sponsored by The Wachman Center at the Foreign Policy Research Institute. Chattanooga, TN
- 2008 “The Social and Political Construction of Identity: Chinese Immigrants in the United States”, the 16th World Congress of the International Union of Anthropological and Ethnographical Sciences (IUAES). Kunming, China.
- 2004 “Chinese Medicine: Theory and Practice” Tennessee Osteopathic Association Annual Conference.

- 2003 “Renegotiating the Meaning of Mental Impairment through Family caring Structure” Society for Applied Anthropology Annual Meetings, Portland, OR.
- 2002 “The Mind/Body Connection” National Satellite Seminar series sponsored by Alpha Beta Mu Chapter Phi Theta Kappa. Monitor/discussant.
- 2002 “Qualitative Research Method” Nanjing University, China
- 2001 “Angry Liver and Weak Kidney: Fundamental Principles in Chinese Medicine” Internal Medicine Grand Rounds. University of Tennessee Medical Center.
- 2001 “Chinese Culture and Society” Asian Education Workshop. Asian Education Program, UTC/Columbia University.
- 2000 “Creating a Pluralistic Society” Keynote Speaker at Southeastern High School Model United Nations 2000 Conference. Chattanooga, TN.
- 1999 “Power of Labels: The interpretation of Mental Illness in an elderly Chinese Population” Annual Meetings of The Society for Applied Anthropology. Tucson, Az.
- 1998 “Chinese-American Elderly Responses to Dementia Illness” Asian Circle Seminar Series, Harvard University.
- 1997 “Self - Care in Old Age.” Harvard Pilgrim Health Plan. Boston, MA.
- 1996 “Ethnographic Research Methods” Center on Qualitative Research, Harvard Medical School.
- 1996 “Aging and Mental Health” Aging Well Together Conference. Boston, MA
- 1995 “The Ideational Dimension - Cultural Knowledge of Mental Health Problems and Treatment” Annual Meeting of the Society for Applied Anthropology; Albuquerque, N.M.
- 1994 “Sources of Bias in Health Status Statistics among Chinese American Elderly in Flushing, New York.” Annual Meeting of the Society for Applied Anthropology. Oacaxa, Mexico.
- 1993 “Family, Health and Health care-the Impact of Changing Intergenerational Relations on Chinese American Elderly” American Anthropological Association Annual Meeting. Washington DC.
- 1993 “Methodological Issues in Collecting Health Data on Asian Americans” National Center for Health Statistics Grantee workshop. Washington D.C.
- 1993 “Health Care Beliefs and Health Care Behavior in Chinese Culture.” Conference on Minority Health, Society for Public Health Education & Center for Health Education, NY.
- 1993 “Health Care Seeking Among Chinese Elderly in an Urban Eastern U.S. Setting.” Annual Meeting of the Society for Applied Anthropology, San Antonio, TX.

FEATURED in JOURNALS & MAGAZINES

- 13. “Wheelchair Tai Chi” *American Fitness*, 27(6): 48, 2009.

12. "Wheelchair Tai Chi" *Rehab & Community Care Medicine* 18(2):18-19, 2009
11. "Professor Promotes Seated Tai Chi for Wheelchair Users", *Journal of Gerontological Nursing*, 35(8): 9, 2009.
10. "Wheelchair Tai Chi", *Consumer Report on Health*; 21(9): 3. 2009.
9. "Wheelchair Tai Chi", *Natural Solutions*, Oct. 2009, Pp. 22.
8. "News & Know How", *Club Business of International*, Sept. 2009, Pp. 15.
7. "Faculty Research", *Chattanooga Today* (A publication for Alumni of The University of Tennessee at Chattanooga". Summer 2009, Pp. 12.
6. "New Hope with Tai Chi" *Tennessee Alumnus*, Spring 2009; Pp.20-21.
5. "Wheelchair Taiji Featured at Beijing Paralympics", *The International Magazine of Tai Chi Chuan*, 33(1): 6-11, 2009.
4. "Zibin Guo Develops Wheelchair Tai Chi – a mind and body healing method" *Disability in China*, 3: 26-27, 2008.
3. "Nueva Actividad En Los Jusegos Paralimpicos Tai Chi En Silla De Ruedas" *Gratuita elportavoz* 2(4): 19-20, 2008.
2. "The Promoter of Wheelchair Tai Ji" *Beijing Olympic Times*, 3: 70-71, 2008.
1. "Forging New Balance", *The International Magazine of Tai Chi Chuan*, 22 (4): 6-12, 1998.

FEATURED on ONLINE PROFESSIONAL JOURNALS & WEBSITS

13. NPR News, 2009
"Taking Wheelchair Tai Chi To China", *NPR Health blog*, May 2009.
http://www.npr.org/blogs/health/2009/05/taking_wheelchair_tai_chi_to_c.html
12. USA Today, 2009
"Chattanooga: Wheelchair tai chi classes to be offered at nursing homes"
<http://www.usatoday.com/topics/article/Places,+Geography/States,+Territories,+Provinces,+Islands/Tennessee/0dhfa9qcGi4Qz/1>
11. Powerful Patient, 2009
"Tai Chi for all - even in a wheelchair", *Powerful Patient*, 2009 Week 35
http://powerfulpatient.org/archive/2009/week0935_taichi.php
10. Medical News Today, 2009
"Wheelchair Tai Chi - One Of The Simplest Ways For People Who Use Wheelchairs To Improve Their Physical And Mental Health".
<http://www.medicalnewstoday.com/articles/152104.php>
9. Modern Healthcare.com, 2009
"Outliers: Expanding exercise"
<http://www.modernhealthcare.com/article/20090608/SUB/306089988>
8. Therapy Times, 2009
"Wheelchair Tai Chi Improves Physical and Mental Health."
www.therapytimes.com/content=0302J84C487E948040A040441

7. American Physical Therapy Association, 2009
“Wheelchair Tai Chi Program Can Improve Functional Status, Say UTC Researchers”.
www.apta.org/AM/PrinterTemplate.cfm?Section=General_Information&TEMPLATE=/CM/ContentDisplay.cfm&CONTENTID=60359
6. Acupuncture Today, 2009
“Tai Chi Helps Patients in Wheelchairs”
www.acupuncturetoday.com/mpacms/at/article.php?id=31988
5. Xinhua News, 2008
“北京残奥会文艺演出走进社区”
http://news.xinhuanet.com/olympics/2008-09/05/content_9803232.htm
4. China Central Television.com, 2008
“北京 2008 残奥会文化广场活动拉开序幕 “
<http://news.cctv.com/china/20080906/100719.shtml>
3. China Sports, 2008
“残奥精神感动社区 体育让残疾人更加健康自信”
www.sports.cn/2008-09-12
2. Sina.com, 2008
“北京残奥会文艺演出走进社区，轮椅太极也翩翩起舞”
<http://sports.sina.com.cn/o/2008-09-05/20043923910.shtml>
1. China Federation for People with Disability, 2007
“全国轮椅太极拳教练员培训班在京举办”
www.cpc2008.org.cn/2007-02/05/content_7714.htm