

# Chancellor's Challenge

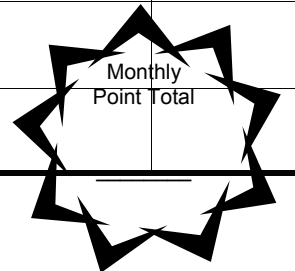
## Personal Activity Log



Name: \_\_\_\_\_  
 Team \_\_\_\_\_  
 Captain: \_\_\_\_\_  
 Personal Point Goal: \_\_\_\_\_

**November 2006**

	Sun	Mon	Tue	Wed	Thu	Fri	Sat	Weekly Point Totals
M				1	2	3	Chancellor's Dance -	4
P							Celebration of Movement	
M	5	Historical Hike 6	7	Physical 8	9	Last Day to 10	11	
P				Activity for the Mind		Earn Points! Congratulations!		
M	12	📞 Did You Call 13	14	15	Grand Finale 16 UTC Chancellor's	17	18	
P		Team Captain?			Challenge- See You There.			
M	19	20	21	22	Thanksgiving 23	Holiday 24	25	
P								
M	26	27	28	29	30			
P								
							Monthly Point Total	



**Record your points each day.**

10 minutes of sustained moderate to vigorous intensity physical activity equals 1 point.

M= Minutes of moderate to vigorous physical activity completed

P= Points earned

📞 = Submit your points to your team captain