

Camp GEAR UP Daily Schedule

6:15 – 7:15 The “GEAR UP” Commando Challenge

Campers who want to find out if they have the strength, speed & stamina to make it as an army commando should report to PT (Physical Training) each morning. The “GEAR UP” Commando Challenge will get your day off to a roaring start with exercise, strength training, agility work and other training challenges. This activity is voluntary—only campers who want to get in shape and test themselves as commandos need participate. But students who complete the P.T. Challenge will be awarded the special, highly coveted GEAR UP CERTIFICATE OF COMMANDO DISTINCTION.

7:15 – 8:00 Wake up—cabin clean up, group set/re-set meeting and Inspection

Campers will be divided into groups of about six and assigned a counselor. Each counselor and his or her campers will form a “cabin”—the basic unit of organization at Camp GEAR UP. Each cabin will stay in the same area in the dorms, cabins will be scheduled for a certain period of shower time each evening, and cabin groups will participate in a lot of activities and competitions together.

Cabins will also be responsible for cleaning up their area of the dorms, and mornings begin with an inspection of each cabin area. Inspection scores will be assigned and announced every day, and a boys and girls winner will be declared. A huge, deeply valued, much desired prize will be awarded to inspection winners.

Once you have cleaned cabin area, move to your Team responsibility. Coordinate with your brother/sister cabin.

8:00 – 8:10 Set/Reset Meeting –cabin meeting to discuss goals/expectations for the day, schedules, conflicts that need defusing, achievements you want to set your sights on, anything that will help your group succeed. This is how you ensure your group is well-managed – it won’t happen on its own. (**DO NOT REVEAL WHAT IT HAPPENING THAT NIGHT!!**)

8:10 Breakfast – bring books, folders & water bottles

Morning Activities – Campers will spend each morning in special skill-building classes in math, reading and Marching To The National Guard Beat. Each group will rotate through all three classes in the course of the morning.

9:00 – 9:50 Class 1

10:00 – 10:50 Class 2

11:00 – 11:50 Class 3

Counselors meet in the mess hall at 11:15 for staff meeting

11:50 – 12:30 Free Time – Games, fishing, art studio, chess/checkers/ scrabble/other board games, Tiger Creek. Free Time is free in that campers can choose one of the listed activities; they are not free to wander around, go back to the dorm, or do anything other than participate in one of these activities.

12:30 – 1:15 Lunch

1:15 – 2:15 Rest Hour – read, write or sleep!!!

2:15 – 5:10 Afternoon Specialty Period (Groups going to climbing wall end rest hour at 2:05)

Campers will be divided into four afternoon activity groups, and each afternoon they’ll participate in one of the following activities:

Climbing Wall

Video Production

GEAR UP College Knowledge (switch with field science at 3:40)

Field Science (switch with college knowledge at 3:40)

5:15 – 6:15 Free Time

6:15 – 6:35 Cabin Time (a.k.a. time to freshen up for dinner)

6:35-7:10 - Dinner

7:15 – 9:30 Evening Activities -- WAIT & SEE!!!!!!!!!!!!!!

We can’t reveal exactly what we’ll be doing—that’s a state secret. Each night campers will be surprised by yet another whiz-bang evening of unforgettable fun at Camp GEAR UP.

9:30 – 10:15 Cabin Time – Follow posted shower rotation.

10:15 Lights Out & All Quiet On The GEAR UP Front